# Glossary

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- **1.1** diving (n) /'daīvīŋ/ swimming underwater ● I'd love to go diving in the Caribbean Sea to see the fish and other sea creatures there. ➤ dive (n, v), diver (n)
   ♦ nurkowanie
- **1.2** festival (n) /'festīvl/ a number of performances of music, films, plays, dance, etc. in the same place once a year ● The Glastonbury Festival is one of the most popular music festivals in the UK. ◆ festiwal

## Reading Pages 6-7

- **1.3** personal (adj) /'p3:sənl/ belonging to one person ● *I never give all my personal details on social media sites.* > personally (adv), personality (n) � osobisty
- **1.4** quality (n) /'kwpləti/ sth that people have as part of their character or personality ● *Patience and understanding are qualities a teacher needs.* ◆ cecha
- 1.5 creative (adj) /kri'eItIv/ with a lot of skill and imagination ● Caroline is creative and she writes unusual stories.
   > create (v), creation (n) ◆ kreatywny, twórczy
- honest (adj) /'bnɪst/ truthful, not telling lies ● My brother was honest when he told Mum he broke the lamp.
   > honesty (n), honestly (adv) ◆ szczery
   > Opp: dishonest
- **1.7** polite (adj) /pə'laɪt/ having good manners and respect for others
   It's not polite to tell somebody that they've put on weight. > politely (adv), politeness (n)
   ❖ uprzejmy, grzeczny S Opp: impolite
- **1.8** journalist (n) /'dʒ3:nəlɪst/ a person who writes news stories for newspapers and/or other media ● *The journalist wrote an article about Bolivia.* > journalism, journal (n) ◆ dziennikarz
- 1.9 dress (v) /dres/ to wear particular clothes • We all dressed as animals for the party. > dress (n) ♦ ubierać
- 1.10 pavement (n) /'peɪvmənt/ a path where people can safely walk, next to a road ● *The city has wide pavements, where people can walk safely.* > pave (v), paved (adj) ◆ chodnik

- 1.11 wave (v) /weIv/ to hold up your arm and move it from side to side to greet sb or to attract attention
  Grandpa waved goodbye to me when I left his house. > wave (n) machać
- 1.12 pedestrian (n) /pə'destriən/ a person who is walking in the street ● *lt's* dangerous for pedestrians to cross the busy road here. ◆ pieszy, przechodzień
- **1.13** safely (adv) /'serfli/ in a way that is safe, without getting hurt or causing damage ● *The city has wide pavements, where people can walk safely.* > save (v), safe (adj), safety (n)
   ♦ bezpiecznie
- 1.14 seat belt (n) /'sit belt/ a belt on the seat of a car, plane, bus, etc. that you put around you to keep you safe ● *Put* your seat belt on when you sit in the car.
  ◆ pas bezpieczeństwa Syn: safety belt
- **1.15** performance (n) /pə'fɔ:məns/ sth that entertains an audience ● We saw a great performance of a play by Aristophanes.
   > perform (v), performer (n) ◆ występ
- **1.16** film set (n) /fɪlm set/ a place where a scene from a film is filmed
  The filming began when the actors were ready on the film set.
- **1.17** urban (adj) /'3:bən/ in or of a town or city ● *Parks make urban areas nicer to live in.* � miejski
- educator (n) /'edʒukeɪtə(r)/ a person who teaches people ● *I don't think computers will ever replace human educators.* > educate (v), education (n), educational (adj)
   ♦ wychowawca, nauczyciel
- 1.19 spirit (n) /'spirit/ a general feeling or quality related to sth ● We decorated the classroom to get into the festive spirit. ◆ nastrój
- **1.20** positive (adj) /'pozətīv/ good or having a good effect ● Our teacher usually writes something positive on our homework. ◆ pozytywny, optymistyczny
   Nopp: negative
- 1.21
   control (v) /kən'trəʊl/

   to have power over sb/sth My riding

   instructor taught me to control the horse.

