## Glossary

Page 17		2.10	option (n) /'ɒpʃn/ choice ● <i>I don't know what food to prepare for</i>
2.1	delicious (adj) /drˈlɪʃəs/ having a very nice taste • These biscuits are delicious! May I have another one?		the party, but I think salads and sandwiches are the best options. ➤ opt (v), optional (adj)
2.2	traditional (adj) /trəˈdɪʃənl/     done in the same way for many years ● It's traditional to give flowers to visitors in Hawaii.		quality (n) /ˈkwɒləti/ how good or bad sth is ● The quality of the vegetables at the market is much better than the ones at the supermarket. ❖
2.3	tradition (n), traditionally (adv)  disgusting (adj) /dɪs'gʌstɪŋ/ horrible; that smells, tastes or looks bad  I think blue cheese smells disgusting! I can't eat it. ➤ disgust (n, v), disgusted (adj)  Think plue cheese smells disgusting!  Pages 18–19	2.12	article (n) /'ɑːtɪkl/ a piece of writing about something in a newspaper, on a website, etc. ● Have you read this article about healthy eating? It's really interesting. ❖
Rea		2.13	blog (n) /blog/ a series of articles on a website that sb writes about events, opinions, etc. ● Have you read our new travel blog following the adventures of Heracles? ➤ blog (v), blogger (n)  ❖
2.4	takeaway (n) /'teɪkəweɪ/ a ready-cooked meal that you can collect at a restaurant to eat somewhere else ➤ We were too tired to cook, so we ordered a takeaway from the fish and chip shop. ❖	2.14	recommendation (n) /,rekəmen'deɪʃn/ a suggestion to sb that they should choose, see, buy, etc., a thing that you think is good • The critics' recommendations helped to make the film successful at the box office.
2.5	decor (n) /'deɪkɔː(r)/ the style that a place is decorated ● Your living room looks more modern since you've changed the decor. ➤ decorate (v), decoration, decorator (n) ❖		>> recommend (v) ❖
		2.15	dessert (n) /dr'z3:t/ sweet food served as the last course of a meal  This strawberry cheesecake is a delicious dessert.
2.6	portion (n) /'pɔːʃn/ an amount of food served for one person to eat  ■ The food was delicious, but the portions were small, so I was still hungry. ❖	2.16	home-made (adj) /ˌhəʊm ˈmeɪd/ made at home, not bought from a shop ● <i>The</i> smell of fresh home-made bread filled the air. ❖
2.7	feel (n) /'fi:l/ general atmosphere; the way a place or situation makes you feel ● She painted her room in natural colours to give it a relaxed feel. > feel (v), feeling (n) ❖	2.17	taste (v) /teɪst/ to have a particular flavour ● This yoghurt tastes delicious with a little honey. ➤ tasty, tasteless (adj), taste (n) ❖
2.8	vegetarian (adj) /vedʒrˈteəriən/ not eating or including meat or fish ● This is the first vegetarian meal I've had and it is delicious! ➤ vegetarian, vegetarianism (n)	2.18	treat (n) /triːt/ sth special you give sb or do for them because they will enjoy it • It's your birthday, so I got you a treat – strawberry cheesecake. ➤ treat (v) ❖
2.9	vegan (adj) /'viːgən/ not eating meat, fish, dairy products or using materials made from parts of animals ● It's hard to find vegan products in my town.	2.19	inexpensive (adj) /,ɪnɪk'spensɪv/ cheap ● A simple meal of pasta with cheese is inexpensive to buy and quick to make.  ❖ ◎ Opp: expensive

