Reflect Reading & Writing 3 Unit 1 Vocabulary List

WORD	POS	DEFINITION	READING	CEFR
central	adj.	in the middle of a place or thing	2	B1
create*	V.	to make or produce something	2	В1
deal with	v. phr.	to take action on	1	В1
design*	V.	to make or draw plans for something	2	B1
effect	n.	a result	1	B1
effort	n.	a big push or attempt to do something	1	B1
expert*	n.	someone who is very skilled	1	B1
gather	V.	to come together	2	B2
generation*	n.	a group of people born or living during the same time	2	B1
human	n.	a person	1	B1
impact*	V.	to affect	1	C1
lonely	adj.	having no one to talk to or be with	1	B1
privacy	n.	being alone so that other people cannot see you	2	B2
productive*	adj.	able to do or achieve a lot	1	B2
public	adj.	shared by all in a place; for anyone to see or use	2	B1
recommend	V.	to suggest that someone do something	2	B2
resident*	n.	a person who lives in a particular place	2	B2
social	adj.	of or about people	1	B1
style*	n.	a particular type or form of something	2	B1
volunteer*	V.	to offer to do something	1	B2

^{*} Academic Word

Reflect Reading & Writing 3 Unit 2 Vocabulary List

Word	POS	DEFINITION	READING	CEFR
according to	prep.	as stated by	1	B1
affect*	V.	to cause a change in something or someone	2	B2
as a result	phr.	therefore	2	B2
avoid	V.	to not do something; to stay away from	1	B1
certain	adj.	sure to happen	2	B1
emotion	n.	a feeling	1	B2
evolve*	V.	to change over a long period of time	2	B2
existing	adj.	being real or present	2	B1
factor*	n.	a cause of something	2	B2
influence	n.	the power to change something or someone	2	B2
lead to	v. phr.	to cause to happen; to result in	2	B2
maintain*	V.	to keep doing something	1	B2
misunderstanding	n.	a situation where a person doesn't understand something correctly	1	B2
necessary	adj.	needed	1	B1
pay attention	v. phr.	to look or listen carefully	1	B1
recognize	V.	to know something because you've seen or heard it before	1	B2
represent	٧.	to be a sign or symbol for something	2	B2
silent	adj.	not making any sound; not spoken	2	B1
similar*	adj.	almost the same	1	B1
uncomfortable	adj.	worried; not relaxed	1	B1

^{*} Academic Word

Reflect Reading & Writing 3 Unit 3 Vocabulary List

Word	POS	DEFINITION	READING	CEFR
achievement*	n.	a successful completion of a task	1	B1
attempt	n.	an effort or a try	1	В1
challenge*	n.	a task that is difficult to do	1	B1
character*	n.	a person in a story or movie	2	В1
concentrate*	V.	to think carefully about something	1	В1
distract	V.	to take someone's attention away	1	B2
excitement	n.	a strong, pleasant feeling	2	В1
experience	V.	to have something happen to you	2	В1
incredible*	adj.	amazing	1	В1
inspiring	adj.	causing a feeling of wanting to do something	1	В1
intense*	adj.	very strong in feeling	2	B2
preference	n.	wanting one thing more than another	2	В1
put pressure on	v. phr.	to make someone feel that they have to do something	1	B2
relieved	adj.	happy because something bad didn't happen	2	B1
response*	n.	something you say, feel, or do because of something else	2	B2
risk	n.	a chance of losing something important	1	B2
scary	adj.	causing strong feelings of fear	1	B1
suffer	V.	to experience pain or discomfort	2	B2
survive*	V.	to continue to live	2	B2
symptom	n.	a sign in your body of an illness or other problem	2	B2

^{*} Academic Word

Reflect Reading & Writing 3 Unit 4 Vocabulary List

Word	POS	DEFINITION	READING	CEFR
ability	n.	a skill	2	В1
advance	V.	to move forward	2	B2
annual*	adj.	yearly	1	B1
attach*	V.	to join one thing to another	2	B1
combine	V.	to mix	1	B2
contest	n.	an event in which people or teams try to be the best	2	B2
develop	V.	to design or create	1	В1
expression	n.	a show of how you think or feel	1	B2
familiar	adj.	known to you	1	B2
field	n.	an area of work, interest, or study	2	B2
imagine	V.	to form an idea in your mind	2	B1
industrial	adj.	relating to industry or factories	2	B2
original	adj.	first	2	В1
possibility	n.	opportunity	1	-
produce	V.	to make something	2	В1
professional*	adj.	relating to a job that requires training or education	1	B1
quality	n.	how good something is	1	B1
realistic*	adj.	showing things as they are in real life	2	B1
specific*	adj.	clearly defined	1	B2
trade	n.	a type of work that you are trained to do such as plumbing, construction, etc.	1	B2