   ♦ kontrolować

- 1.22 road safety (n) /'rəʊd ˌseɪfti/ rules on how to cross the road, drive or cycle safely ● Parents should teach their children about road safety from an early age.
   ☆ bezpieczeństwo na drodze
- **1.23** part-time (adj) /'port tarm/ for only part of the day or week in which people work ● *In the UK, many students have part-time jobs in shops or cafés.* > part-time (adv)
   ♦ w niepełnym wymiarze godzin
   © Opp: full-time
- 1.24 chance (n) /t∫α:ns/ a situation when it is possible to do sth
   Alex didn't have the chance to learn to drive until he started work. ♦ okazja, możliwość
   Syn: opportunity
- 1.25 skill (n) /skɪl/ a particular ability ● Freda Kahlo was famous for her skills as an artist. ➤ skilled (adj), skilful (adj), skilfully (adv) ❖ umiejętność
- 1.26 community (n) /kəˈmjuːnəti/ all the people who live in a place ● Harry built a library to help his local community.
   ♦ społeczność
- **1.27** salary (n) /'sæləri/ money that you receive for doing your job *The company pays his salary into the bank* once a month. \* pensja, wynagrodzenie
- 1.28 more importantly (adv) /mɔː ɪm'pɔ:tntli/ used to stress that your point is very important
   Anna has been a teacher for years, but more importantly, she enjoys her work. >> important (adj) \$\$ co więcej, co ważniejsze
- 1.29 opportunity (n) /,ppə'tju:nəti/ a situation when it is possible to do sth
  We had an opportunity to travel to Bolivia.
  ♦ okazja, sposobność ♥ Syn: chance
- **1.30** topic (n) /'topik/ theme; subject (for discussion) ● *I wrote an article on the topic of road safety.* ◆ temat
- **1.31 environment** (n) /in'vairənmənt/ the natural world ● *We can help the environment by planting more trees.* > environmental (adj), environmentally (adv) � środowisko
- 1.32 look out for sth/sb (phr v) /lʊk aʊt fə 'sʌmθıŋ/ 'sʌmbədi/ to try to notice sth/sb ● Look out for birds diving for fish when you go to the lake. ❖ wypatrywać czegoś/kogoś, rozglądać się za czymś/kimś
- 1.33 strap (n) /stræp/ a long thin piece of leather or other material, used to hold sth in place • She carried the bag by the straps. >> strap (v) ◆ pasek, ramiączko

- 1.34 attach (v) /əˈtætʃ/ to join one thing to another; to connect a document or file to an email so you can send them together ● Don't forget to attach your photo to your application form. >> attachment (n)
   ❖ dołączać, przymocowywać
- **1.35** film (v) /fɪlm/ to make a film ● *They filmed The Lord of the Rings in New Zealand.* > film, film-maker (n)
   **♦** filmować, kręcić film
- **1.36** in trouble (phr) /In 'tr∧bl/
   in a difficult or dangerous situation George
   was in trouble when he crashed his father's
   car. ◆ w tarapatach
- 1.37 situation (n) /,sɪtʃu'eɪʃn/ the circumstances and things happening at a particular time and in a particular place • What would you do in this situation? >> situate (v)
   \$ sytuacja
- **1.38** fit in (phr v) /fɪt ɪn/ to match or work easily together ● *Let's meet at a time that fits in with your plans.*◆ pasować, zgadzać się
- event (n) /ɪ'vent/ anything that happens ● The most important event of my life was my wedding.
   ♦ wydarzenie
- 1.40 logical (adj) /'lɒdʒɪkl/ that seems to make sense • She made a logical decision to look for a better job.
   > logic (n), logically (adv) ♦ logiczny
- **1.41** performer (n) /pə'fɔːmə(r)/ sb who does an act, like dancing or singing, in front of people ● Sue watched the street performer who was doing tricks.
   > performance (n), perform (v) ◆ wykonawca, artysta
- 1.42 suddenly (adv) /'s∧dənli/ quickly when you don't expect it • Suddenly, we heard a noise from the street, so we went to see what had happened. >> sudden (adj)
   ♦ nagle
- **1.43** programme (n) /'prəʊgræm/ a schedule of activities or things to be done • We learnt new skills on the training programme. ♦ program
- 1.44 behave (v) /bɪ'heɪv/ to act correctly or politely ● The children always behave well when they visit their grandparents.
   > behaviour (n) ◆ zachowywać się
   Sopp: misbehave
- 1.45 persuade (v) /pə'sweɪd/ to talk sb into doing sth or believing sth is true ● Have you persuaded your parents to take you to the match? > persuasion (n), persuasive (adj) ◆ przekonywać, namawiać