>> vegan, veganism (n) ❖ \_\_\_\_\_

2.20	craft (n) /krɑːft/ an activity that needs artistic and practical skills, e.g. making clothes or jewellery • Tony's creative and loves doing arts and crafts.		<ul> <li>ingredient (n) /ɪnˈgriːdɪənt/</li> <li>one of the things put with others to make sth</li> <li>The main ingredient of this sauce is cheese.</li> <li>❖</li> </ul>	
2.21	who owns sth • Mr Marquez, who's from Spain, is the owner of this Spanish restaurant.  > own (v)   •	2.34	regular (adj) /'regjələ(r)/ that is often done as a habit; that happens often or usually ● Nick is a regular visitor to the library. He reads a lot of books every week.  > regularly (adv) ❖	
2.22	head chef (n) /,hed ∫ef/ the most important cook in a restaurant • Sanjay is the head chef in a hotel restaurant in London. ❖	2.35	stew (n) /stjuː/ a meal of meat and/or vegetables cooked slowly like a thick soup ● In winter, the Irish make traditional hot stew with meat and	
2.23	menu (n) /'menju:/ a list of the food you can order at a restaurant • The restaurant has an interesting menu. What would you like to order? •	2.36	wegetables. ❖ meatball (n) /ˈmiːtbɔːl/ a kind of food made with small pieces of meat and other ingredients made into a ball and cooked ● His favourite dish is spaghetti with	
2.24	award (n) /əˈwɔːd/ a prize given to sb who has done sth special • Fabio's has won an award for being the country's best restaurant of the year. ➤ award (v) ❖	2.37	meatballs and tomato sauce.   beef (n) /bixf/ meat from a cow   Angela is cooking beef and potatoes in the oven for Sunday lunch.	
2.25	ground floor (n) /graund flox/ the floor at the same level as the ground ● We were given the keys to our hotel room, which was on the ground floor. ❖	2.38	queue (n) /kjuː/ a line of people who are waiting for something  • We had to wait in a long queue to get into the cinema. ➤ queue (v) ❖	
2.26	designer (adj) /dr'zaɪnə(r)/ selling famous brand names of clothes and accessories ● The high street is full of designer shops that sell expensive clothes, shoes and bags. ➤ design (n, v) ❖	2.39	stylish (adj) /'starlɪʃ/ fashionable and attractive • The hotel had beautiful rooms and a stylish restaurant by the pool. ➤ style (n) ❖	
2.27	district (n) /ˈdɪstrɪkt/ an area of a country or city ● They live in an expensive district in the north of the city.	2.40	seafood (n) /'srfu:d/ fish and shellfish ● This restaurant serves seafood like lobster, crab and prawns.  ❖	
2.28	definitely (adv) /'defɪnətli/ without a doubt, certainly ● We will definitely eat out on your birthday. ➤ definite (adj)	2.41	diner (n) /'daɪnə(r)/ a small cheap restaurant, especially in the USA ● We had a snack at a diner on the road to Los Angeles. ➤ dine (v) ❖	
2.29	occasion (n) /əˈkeɪʒn/ a special event ● Their wedding was a very important occasion in their lives.	2.42	fries (n pl) /fraɪz/ long thin pieces of potato cooked in oil ● This fish dish comes with fries or rice. Whatever you prefer. ❖   Syn: French fries (US Eng), chips (Br Eng)	
2.30	award-winning (adj) /əˈwɔːd ˌwɪnɪŋ/ that has won an award • The award-winning author, David Williams, signed copies of his latest book for customers in the bookshop.	2.43	milkshake (n) /ˈmɪlkʃeɪk/ a drink made with milk mixed with different flavours, e.g. fruit • I had a cool banana milkshake at the café. ❖	
2.31	<b>* absolutely</b> (adv) /'æbsəluːtli/  completely • Thank you for your present.  It's absolutely lovely. ➤ absolute (adj)	2.44	retro (adj) /'retrəʊ/ in a style from the recent past ● The band played retro music from the 1960s. ❖	
2.32	high-quality (adj) /haɪ ˈkwɒləti/ very good and well-made • The shop	2.45	drive (n) /draɪv/ a journey by car ● We went for a drive to the lake. ➤ drive (v), driver (n) ❖	
	sells high-quality shoes which are not too expensive. �	2.46	liquid (n) /'lɪkwɪd/ sth that can be poured like water ● Milk and water are both liquids. ❖	

