

## Glossary

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**11.1 dune** (n) /dʒuːn/  
a hill of sand • *On a clear day, you can see Africa from the top of that dune.* ❖ wydma

## Reading Pages 126–127

**11.2 touristification** (n) /ˌtuəɪstɪfɪˈkeɪʃn/  
the process of making a place suitable for tourists without paying attention to the needs of the locals • *Touristification leads to increased housing prices and increased carbon emissions.* ❖ dostosowanie pod turystykę

**11.3 overtourism** (n) /ˌəʊvəˈtuəɪzəm/  
the state of having too many tourists • *Cheap flights have contributed to the phenomenon of overtourism.* ❖ nadmierna turystyka

**11.4 banner** (n) /ˈbænə(r)/  
a piece of cloth with words written on it that is carried by people taking part in a protest • *They had hung a huge banner over the street that said ‘No new taxes’.* ❖ transparent

**11.5 hotspot** (n) /ˈhɒtspɒt/  
a place where there is a lot of activity • *Gran Canaria has long been a popular hotspot for young tourists.* ❖ hotspot

**11.6 fed up** (adj) /fed ʌp/  
bored or annoyed, especially by sth that has continued for too long • *Fed up with city life, she decided to move to the country.* ❖ zirytowany

**11.7 rampant** (adj) /ˈræmpənt/  
spreading everywhere in a way that you can't control • *Crime was rampant in the inner city areas and the police seemed unable to do anything about it.* ❖ szerzący się

**11.8 port city** (n) /pɔːt ˈsɪti/  
a city that has a harbour • *Venice is a port city with a huge artistic heritage.* ❖ miasto portowe

**11.9 cruise ship** (n) /ˈkruːz ʃɪp/  
a large ship that people travel on for pleasure • *Most cruise ships are like hotels. They have swimming pools, hotels, clubs and even cinemas.* ❖ statek wycieczkowy

**11.10 drop (sb) off** (phr v) /drɒp (ˈsʌmbədi) ɒf/  
take sb to a particular place • *The taxi dropped me off outside the main entrance.* ❖ podrzucić (kogoś)

**11.11 property** (n) /ˈprɒpəti/  
land and buildings • *Property is still very cheap on the island.* ❖ własność

**11.12 launch** (v) /lɔːntʃ/  
to begin or introduce a new plan, project, etc. • *The airline launched a number of new services last month.* > launch (n) ❖ uruchomić

**11.13 stopover** (n) /ˈstɒp.əʊvə(r)/  
a short stay in a place that you make on your way to another place • *Our flight to Australia included a stopover in Singapore for a couple of days.* ❖ przerwa w podróży

**11.14 split** (v) /splɪt/  
divide into two or more parts • *Cockcroft and Walton were the first to split the atom in an experiment in 1932.* ❖ rozdzielać

**11.15 spectacular** (adj) /spekˈtækjələ(r)/  
exciting to look at • *The view of the gorge was spectacular.* ❖ spektakularny

**11.16 scenery** (n) /ˈsiːnəri/  
the beautiful features of the natural environment • *We stopped at the top of the hill and admired the scenery.* ❖ sceneria

**11.17 hit** (n) /hɪt/  
a thing or person that is very popular and/or successful • *Her last film was a major hit. More than a million people saw it on the first weekend.* ❖ hit

**11.18 rental** (adj) /ˈrentl/  
sth you pay to use for a period of time • *This is just a rental car I got for my holiday.* ❖ wynajem

**11.19 increase** (v) /ɪnˈkriːs/  
make or become larger • *The cost of living has increased dramatically in the last 20 years.* > increase (n) ❖ zwiększać

**11.20 fragile** (adj) /ˈfrædʒaɪl/  
easy to damage, break or hurt • *Be careful not to drop that vase. It's very fragile.* ❖ kruchy

**11.21 wear and tear** (expr) /ˌweər ən ˈteə(r)/  
damage to an object that results from ordinary use over a period of time • *It is normal for furniture to suffer wear and tear over the years.* ❖ zużycie

**11.22 deliberate** (adj) /dɪˈlɪbərət/  
planned, not by accident • *I didn't make a deliberate decision to lose weight – it just happened!* ❖ celowy 📌 Opp: accidental

- 11.23 pile** (n) /paɪl/  
a lot of things thrown together • *There was a pile of dirty clothes on the floor.* ❖ stos
- 11.24 tourist trap** (n) /'tʊərɪst ,træp/  
a crowded place where tourists do or buy things at prices higher than normal • *The island has become a tourist trap that's no longer worth visiting.* ❖ pułapka turystyczna
- 11.25 official** (n) /ə'fɪʃəl/  
a person that has a position of responsibility in a large organisation • *Government officials admitted they were unable to solve the problem.* ❖ urzędnik

## LOOK!

The nouns *officer* and *official* have a similar meaning, but they're not the same. We use the word *officer* to refer to somebody who has a rank, such as an army officer, an officer in the air force, the navy or the police force.

→ *By the time she was 30, she was already an officer in the French army.*

The word *officer* can also be used as a title to refer to somebody who's in a position of power or has certain duties.

→ *The Environmental Health Officer will be meeting with the local council.*

The word *official* refers to anyone who's in a position of responsibility in an organisation or public service. As an adjective it can also mean 'formal'.