## Vocabulary Page 8

- **1.46** personality (n) /p3:sə'nælɪti/ character ● *Mum has an outgoing personality, but Dad is quite shy.* ◆ osobowość
- **1.47** architect (n) /'aːkɪtekt/ a person who designs buildings ● *The* architect designed a beautiful modern home for us. >> architecture (n), architectural (adj)
   ♦ architekt
- **1.48** astronaut (n) /'æstrənɔ:t/ a person who works in a spaceship travelling in space ● The astronauts collected some rocks from the moon before returning to Earth.
   ☆ astronauta
- **1.49** athlete (n) /'æθli:t/ a person who does sport, especially on a track, e.g. running ● *Fotini loves running and she wants to be a famous athlete.* > athletic (adj), athletics (n) \$ sportowiec, lekkoatleta
- **1.50** camera operator (n) /'kæmrə ppəreɪtə(r)/ a person whose job is controlling a camera to make films or TV shows ● *Two camera* operators were filming the actors on the film set. ◆ operator kamery
- **1.51** firefighter (n) /'faɪəfaɪtə(r)/ a person whose job is to stop fires burning
  The firefighters arrived quickly and poured water on the fire. \* strażak
- 1.52 hairdresser (n) /'headresa(r)/ a person whose job is to wash and cut people's hair and put it in different styles ● My hair is too long, so I'm going to the hairdresser to get it cut. ➤ hairdressing (n) \$ fryzjer
- 1.53 lawyer (n) /'lɔːjə/ a person whose job is to advise people about the law, to write legal documents and to represent people in court • My lawyer advised me not to tell the police what I had done.
  > law (n), lawful, legal (adj) \$ prawnik
- 1.54 librarian (n) /lar'breəriən/ a person whose job is to organise books and deal with people in a library ● *The school librarian helped me find books to borrow for my project.* > library (n) ♦ bibliotekarz
- **1.55** politician (n) /<sub>i</sub>pplə'tɪ∫n/ a person who is a member of a government or town council, etc. • Which politician do you think is best to lead your country's government?
   > politics (n), political (adj) ◆ polityk
- 1.56 run (v) /r∧n/ to be in control of a business or organisation, etc. • *Ms Biggs runs her own online business.* ♦ zarządzać, kierować
- **1.57** sportsperson (n) /'spɔ:tsp3:sn/ a person who does sport, especially as a job
  Angie became a well-known sportsperson when she won the tennis tournament.
  ♦ sportowiec Syn: athlete

1.58 design (v) /dɪˈzaɪn/

to draw a plan for the shape of sth or to show how sth will work ● *Sylvia designs and makes her own clothes.* > design, designer (n) ◆ projektować