2.47	recommend (v) /,rek.ə'mend/ to suggest ● I recommend the seafood because it is very fresh. ➤ recommendation (n) ❖		spicy (adj) /'spaɪsi/ having a strong taste and flavour because spices have been used, having a hot taste  • I love spicy food like Mexican chilli. ➤ spice
2.48	light (adj) /lart/ in a small amount that's easy to eat ● They ordered a light meal of fresh salad and cheese. ❖ snack (n) /snæk/		(n) ❖ salty (adj) /'sɔːlti/ that has a strong taste of salt ● These crisps are really salty. They're not very good for your health. ➤ salt (n, v) ❖
	a small meal • We just had a snack of fruit and biscuits this afternoon, but we'll have a big dinner tonight. ➤ snack (v) ❖	2.61	bake (v) /beɪk/ to cook sth in an oven ● Christina bakes her own bread for all the family. ➤ baking (adj, n), baked (adj), baker, bakery (n) ❖
2.50	therefore (adv) /ˈðeəfɔː(r)/ as a result (of sth just mentioned) ● There were no seats in the restaurant. Therefore, we decided to get a takeaway. ❖	2.62	barbecue (v) /'baːbɪkjuː/ to cook food over a fire outdoors • Let's barbecue some chicken in the garden and
2.51	choice (n) /tʃɔɪs/ sth that you can select from different things • Everything on the menu sounded delicious, so it was difficult to make a choice about what to order. ➤ choose (v) ❖	2.63	invite our friends for lunch. ➤ barbecue (n)  Also: barbeque  boil (v) /bɔɪl/  to heat sth until it is very hot and it starts to change into steam; to cook sth in liquid • Can you boil some eggs for breakfast, please?
2.52	suitable (adj) /'su:təbl/ right or appropriate ● You can't go running in those shoes. They aren't suitable. ➤ suit (v), suitably (adv), suitability (n) ❖  © Opp: unsuitable	2.64	> boiling, boiled (adj) ❖  fry (v) /fraɪ/ to cook in hot oil ● Let's fry some sausages and eggs for breakfast. > fried (adj)
2.53	active (adj) /'æktɪv/ always moving about, doing different things  • Lydia likes to keep active and she goes for a long run every day. ➤ activity, action (n), actively (adv), act (n, v) ❖	2.65	<pre>     grill (v) /grɪl/ to cook food under a very hot surface in a cooker ● It's healthier to grill meat than to fry it &gt; grill (n), grilled (adj) ❖</pre>
2.54	<ul> <li>Opp: inactive</li> <li>celebrate (v) /'selrbreɪt/</li> <li>to do something enjoyable for a special reason</li> <li>We had a party to celebrate the end of our school year. ➤ celebration (n) ❖</li> </ul>	2.66	roast (v) /rəʊst/ to cook food, e.g. meat, without liquid in an oven • Ted is roasting a chicken with potatoes in the oven for dinner. ➤ roast (n, adj)  ❖
2.55	rock and roll (n) /ˌrɒk ən 'rəʊl/ a kind of music that became popular in the 1950s ● Elvis Presley was my grandma's favourite rock and roll singer. ❖	2.67	lamb (n) /læm/ a young sheep; the meat from a young sheep  • The chef is cooking a traditional meal of roast lamb. ❖
Vocabulary Page 20			<ul> <li>chop (n) /t∫op/</li> <li>a piece of meat served with the bone on it</li> <li>We could smell the lamb chops cooking on the barbecue. ➤ chopped (adj), chop (v)</li> </ul>
2.56	taste (n) /teɪst/ flavour ● <i>I can't stand the taste of grapefruit.</i> It's too bitter for me. ➤ tasty (adj), tasteless (adj), taste (v) ❖	2.69	<pre>\$ steak (n) /steɪk/ a thick, flat piece of meat ● Would you like steak or fish for dinner? ❖</pre>
2.57	bitter (adj) /'bɪtə/ having a sharp strong taste ● <i>I can't drink</i> this coffee. It's very bitter. ➤ bitterly (adv), bitterness (n) ❖	2.70	theory (n) /'θɪəri/ an idea that explains why sth happens ● At first, Dennis didn't believe the theory that people can live without meat, but now he's
2.58	sour (adj) /ˈsaʊə(r)/ having a taste that's not sweet, e.g. like a lemon ● <i>These green apples are a bit sour, but</i>	2.71	completely vegan and feels great.  ❖  soldier (n) /'səʊldʒə(r)/
	they're good for making pies. > sourly (adv), sourness (n) ❖	·· •	a member of an army • The soldiers all wore their uniforms and carried their weapons.

