Reflect Listening & Speaking 3 Unit 1 Vocabulary List

Word	POS	DEFINITION	VIDEO/ LISTENING	CEFR
actual	adj.	real	L	B2
appear	٧.	to be present for the first time	L	B1
atmosphere	n.	the general mood or feeling of a place and the area around it	V	B1
average	adj.	typical; not one extreme or the other	V	B1
discover	٧.	to find or learn something for the first time	V	B1
donation	n.	money or other gift to help a person or place	L	B2
event	n.	an organized happening, such as a concert	L	B1
generous	adj.	more than the usual amount	L	B1
impossible	adj.	not able to happen; not possible	L	B1
issue*	n.	a problem	L	B1
obligation	n.	something you are required to do	V	B2
opportunity	n.	a good situation or chance for success	V	B1
participate*	٧.	to take part in (an activity)	L	B2
population	n.	the total number of people who live in an area	V	B1
positive	adj.	good and helpful	L	B2
stable*	adj.	unchanging; likely to remain as it is; in good condition	V	C1
support	n.	help and kindness	L	B1
trust	٧.	to be confident in; to believe something is true	V	B1
unique*	adj.	special; one-of-a-kind	V	B2
whenever	conj.	any or every time	V	B1

Reflect Listening & Speaking 3 Unit 2 Vocabulary List

Word	POS	DEFINITION	VIDEO/ LISTENING	CEFR
according to	prep.	as stated by	L	B1
appearance	n.	the way that someone or something looks or seems	V	B1
attention	n.	listening to or focusing on something	L	B1
author*	n.	a person who writes books, stories, or articles	L	B1
background	n.	the experiences, knowledge, or education in a person's past	L	B1
contain	V.	to include	V	B1
distinct*	adj.	not the same; different from others	V	C1
diversity*	n.	including many different types of people or things	V	C1
document*	V.	to record information about something by writing about it	V	B1
elder	adj.	older	V	B1
expand*	V.	to become larger; to make something larger	V	B2
field	n.	an area of work, interest, or study	L	B2
immense	adj.	extremely large or great	V	C1
inadequate*	adj.	not good enough, big enough, skilled enough	V	C1
mention	V.	to say something briefly	L	B1
misunderstanding	n.	a situation where a person doesn't understand something correctly	L	B2
patient	adj.	able to deal with a problem or wait for something without becoming angry or upset	L	B1
speech	n.	way of speaking	L	B1
values	n.	your beliefs about what is right and wrong or about what is important in life	V	B1
widespread*	adj.	happening in many places or among many people	L	C1

Reflect Listening & Speaking 3 Unit 3 Vocabulary List

Word	POS	DEFINITION	Video/ Listening	CEFR
article	n.	a piece of writing in a newspaper, a magazine, or online	L	B1
aware*	adj.	knowing that something exists	V	B2
common sense	n. phr.	the ability to make good decisions	V	B1
convince*	٧.	to make someone believe that something is true	L	B1
evaluate*	V.	to say how good, useful, or successful something is	L	C1
fool	V.	to trick someone to believe something that is not true	L	B2
indicate*	V.	to show that something exists or is probably true	V	B2
journalist	n.	a person who writes news stories for newspapers, magazines, television, or radio	V	B1
professional*	n.	someone whose job requires special training, education, or skill	V	C1
publish*	V.	to prepare and produce a piece of writing for a book, newspaper, magazine, or website	V	B1
purpose	n.	the reason for something	L	B1
recognize	V.	to know something because you've seen or heard it before	L	B2
reliable*	adj.	can be trusted; dependable	L	B2
result	n.	something that happens because of something else	L	B1
seem	V.	to look like; to appear	V	B1
source*	n.	a person, book, or place that you get information from	L	B2
spread	V.	to cause something to be known by many people; to pass from person to person	V	B2
symbol*	n.	an object or a picture that is used to show the meaning of a word or idea	V	B2
the media*	n.	television, radio, newspapers, websites, and magazines	L	B2
well-known	adj.	famous; known by many people	V	B2

Reflect Listening & Speaking 3 Unit 4 Vocabulary List

Word	POS	DEFINITION	VIDEO/ LISTENING	CEFR
accessible*	adj.	easy to get to, see, or use	V	B2
appreciate*	V.	to understand and enjoy what is good about a person or thing; to be grateful for	L	B2
definitely*	adv.	without any doubt; certainly	L	B1
direction	n.	the path something is moving toward; a plan for one's life	L	B1
emotional	adj.	relating to feelings such as happiness, sadness, anger, etc.	L	B2
entertain	٧.	to keep people interested in something enjoyable	L	B1
essential	adj.	necessary; extremely important	L	B1
expect	٧.	to think something will happen	V	B1
express	٧.	to say or communicate	V	B2
image*	n.	a picture	L	B2
imagination	n.	the ability to come up with new ideas and pictures in your mind	L	B1
influence	٧.	to affect or change	L	B2
motivation*	n.	the reason someone does something	V	B2
passionate	adj.	having strong feelings or beliefs	L	B2
process*	n.	the way of or steps for doing something	V	B2
public	adj.	shared by all in a place; for anyone to see or use	V	B1
reflect	٧.	to show or be a sign of	V	B2
remove*	٧.	to take something away	V	B1
society	n.	people in the same community, city, or country	V	B1
temporary*	adj.	happening or lasting for a short time	V	B1