- **fight** (v) /fart/ to use force in a war against an enemy; use force to beat another person or group ● *The Greeks fought bravely against the Persian army.* > fight, fighter (n) ◆ walczyć
- 1.60 put out (phr v) /pot aut/ to stop sth burning • The firefighters quickly put out the fire in the old building. \* gasić
- **1.61** space (n) /speis/ the place beyond the Earth's atmosphere
  In the future, people might travel in space to other planets. kosmos
- 1.62 law (n) /lɔː/ the system of rules of a particular country ● *lt's* against the law to park cars on the pavement.
   > lawyer (n), lawful, legal (adj) ◆ prawo
- 1.63 care centre (n) /keə(r) 'sentə(r)/ a place where elderly people are looked after
  My grandfather lives in a care centre because he's too old to look after himself.
  \$ ośrodek opieki
- hard-working (adj) /'ha:d w3:kiŋ/ putting a lot of effort into a job ● He's a hard-working student and studies for hours every day. ◆ pracowity S Opp: lazy
- **jealous** (adj) /'dʒeləs/ unhappy because sb you love is showing interest in sb else or because sb has sth you want ● *Brian is jealous because his girlfriend is talking to Fred.* > jealousy (n) ◆ zazdrosny
- **1.66** generous (adj) /'dʒenərəs/ giving freely ● Harry is a very generous boss and pays his workers well. >> generously (adv), generosity (n) � hojny S Opp: mean
- 1.67 though (adv) /ðəʊ/ however; used at the end of a clause to show information is different to what was already said ● Nick and Sam aren't related. They look very similar, though. > though (conj)
  ♦ jednak
- 1.68 relaxed (adj) /rrlækst/ calm, not stressed ● After a good night's sleep, I feel very relaxed. >> relax (v), relaxation (n) ◆ zrelaksowany
- 1.69 nervous (adj) /'nɜɪvəs/ anxious about sth • *I'm nervous about taking my exam tomorrow.* ➤ nervously (adv), nervousness, nerve (n) ❖ zdenerwowany, nerwowy
- **1.70** upset (v) /∧p'set/ to make sb sad • The news about the singer's death upset his fans. > upset (adj)
   ♦ martwić

- **1.71** unkind (adj) /<sub>i</sub>∧n'kaınd/ slightly cruel • Why did you take the child's toy away? It was unkind of you. > unkindly (adv), unkindness (n) ◆ niemiły, niegrzeczny
   Nopp: kind
- **1.72** shy (adj) /ʃaɪ/ nervous about meeting and speaking to other people ● Jerry is shy and he hates going to places where there are a lot of strangers.
   > shyly (adv), shyness (n) ❖ nieśmiały
- 1.73 sociable (adj) /'səʊʃəbl/ enjoying spending time with other people
  Aunt Jane is a sociable person. She loves inviting people to her home and going out with her friends. ➤ sociably (adv), society (n), social (adj) � towarzyski
- 1.74 quite (adv) /kwaɪt/ really ● Our dog looks scary, but she's quite friendly with children. ◆ naprawdę
- 1.75 reliable (adj) /rr'larəbl/ that can be depended on or trusted to do sth well ● Uncle Jim is reliable, so he will be on time to collect you from school. ➤ rely on (phr v), reliance (n) � niezawodny, rzetelny
   © Opp: unreliable
- 1.76 calm (adj) /kɑːm/ relaxed; not worried ● Tracy sat by the pool, feeling calm and relaxed. > calmly (adv), calmness, calm (n) ♦ spokojny
- 1.77 recently (adv) /'ri:sntli/ not long ago ● Have you heard from Sandy recently? ➤ recent (adj) ❖ niedawno, ostatnio
- **1.78** fortunately (adj) /'fɔːtʃənətli/ happening because of good luck ● Fortunately, nobody was injured in the accident.
   > fortunate (adj) ◆ na szczęście
- 1.79 annoyed (adj) /ə'nɔɪd/ feeling a little angry ● Mum gets annoyed when I don't tidy my room. ➤ annoying (adj), annoy (v), annoyance (n) ❖ poirytowany
- **1.80** patient (adj) /'peɪ∫nt/ able to wait or do sth calmly without getting annoyed or angry • Learning to play the violin isn't easy, so be patient and keep practising.
   > patiently (adv), patience (n) ❖ cierpliwy
   Sopp: impatient
- **1.81** anxious (adj) /'æŋkʃəs/ nervous or worried ● Theo is anxious about going for his interview. He thinks he won't get the job. ➤ anxiously (adv), anxiety (n)
   ❖ zaniepokojony, zatroskany
- **1.82** confident (adj) /'konfɪdənt/ feeling sure ● He has been training for six months and is confident that he can finish the marathon. ➤ confidence (n)
   ♦ pewny 
   Opp: unconfident