2.72	seat on a horse • The saddle he was sitting on fell off the horse, and so did he! ➤ saddle (v) ❖		2.80	homeless (adj) /'həʊmləs/ without a home ● Stelios is raising money to help feed homeless people and give them a place to stay. ➤ homeless (n pl), homelessness (n) ❖	
2.73	2.73 immigrant (n) /'ɪmɪgrənt/ sb who comes to live in a country from another country ● Many immigrants open restaurants which serve food from their home country.  ➤ immigrate (v), immigration (n) ❖		2.81	topping (n) /'topɪŋ/ a small amount of food that you put on top of a cake or dish for decoration or to give extra flavour • Sam's birthday cake had a colourfu	
2.74	<ul> <li>sailor (n) /'seɪlə(r)/</li> <li>sb who works on a ship; sb who sails a boat</li> <li>The sailors brought their ship safely into the port. &gt; sail (n, v), sailing (n) </li> </ul>		2.82	topping of strawberries and cream.  cookery (n) /'kʊkəri/ the art of cooking • Mina's had some cookery	
			2.02		
2.75	probable • Sadly, many animals are likely to die because humans are destroying the environment. ➤ likelihood (n) ❖		Lic	lessons, so I think this meal will be good.  > cook (v, n), cooker (n) ❖	
2.76	Opp: unlike reach (v) /rixt		Listening Page 22		
Vl-	to get to a place/person ● When you reach the bank, turn left into Park Street. ❖		2.83	slice (n) /slaɪs/ a thin flat piece of sth, cut from a bigger piece • Cut the cheese into slices to put in the sandwiches. ➤ slice (v), sliced (adj)	
bake	s about coo			*	
barbe boil		grill pour roast	2.84	take part (in) (phr) /teɪk pɑːt (ɪn)/ be involved in ● Dave took part in a cookery competition and he won! ❖	
fry	e washing up	taste	2.85	collection (n) /kəˈlekʃn/ a group of objects, usually of the same kind, that have been collected ● Grandpa has a wonderful collection of old photos. ➤ collect (v) ❖	
Gra	ammar	Page 21	2.86	sustainability (n) /səˌsteɪnəˈbɪləti/	
2.77	supper (n) /'sʌpə(r)/ an evening meal ● I had a big lunch today, so I'm having some milk and biscuits as a light supper. ❖			the use of natural energy sources and products in an environmentally-friendly way  • The town council is encouraging sustainability in the use of energy in public buildings. ➤ sustain (v), sustainable (adj)	
2.78	do sth faster, better, higher, etc., than anyone has ever done it before ● Did you think Fabio Quartararo could break a record on his motorbike? ❖			*	
			2.87	reduce (v) /rɪ'djuːs/ to make less or smaller • I'm trying to reduce the amount of time I spend on my computer to rest my eyes. ➤ reduction (n) ❖	
2.79	2.79 record-breaking (adj) /'rekɔːd breɪkɪŋ/ that has reached a better result than anyone has ever done before • She gave a record-breaking performance in the women's		2.88	waste (n) /weist/ rubbish ● A lot of waste can be recycled, such as paper. ❖	
high jump at the world champions.  > record-breaker (n) ❖		he world championships.	2.89	environmentally-friendly (adj) /ɪnvaɪrənˌmentəli 'frendli/ not harmful for the environment • Taking your own bag for shopping is more environmentally.	
Some verbs and nouns have the same spelling, but			friendly than using plastic bags.		
have different intonation and pronunciation.  record (n) record (v)		2.90	local (adj) /ˈləʊkl/ relating to the area where you live ● When we went to Spain on holiday, we tried the local food. It was fantastic! ➤ locally (adv), local (n) ❖		

