

Unit 1: Food for Life

Time Expressions

A Read the text.

Time expressions tell us when something happens. For example, *right now* tells us that something is happening now; *every day* tells us that something happens daily; and *last night* tells us that something happened late yesterday. Time expressions usually come at the beginning of a sentence or at the end of a sentence. Some time expressions are adverbs (*usually, always, never, etc.*) and come before the main verb.

B Read the sentences and underline the time expressions.

1. Yesterday, Robert made his family's favorite rice dish.
2. Every Saturday, Sofia cooks breakfast for her parents.
3. Sam and Eddie went to an Argentinian restaurant last month.
4. At the moment, they're shopping for shoes.
5. Walter is working in his garden right now.
6. Sometimes, my brother eats popcorn for dinner.
7. My family tried a paleo diet last year.
8. We usually eat lunch in the cafeteria.

C Read the sentences from **B** again. Then write each time expression in the correct column.

Now Time expressions to use with the present continuous	Habits / General Truths Time expressions to use with the simple present	Completed Time expressions to use with the simple past

D Complete the sentences so they are true for you. Then check your sentences. Did you use the correct verb form with each time expression?

1. Yesterday, _____.
2. Right now, _____.
3. I usually _____.
4. _____ last week.
5. _____ every morning.
6. Sometimes, _____.
7. _____ at the moment.
8. I never _____.