- 1.83 cheerful (adj) /'t∫ıəfl/ happy and smiling • Mark has a cheerful smile that makes everyone feel happy.
   ≻ cheer (v, n), cheerfully (adv) ❖ wesoły, pogodny
- 1.84 miserable (adj) /'mɪzrəbl/ sad or unfriendly; that makes you feel sad
   • Cloudy grey skies make me feel miserable.
   > misery (n), miserably (adv) ❖ nieszczęśliwy, nikczemny
- **1.85** serious (adj) /'siəriəs/ sensible ● Nina is a serious student who works hard because she wants to get into university.
   > seriousness (n), seriously (adv) ◆ poważny
- **1.86** career (n) /kə'rɪə(r)/ the jobs or type of work sb does to earn a living ● Betty began her career as a journalist at a local newspaper. ◆ kariera
- 1.88 wildlife (n) //waIdlaIf/ animals and plants that live naturally in an area
  She spends her weekends in the countryside taking photos of wildlife. \* dzika przyroda, fauna i flora
- 1.89 equipment (n) /Ik'wIPment/ the things needed for a particular activity • We need to buy some new sports equipment for our club this year. ➤ equip (v) ❖ sprzęt

#### Adjectives describing people

annoyed annoying	hard-working honest	polite relaxed
anxious	jealous	reliable
calm	logical	serious
cheerful	miserable	shy
confident	nervous	sociable
generous	patient	unkind

#### Jobs

architect firefighter politician astronaut hairdresser presenter athlete journalist sportsperson camera operator lawyer educator librarian

### Grammar Page 9

- **habit** (n) /'hæbɪt/ sth that you usually do ● *I'm not in the habit* of going to bed late, so I get tired by 11 p.m.
   > habitual (adj) ◆ nawyk, przyzwyczajenie
- 1.91 repeated (adj) /rr'pixtɪd/ done or said many times ● She made repeated efforts to break the world record, but failed. > repeat (v), repetition (n), repetitive (adj) \$ wielokrotny
- 1.92 permanent (adj) /'p3:mənənt/ lasting forever ● He's got a permanent job at the post office and I don't think he'll ever leave. > permanence (n), permanently (adv) ♦ stały, trwały ♥ Opp: temporary
- 1.93 scientific (adj) /saīən'tīfīk/ connected to science ● There is a scientific reason why my hair is curly. It's in my DNA.
   > science, scientist (n), scientifically (adv)
   ◆ naukowy
- **1.94** based on (phr) /beɪst ɒn/ using information, an idea or facts to develop sth ● *This film is based on a true story.* > base, basis (n) ◆ oparty na
- 1.95 schedule (n) /'fedju:l/ a list of events or tasks and when they will happen or when you must do them ● Mum's got a busy schedule today, starting with a meeting at nine o'clock. ❖ harmonogram
- 1.96 temporary (adj) /'tempərəri/ lasting a short time ● *This bad weather is temporary, so we'll soon be able to go out again.* ➤ temporarily (adj) � tymczasowy Sopp: permanent
- **1.97** annoying (adj) /ə'nɔɪɪŋ/ making sb feel a little angry ● Stop talking all the time! It's annoying when I want to study.
   > annoyed (adj), annoy (v) ♦ nieznośny, denerwujący
- 1.98 developing (adj) /dr'veləpiŋ/ becoming bigger, more advanced
   Carlos has a developing career as a scientist. >> development (n), develop (v), developed (adj) rozwijający się
- **own** (v) /∂υn/ to have sth ● *Mr Brown is very rich. He owns that big house on the hill.* > owner (n)
   ♦ posiadać Syn: possess
- 1.100 fire service (n) /'faiə s3:vis/ an organisation of firefighters ● We called the fire service as soon as we saw smoke in the forest. ◆ straż pożarna, służba przeciwpożarowa Syn: fire brigade
- **1.101 lecture** (n) /'lektʃə/ a talk about a subject, which is given to students by a university or college lecturer ● *Our college*

 1.102 eco (prefix, adj) /'iːkəʊ/ related to the environment ● The school eco club is doing a project to clean up our park.
 ♦ eko

### Listening Page 10

- 1.103 predict (v) /prr'dɪkt/ to say what will happen in the future, based on what you know or believe • Rainy weather is predicted for the next few days, so we're not going camping. >> prediction (n), predictable (adj) ◆ przewidywać, prognozować
- **1.104** mention (v) /'men∫n/ to talk about • *Don't mention the party because it's a surprise.* ◆ wspominać, mówić