2.91 masterclass (n) / masstəklass/ 2.102 knife (n) /naɪf/ a lesson given by a famous expert on sth a tool with a handle and a sharp edge for • The famous chef gives masterclasses in cutting things • He used a sharp knife to cut cookery for beginners. <- \_ the bread into slices. . Plural: knives /naıvz/ 2.103 raspberry (n) /'razzbəri/ Speaking a small soft red fruit • We pick fresh raspberries from the garden in autumn. 2.92 smoothie (n) /'smuzði/ a thick drink made from fruit and/or vegetables 2.104 jam (n) /dzæm/ mixed together into liquid • Alkis drank an a sweet food made from fruits, e.g. apple and carrot smoothie for breakfast. strawberries, boiled with sugar • I had some toast with raspberry jam. 💠 \_ 2.105 do the washing up (phr) /du ðə 'wɒʃɪŋ ʌp/ Vocabulary Page 24 to wash plates, cups, etc. after using them • The kitchen is full of dirty dishes, so who wants to do the washing up? . 2.93 tableware (n) /'teiblweə(r)/ 2.106 bunch (n) /bʌntʃ/ the things used for meals, e.g. plates, knives a group of things of the same type that grow and forks • We brought out our best tableware or are put together • She bought a bunch of for the dinner party. . flowers at the market. . 2.94 packaging (n) /'pækɪdʒɪŋ/ 2.107 flavour (n) /ˈfleɪvə(r)/ the materials used to cover things that are a type of taste; how sth tastes • A slice of for sale • The company sells its products in lemon gives tea an interesting flavour. packaging made from recycled materials. 2.95 quantity (n) /'kwpntɪti/ amount • Tom only ate a small quantity of food Grammar Page 25 as he wasn't very hungry. < 2.96 saucer (n) /'sɔːsə(r)/ 2.108 olive (n) /'plɪv/ a small plate that a cup stands on • Janet put a small black or green fruit • I like black olives the cups and saucers on the table to serve the in a Greek salad. 💠 \_ tea. 💠 🗆 2.109 cabbage (n) /'kæbɪdʒ/ 2.97 mug (n) /m/q/ a vegetable with thick green, white or purple a large cup • When I came in from the rain, leaves that is often cooked or served in salads I drank a mug of hot chocolate. < • Chris made a salad with chopped cabbage 2.98 vcq\ (v) ruoq and carrots. . to put (liquid) in a cup, glass, etc. • Shall I pour 2.110 microwave (oven) (n) / maikraweiv ('\lambda\nn)/ the water into the teapot? ... a device that cooks food quickly using 2.99 **iar** (n) /dʒax(r)/ electromagnetic waves • I put my supper a food container, often made of glass, with a in the microwave oven to heat it and in two lid on top • There's a jar of honey on the shelf. minutes it was ready. . 2.111 familiar (adj) /fəˈmɪliə(r)/ 2.100 type (n) /taɪp/ known, recognisable • The village has stayed a group of people or things that share certain the same for years so all the buildings still qualities or features; a sort • What type of look familiar to me. > familiarity (n) films do you like best? > typical (adj), typically (adv) 💠 \_ 2.101 fork (n) /πιρούνι/ Food and drinks a small tool with a handle and about four sharp lamb raspberry beef ends for picking up food to eat • He picked up cabbage meatball seafood a piece of chicken with his fork. . chop milkshake smoothie fries olive steak