Reflect Listening & Speaking 3 Unit 5 Vocabulary List

Word	POS	DEFINITION	Video/ Listening	CEFR
alert	٧.	to warn of danger or a problem	V	C1
apparently*	adv.	used to describe something that appears to be true based on the information you have	L	B2
assistant*	n.	a person who helps others do their work	L	B1
crew	n.	a group of people who work together to run a ship, airplane, etc.	V	B1
disaster	n.	an event or situation that has a very bad effect or result	V	B2
end up	v. phr.	to finally reach or come to a place, decision, or situation	L	B1
eventually*	adv.	finally; after a long time	L	B2
expedition	n.	a journey usually with a group of people for a specific purpose	L	B1
failure	n.	someone or something that is not successful	V	B2
illness	n.	a condition in which the mind or body is sick	L	B1
јоу	n.	a feeling of great happiness	L	B2
landscape	n.	an area of land that looks a particular way	V	B1
leadership	n.	the position of being in charge of a group of people	V	C1
mission	n.	an important task or job for a person or group of people	V	B2
region*	n.	a particular area in a country or in the world	L	B1
rescue	٧.	to save from a dangerous situation	V	B1
skilled	adj.	having the knowledge and ability to do something well	L	B2
survive*	V.	to continue to live	V	B2
trap	V.	to stop from leaving or escaping a place or situation	V	B2
wealthy	adj.	rich; having a lot of money	L	B2

Reflect Listening & Speaking 3 Unit 6 Vocabulary List

Word	POS	DEFINITION	Video/ Listening	CEFR
absolutely	adv.	certainly	L	B1
ahead	adv.	in the future; in front	L	B1
awful	adj.	very bad	V	B1
behavior	n.	the way someone does and says things	L	B1
conscious*	adj.	noticing that something is happening; aware	L	B2
depression*	n.	a feeling of great sadness	V	B2
experience*	n.	something that happens to you	V	B1
experiment	n.	a scientific test to find out what happens in a situation	V	B1
individual*	adj.	relating to only one person, place, or thing	V	B1
mood	n.	the way someone feels	V	B1
painful*	adj.	causing hurt or sadness	L	B1
personality	n.	what a person is like	L	B2
pleasure	n.	a feeling of happiness	V	B1
protect	V.	to keep something safe	L	B1
psychology*	n.	the study of the mind	L	B2
recover*	V.	to become well again	V	B1
relationship	n.	a friendship between two people	L	B1
situation	n.	the way things are at a specific time and place	L	B1
symptom	n.	a sign of an illness or disease	V	B2
technique*	n.	a way of doing something	V	B1

Reflect Listening & Speaking 3 Unit 7 Vocabulary List

Word	POS	DEFINITION	Video/ Listening	CEFR
challenge*	n.	a task that is difficult to do	V	B1
decision	n.	a choice that you make after thinking about it	L	B1
delete	V.	to remove something from a document, computer, etc.	V	B1
despite*	prep.	used to say that something happens or is true although something else makes it unlikely	L	B1
device*	n.	an object, often a machine or piece of electronic equipment, made for a specific purpose	V	B2
generate*	٧.	to produce or make	L	B2
look at	v. phr.	to carefully review and consider	V	B2
notice	V.	to realize something exists because you see, hear, or feel it	V	B1
obvious*	adj.	clear and easy to see or understand	L	B1
occupied*	adj.	busy doing something	L	B2
participant*	n.	a person in an activity or game	L	C1
period*	n.	a length of time	V	B1
previously*	adv.	in the past	L	B1
report	٧.	to tell	L	B1
restrict*	٧.	to limit something in order to reduce or control it	V	C1
shock	V.	to cause to feel sudden pain from an electric current	L	B1
shocking	adj.	very surprising, often in a bad way	V	B1
substantial	adj.	large in amount, size, or number	V	B2
unpleasant	adj.	not enjoyable	L	B1
usage	n.	the action or process of using something	V	C1

Reflect Listening & Speaking 3 Unit 8 Vocabulary List

Word	POS	DEFINITION	Video/ Listening	CEFR
accompany*	V.	to go with someone	L	B1
addicted	adj.	unable to stop doing something	V	B2
animation	n.	a way of making movies that uses drawings or computer graphics to create moving pictures	L	B1
approximately*	adv.	about; around	L	B1
audience	n.	a group of people who watch or use something	L	B1
come out	v. phr.	to become available to buy or use	V	B1
common	adj.	ordinary or usual	V	B1
compete	V.	to try to win	L	B1
confidence	n.	the belief that you can do things well	V	B2
cooperate*	V.	to work with one or more people to achieve a result	V	B2
cooperative*	adj.	willing to be helpful; working well with other people	L	B2
disadvantage*	n.	something that isn't good or causes problems	V	B1
ignore*	V.	to not pay attention to	V	B2
look into	v. phr.	to find out about	L	B2
mate	n.	either one of a pair of animals that are breeding	L	B1
remain	V.	to stay	L	B2
sense	n.	a feeling about something	V	B1
transport*	V.	to move from one place to another	L	B1
trivial	adj.	not very important or large	V	B2
whether	conj.	if	V	B1