### Speaking Page 11

- 1.105 response (n) /rɪ'spɒns/ an answer or reply to sb/sth • I got her response to my email today. ➤ respond (v), responsive (adj) ❖ odpowiedź
- 1.106 travelling (n) /'trævəlıŋ/ the activity of making journeys ● Maria loves her job, which involves travelling to different cities. > travel (v), traveller (n) ◆ podróżowanie
- 1.107 get on (phr v) /get pn/ to have a good relationship with sb ● *Irini gets* on well with her classmates and often goes out with them at the weekend. ◆ być w dobrych stosunkach
- 1.108 argue (v) /'ɑːɡjuː/ to disagree; to fight ● The twins often argue over toys and want to play with the same toy at the same time. > argument (n), argumentative (adj) ❖ kłócić się
- 1.109 memorise (v) /'meməraız/ to learn by heart ● History students have to memorise a lot of information in order to pass their exams. ➤ memory (n) ❖ uczyć się na pamięć
- 1.110 unnatural (adj) /∧n'nætſrəl/ unusual or strange • He's not a good actor because he sounds unnatural when he plays the role of an American. ➤ unnaturally (adj)
   ♦ nienaturalny
- 1.111 pause (v) /pɔ:z/ to stop doing sth for a short time • Helen paused for a moment to think about what to say. >> pause (n) ◆ przerywać

- 1.112 slightly (adv) /'slartli/ a little bit ● Today's weather is slightly better than yesterday's. > slight (adj) ◆ nieznacznie
- 1.113 typical (adj) /'tɪpɪkl/ usual; common ● My typical day begins with breakfast at seven. > typically (adv) \$ typowy

## Vocabulary Page 12

- 1.114 candidate (n) /'kændɪdeɪt/ sb who applies for a job ● The candidates waited nervously before they went in for their job interviews. ❖ kandydat
- 1.115 full-time (adj) /,fol 'taɪm/ that is done for a whole working week, e.g. about 36–40 hours ● *He has a full-time job at the bank, from nine to five o'clock.*> full-time (adv), full time (n) ♦ pełnoetatowy
  © Opp: part-time
- 1.116 retired (adj) /rɪ'taɪəd/ sb who has stopped working permanently because of age ● Mandy's grandfather is a retired teacher, so he often helps with her homework. >> retire (v), retirement (n)
   ♦ emerytowany
- 1.118 unemployed (adj) /∧nım'plɔɪd/ without a job • *I have been unemployed for two months and I am looking for a job.* > unemployment (n) ♦ bezrobotny
   © Opp: employed
- **1.119** apply (v) /ə'plaɪ/ to ask for a job or place on a course, etc., especially by completing a form ● *Theo is applying for a place to study science at university.* > application, applicant (n)
  ♦ ubiegać się 
  Note: apply for a job; apply to a company
- **1.120** get married (phr) /get 'mærɪd/ to start a marriage ● Our grandparents got married 40 years ago and they still love each other. ◆ wziąć ślub
- **1.121** grow up (phr v) /grəʊ ∧p/ to become an adult • When my brother grows up, he wants to be a doctor. ❖ dorastać
- 1.122 go out (with sb) (phr v) /gəʊ aʊt (wɪθ 'sʌmbədi)/ to have a romantic relationship with sb ● Anna was going out with Thomas for years before they got married. ❖ chodzić (z kimś), być (z kimś)