jam

stew

processed food

## Writing Pages 26-27 2.126 **sparkling** (adj) /'sparklin/ fizzy; containing bubbles • She ordered a bottle of sparkling water with lemon flavour. 2.112 tiny (adj) /taɪni/ very small • That tiny meal wasn't enough for 2.127 service (n) /'saxvis/ me. I'm still hungry. 💠 \_ the process of serving customers in a café, 2.113 shape (n) /[eɪp/ restaurant or shop, etc. • The food at the the form sth has, for example square, round restaurant was good, though the service was a • 'What shape is the kitchen table?' 'It's round.' bit slow. > serve (v), servant (n) > shape (v) . 2.114 origin (n) /ˈprɪdxɪn/ charming (adj) /ˈtʃɑːmɪŋ/ 2.128 where sth begins or is from • Curry dishes attractive; pleasant mannered • The charming have their origin in Asia. ➤ originate (v) traditional restaurant served tasty home-made dishes. > charm (v, n) ❖ 2.115 material (n) /məˈtɪəriəl/ 2.129 messy (adj) / mesi/ what sth is made of • The best material to untidy or not clean • The kitchen was really wear in hot weather is cotton. . messy until I did the washing up. > mess (n) 2.116 cotton (n) /'kptn/ cloth made from the white hair of the cotton 2.130 rude (adj) /ru:d/ plant • When it's very hot, you should wear speaking or behaving without respect; with bad clothes made of cotton. . manners • It was wrong of you to be so rude 2.117 fresh (adj) /fref/ to the waiter when you ordered the wrong recently produced or picked • I love eating dish. > rudely (adv), rudeness (n) fresh peas, but I don't like them from tins. > freshly (adv), freshen (v), freshness (n) At a restaurant 2.118 tasty (adj) /'tersti/ decor menu snack having a pleasant flavour • Diana is a great dessert owner takeaway cook. All her meals are very tasty. > taste (n. diner portion vegan v), tasteless (adj) 💠 \_ vegetarian flavour quality 2.119 raw (adj) /rɔː/ head chef queue not cooked • Sushi is made with cooked rice ingredient service and raw fish. . 2.120 burnt (adj) /b3xnt/ Video Page 28 cooked for too long or at a temperature that is too high • I forgot to switch off the cooker and there was a smell of burnt food coming from 2.131 food truck (n) /fuxd trnk/ the kitchen. > burn (n, v) $\diamondsuit$ a large van in which food is cooked and 2.121 sold, which can move to serve customers at mild (adj) /maɪld/ not strong • This yoghurt sauce gives different places • We bought burgers at the the curry a mild taste so it's not too spicy. food truck next to the beach. . 2.132 nation (n) /'neɪ[n/ colourful (adj) / knləfl/ all the people of one country; a country 2.122 having bright colours; having a lot of colours The UK seems to be a nation of tea-drinkers. • People usually wear colourful costumes ➤ national (adj), nationally (adv) in the carnival parade. > colourfully (adv), colourless (adj), colour (n, v) ❖ \_\_\_\_ 2.133 earnings (n pl) /'sɪnɪŋz/ the money that you make for doing your job 2.123 dull (adj) /dʌl/ not interesting or exciting • The old café's • Mike's earnings have dropped and he's decor is dull and boring. . having trouble paying his bills. >> earn (v) \* 2.124 processed food (n) /'prausest fuxd/ prepared food, often in tins or packets • It isn't 2.134 industry (n) /'ɪndəstri/ good to eat a lot of processed food because it the companies and people involved in has fewer vitamins than fresh food. producing a particular type of thing or providing a particular service • Many Greeks work in the tourist industry in hotels and restaurants. 2.125 still (adj) /stɪl/ > industrial (adj) ❖ \_\_\_ not fizzy; without bubbles • I prefer still water from the tap. .

2.135 average (adj) /'ævrɪʤ/ 2.142 specialty (n) /'spefəlti/ a number calculated by adding several a kind of food or other service that a restaurant quantities together and dividing it by the or company is famous for • The restaurant number of these • His average monthly pay is serves local specialties, like seafood dishes. 600 euros. > average (n) ❖ \_ \_ Syn: speciality (Br Eng) 2.136 tweet (n) /twixt/ 2.143 in order to (do sth) (phr) /In 'zidə tə (duː a message sent on the social media app  $^{1}$ s/m $\theta$ In)/ Twitter • The iournalist sent tweets to report with the aim of (doing sth) • I'm taking a straight from the scene of the crime. ➤ tweet cookery course in order to become a chef. (V) **\*** catering (adj) /ˈkeɪtərɪŋ/ 2.144 2.137 succeed (v) /sək'sixd/ in the business of preparing food and drinks for to manage to do sth you have been trying to do; have the result that was intended • He different events • Lisa and Paul enjoy cooking, so they've started a catering company. wants to win the competition and I think he > cater (v), caterer (n), catering (n) will succeed. > success (n), successful (adj), successfully (adv) . send out (phr v) /send aut/ 2.138 range (n) /reind3/ 2.145 selection of things of the same type • There's to post • They sent out letters of thanks to a range of cakes and biscuits in Mike's bakery. everyone who gave them wedding presents. reasonably priced (adj) /'rizzənəbli praist/ 2.139 **Adjectives** not expensive • This sofa is reasonably priced at 300 euros. 💠 \_ active fresh sour average home-made sparkling 2.140 social media (n) /'səʊʃl 'miːdɪə/ award-winning inexpensive spicy websites and apps where people connect with bitter light still each other to share news and opinions • The burnt stylish company advertises through social media raw suitable sites, like Facebook and Instagram. charming messy colourful reasonably tasty \* delicious priced tiny 2.141 compare (v) /kəm'peə(r)/ record-breaking disgusting traditional to look at or mention the differences between dull rude people or things • The town is much busier familiar salty compared to 20 years ago. ➤ comparison (n)