^{*} Academic Word

Reflect Reading & Writing 3 Unit 5 Vocabulary List

WORD	POS	DEFINITION	READING	CEFR
allow	V.	to permit; to make it possible for something to happen	2	B1
citizen	n.	a person who lives in a city or country	2	B2
deeply	adv.	in an intense or strongly felt way	2	B2
expose*	V.	to show; to let people experience	2	B2
host	n.	a person who has or entertains guests	2	B2
impact*	n.	an effect	1	B2
interact*	V.	to talk or do things with other people	2	B2
involve*	V.	to have or include as part of something	2	B1
last	V.	to continue to exist	1	B1
lifetime*	n.	the time that a person is alive; a very long time	1	B2
measure	V.	to find the amount, size, weight, or speed of something	1	B2
mood	n.	the way someone feels	1	B1
opposite*	n.	something that is as different as possible from something else	1	B1
organize	V.	to plan or arrange	2	B1
popularity*	n.	being liked, used, or done by a large number of people	2	B2
reduce	V.	to make something smaller in size or amount	1	B1
relax*	V.	to rest; to feel calm	2	B1
reward	V.	to pay someone or give them something for doing something good	1	B2
strengthen	V.	to make or become stronger	1	B2
unexpected	adj.	surprising	1	B1

^{*} Academic Word

Reflect Reading & Writing 3 Unit 6 Vocabulary List

Word	POS	DEFINITION	READING	CEFR
accurate*	adj.	free from mistakes	2	B2
actual	adj.	real	1	B2
alternatively*	adv.	differently	2	B2
base on	v. phr.	to form an idea or opinion from specific information	2	B1
benefit*	V.	to be good for	2	B2
extremely	adv.	very	1	В1
face	٧.	to deal with something	2	B2
frequently	adv.	often	2	В1
identify*	V.	to recognize	2	B2
image*	n.	a picture	2	B2
participant*	n.	a person in an activity	1	C1
process*	V.	to deal with; to understand	1	B2
record	V.	to take note of and store information	2	A2
separate	V.	to divide	1	B2
signal	n.	an action that sends a message	1	В1
stage	n.	a particular time in an event	1	B2
theory*	n.	an idea about why something happens	1	B2
therapy	n.	a form of treatment that helps people with problems	1	B2
unique*	adj.	special; one-of-a-kind	2	B2
upsetting	adj.	causing feelings of sadness or worry	1	B2

^{*} Academic Word

Reflect Reading & Writing 3 Unit 7 Vocabulary List

Word	POS	DEFINITION	READING	CEFR
actively*	adv.	in a way that causes something to happen	2	B2
aim	V.	to plan to do something	1	В1
analyze*	V.	to study something carefully so you can understand it	1	B2
complain	V.	to say something is wrong or that you don't like it	1	B1
conscious*	adj.	awake and able to notice things around you	2	C1
data*	n.	information or facts	1	B2
effective	adj.	successful at getting results	2	B2
employee	n.	a person who works for a company	1	B1
experiment	V.	to try a new way of doing something	1	B2
hire	V.	to give a job or work to someone	1	B2
increase	V.	to become larger	2	B1
otherwise	adv.	if not	2	B1
product	n.	something that people grow or make to sell	2	B1
require*	V.	to need or demand something	2	B1
separate	adj.	different	2	В1
solve	V.	to find the solution or answer to a problem	1	В1
think of	v. phr.	to imagine; to come up with	1	B1
trouble	n.	problems	2	В1
value	V.	to think something is very important	1	B2
work on	v. phr.	to spend time improving or fixing something	2	B2

^{*} Academic Word

Reflect Reading & Writing 3 Unit 8 Vocabulary List

Word	POS	DEFINITION	READING	CEFR
access*	n.	the ability or right to use something	2	B1
acquire*	٧.	to get; to learn	1	B2
argue	V.	to give reasons to support an idea	2	B2
combination	n.	a mix of different things	2	B2
convenient	adj.	easy to use or get	2	В1
development	n.	growth	1	В1
distracting	adj.	taking someone's attention away	2	В1
former	adj.	past; earlier	1	В1
intelligence*	n.	the ability to learn about and understand things	1	B2
invent	٧.	create something new (usually a product)	1	В1
look up	v. phr.	to search for information or words in a book or on a computer	2	B1
material	n.	content; information	2	В1
nearby	adv.	close to you	2	В1
obvious*	adj.	clear and easy to see or understand	1	В1
performance	n.	the ability to do something	1	B2
physical*	adj.	relating to the body	1	B2
preferable	adj.	better; more suitable	1	B2
relevant*	adj.	related or useful	2	B2
strategy*	n.	a plan to achieve something	2	B2
tend to	v. phr.	to be likely to	2	B2

^{*} Academic Word