- **1.123** split up (phr v) /split ∧p/ to end a relationship • Brian and Kate argued so much that they split up after a year together.
   ☆ rozstawać się
- 1.124 out of work (phr) /aʊt əv wɜːk/ unemployed ● The supermarket closed and now the shop assistants are all out of work.
   ♦ bez pracy
- **1.125** bring up (phr v) /brɪŋ ∧p/ to raise ● Her grandma brought her up after her parents died. ❖ wychowywać
- advantage (n) /əd'va:ntɪdʒ/ a quality that makes sth better than other things ● Being able to speak two or more foreign languages is a great advantage when you are looking for a job. >> advantageous (adj)
   ★ zaleta, walor So Opp: disadvantage
- 1.128 retire (v) /rɪ'taɪə(r)/ to stop working because you have reached a certain age • Grandpa retired at 65 and he now relaxes at home. ➤ retirement (n)
   ♦ przejść na emeryturę
- 1.129 wedding (n) /'wedıŋ/ a marriage ceremony ● The wedding was at the village church. ◆ ślub, wesele

### Grammar Page 13

- 1.130 communication (n) /kə₁mju:nɪ'keɪʃn/ the act of sharing information with others, e.g. by speaking, writing ● *The internet makes international communication easy these days.* ♦ porozumiewanie się, komunikacja
- 1.131 colleague (n) /'kpli:g/ sb you work with ● My colleague checked my report for me before I gave it to my boss.
   ♦ kolega/koleżanka z pracy
- 1.132 separate (adj) /'seprət/ different; not connected ● Please use separate spoons for the coffee and sugar. > separate (v)
   ♦ oddzielny, osobny
- 1.133 item (n) /'aɪtəm/ a single object ● How many items are there on the list? ♦ przedmiot
- **1.134** abstract (adj) //æbstrækt/ general, not based on real things or events *Love is an abstract idea. It isn't something you can see or touch.* \* abstrakcyjny
- **1.135** a number of (det) /ə 'n∧mbə(r) əv/ some; several • A number of my friends are from Patra. ◆ pewna liczba, kilka

## Writing Pages 14-15

- 1.136 colloquial (adj) /kə'ləʊkwiəl/ informal, only used when speaking or writing to friends or family ● *I use colloquial words in texts to friends, but not for a job application.* > colloquialism (n) ◆ potoczny, kolokwialny
- 1.137 contraction (n) /kən'træk∫n/ the short form of a word or phrase ● 'l'm' is a contraction of 'l am'. > contract (v)
   ♦ skrót
- 1.139 Yours sincerely (phr) /jɔːz sɪn'sɪəli/ used at the end of a letter or email to end politely when the letter begins with the reader's name ● The letter ended with: Yours sincerely, Mary Jones. ◆ Z poważaniem
- **1.140** awesome (adj) /'ɔːsəm/ impressive; amazing ● The active volcano in Sicily was an awesome sight. > awe (n)
   ❖ niesamowity
- 1.141 regards (n pl) /rɪ'gɑ:dz/ best wishes ● *Dorothy always signs off her emails with 'Best regards'.* ◆ pozdrowienia
- 1.142 fair (n) /feə(r)/ an event where people, companies or organisations advertise jobs, products or services ● Dina found out about jobs in Brussels at the European job fair.
   ♦ targi
- 1.143 holiday camp (n) /'holədei kæmp/ a place where people, especially families, can go for holiday with accommodation and entertainment included ● *This year I'm going to a holiday camp in Spain with my parents.* ☆ ośrodek wypoczynkowy
- 1.144 volunteer (adj) /,volən'trə(r)/ done without expecting money ● Mario does volunteer work to help protect the forest from fires. > volunteer (n, v), voluntary (adj)
   ♦ ochotniczy, społeczny
- 1.145 wonder (v) /'w∧ndə(r)/ to think about sth you are not sure about
  There's someone at the door. I wonder who it is. ◆ zastanawiać się
- **1.146** sign off (phr v) /saɪn ɒf/ to end a letter or an email ● *I can't write any* more so *I'll sign off now.* ◆ podpisywać

### **Phrasal verbs**

bring up	go out with	sign off
fit in	grow up	split up
get on	put out	

## Live well, study well

### Page 16

- 1.147 team player (n) /,tiːm 'pleɪə(r)/ sb who works well together with others in a group or team ● Andy is a great team player and always helps anyone who needs it.
   ♦ osoba umiejąca pracować w zespole
- 1.148 confidence (n) /'konfidəns/ a belief in your ability to do sth successfully
  If you want to win, you must have confidence in your abilities. > confident (adj), confidently (adv) ♦ pewność
- 1.149 respect (v) /rr'spekt/ to admire ● *I really respect my Dad. He's a fantastic person and always there to help me.* > respect (n), respectable, respectful (adj)
   ♦ szanować
- **1.150** support (v) /sə'pɔ:t/ to help sb by being kind to them during a difficult time ● When I feel down, my best friends always say kind words to support me.
   > support (n), supportive (adj) \$ wspierać
- 1.151 communicate (v) /kə'mju:nɪkeɪt/ to share information with sb, e.g. by writing or talking ● Nicky's Australian cousins often communicate with her through social media.
   > communication (n) ♦ komunikować, porozumiewać się
- 1.152 no way! (phr) /nəʊ weɪ/ absolutely not; it's impossible ● *I'm afraid of insects and snakes, so I'm not going camping. No way!* ◆ nic z tego!
- **1.153** background (n) /'bækgraund/ the part of a picture behind the main people or objects ● These are my parents in the picture, and you can see our house in the background.
   ☆ tło
- 1.154 research (n) /rɪ'sɜːtʃ/ the studying sb does to learn things about sth
  I did a lot of research at the library and I learnt where my family was from. > research (v), researcher (n) ♦ badanie, dociekanie
  1.155 leader (n) /'liːdə(r)/
  - leader (n) /'li:də(r)/
    a person or animal who shows the others in a group what to do Janice is the leader of our hiking group, so she organises all our walks.
    > lead (v) ◆ przywódca, lider
- 1.156 differently (adv) /'dɪfrəntli/ in a different way ● We tried making the pizza differently and it was tastier this time.
   > differ (v), different (adj), difference (n)
   ♦ inaczej
- 1.157 (be) worth (phr) /(bi:) w3:θ/ to be useful or good to do or have ● Life is worth living when you have good friends.
  ♦ (być) wartym

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- 1.158 encourage (v) /In'k∧rIdʒ/ to persuade sb to do sth by making them think it is a good thing to do • My parents encouraged me to become a musician.
   > encouragement (n), encouraging (adj)
   ♦ zachęcać, namawiać ♥ Opp: discourage
- **1.159** strength (n) /streŋθ/ a personal quality or skill ● He's very shy, so public speaking isn't one of his strengths.
   > strong (adj), strongly (adv) ◆ mocna strona
- 1.160 make your voice heard (phr) /meɪk jə vɔɪs hɜ:d/ to express your opinion ● Joanna is confident and always makes her voice heard in class discussions. ◆ sprawić, by twój głos był słyszalny; dać się słyszeć
- 1.161 rope (n) /rəʊp/ very strong thick string used to tie things
  Mountain climbers use strong ropes to help them climb. ♦ sznur
- 1.162 compass (n) /'k∧mpəs/ a device which points to north for finding direction ● Before we had GPS, people used a map and compass to find out where to go.
   ☆ kompas
- 1.163 match (n) /mætʃ/ a small wooden stick used to light a fire, a cigarette, etc. ● Have you got any matches to light the barbecue? ◆ zapałka

- 1.164 raise money (phr) /reız 'mʌni/ to collect money ● Our school raised money to help poor children. ◆ zbierać pieniądze
- 1.165 divide (v) /dr'vard/ to cut into two or more parts • We divided the work between all the team members.
   > division (n) ♦ dzielić
- 1.166 suggestion (n) /sə'dʒestʃən/ an idea that sb gives sb else to do sth
  I agreed with Mary's suggestion to go dancing. ➤ suggest (v) ❖ sugestia, propozycja
- **1.167** vote (v) /vəʊt/ to mark a paper or raise your hand to choose sb/sth from a group • *Do you think people will vote for her as president?* ≻ vote, voter (n) ❖ głosować
- 1.168 presenter (n) /prɪ'zentə(r)/ sb who presents information, a programme, etc. to a group ● The news presenter announced that a large earthquake had hit Chile. > present (v) ◆ prezenter

#### Work-related words

- career colleague equipment full-time leader part-time
- permanent programme qualification out of work research retired
- salary team player temporary volunteer