→ *Government officials said they expected the problem to be solved by tomorrow.*

→ *Both English and French are recognised as official languages in Canada.*

- 11.26 magical** (adj) /'mædʒɪkl/  
extremely pleasant • *We spent a magical week on Santorini.* > magic (n) ❖ magiczny
- 11.27 peak** (adj) /pi:k/  
busiest, when a lot of people are doing sth • *All the hotels in the area are full during the peak season.* ❖ szczyt

## Vocabulary Page 128

- 11.28 overtake** (v) /əʊvə'teɪk/  
come from behind another car and move in front of it • *I slowed down as the van was overtaking me.* ❖ wyprzedzać
- 11.29 brake** (v) /breɪk/  
make a vehicle go slower or stop • *He braked sharply to avoid a pedestrian.* > brake (n) ❖ hamować

- 11.30 steering wheel** (n) /'stiəriŋ ,wi:l/  
a wheel that a driver turns to make their car go left or right • *When driving, you should keep both hands on the steering wheel at all times.* ❖ kierownica
- 11.31 rush hour** (n) /'rʌʃ ,aʊə(r)/  
the busy time when streets are crowded in the morning, when a lot of people are going to work, or in the evening, when they are going back home • *We left very early in the morning to avoid the rush hour.* ❖ godziny szczytu
- 11.32 run** (v) /rʌn/  
travel, cover a route • *The airport bus runs every 20 minutes.* ❖ kursować
- 11.33 head for** (phr v) /hed fə(r)/  
go towards • *He put on his swimming trunks and headed for the beach.* ❖ udać się do
- 11.34 schedule** (v) /'ʃedʒu:l/  
arrange for sth to happen at a particular time • *They have scheduled another meeting for tomorrow morning.* > schedule (n) ❖ zaplanować
- 11.35 lane** (n) /leɪn/  
a section of a road that a line of cars move along, separated from other sections by painted white lines • *In Europe, the slow lane of the highway is on the right.* ❖ pas ruchu
- 11.36 motorway** (n) /'mɔ:təweɪ/  
a wide road for fast-moving cars • *We decided to take the country road rather than the motorway.* ❖ droga ekspresowa
- 11.37 block** (v) /blɒk/  
prevent movement • *Snow sometimes blocks this road in winter.* ❖ blokować
- 11.38 deck** (n) /dek/  
a flat area on a ship, built between the sides • *She stood on the deck and waved as the ship approached.* ❖ pokład
- 11.39 yacht** (n) /jɒt/  
a large sailing boat that you can travel on for pleasure • *They sailed to Crete on their private yacht.* ❖ jacht
- 11.40 sunbathe** (v) /'sʌnbet̪/  
sit or lie in the sun to make your skin darker • *We spent the whole day on the beach, swimming and sunbathing.* ❖ opalać się
- 11.41 rush** (v) /rʌʃ/  
move or do sth very quickly • *As soon as the bell rang, the pupils rushed out of the classroom.* ❖ pędzić
- 11.42 sights** (n pl) /saɪts/  
places of interest that tourists can visit • *We spent three days in Paris, seeing the sights.* ❖ atrakcje miasta
- 11.43 wander** (v) /'wɒndə(r)/  
walk around slowly • *I spent the whole morning wandering in the old town.* ❖ wędrować

- 11.44 connection** (n) /kə'nekʃn/  
a plane, bus or train that you take to continue your journey after getting off another plane, bus or train • *We arrived in Brussels early enough for our connection to Paris.*  
> connect (v) ❖ połączenie
- 11.45 landing** (n) /'lændɪŋ/  
the act of piloting a plane onto the runway  
• *The aircraft made a perfect landing.*  
> land (v) ❖ lądowanie
- 11.46 voyage** (n) /'vɔɪdʒ/  
journey, especially by sea or into space  
• *The Titanic sank on its first voyage.* ❖ rejs
- 11.47 bustling** (adj) /'bʌslɪŋ/  
busy, full of activity • *The open-air market was bustling with life.* ❖ gwarny
- 11.48 subway** (n) /'sʌbweɪ/  
(US Eng) underground train system  
• *The subway is the cheapest and fastest way of travelling across town.* ❖ metro  
📖 Br Eng: underground
- 11.49 beneath** (prep) /bɪ'ni:θ/  
in a lower position than • *We saw the boat sink beneath the surface of the sea.* ❖ pod  
📖 Opp: above
- 11.50 free of charge** (expr) /,fri: əv 'tʃɑ:dʒ/  
without having to pay • *Hotel guests can park here free of charge.* ❖ za darmo
- 11.51 fascinating** (adj) /'fæsəneɪɪŋ/  
extremely interesting • *The museum houses a fascinating collection of paintings.*  
> fascinate (v), fascination (n) ❖ fascynujący

## Grammar Page 129

- 11.52 self-catering** (adj) /,self'keɪtərɪŋ/  
with cooking facilities, so that you can cook for yourself • *Families usually prefer self-catering accommodation.* ❖ wyżywienie we własnym zakresie
- 11.53 package tour** (n) /'pækɪdʒ ˌtʊə(r)/  
a holiday arranged by a travel agency that includes travel, accommodation and meals at a fixed price • *I'd much rather travel on my own than go on a package tour.* ❖ wycieczka pakietowa

## Listening Page 130

- 11.54 swap** (v) /swɒp/  
give sth and take sth else in return • *Can we swap seats? I'd like to sit next to Darren.*  
❖ zamienić

- 11.55 house swapping** (n) /'haʊs,swɒpɪŋ/  
the act of letting sb stay in your house while you stay in their house for a period of time  
• *We tried house swapping last year to cut holiday costs.* > house swap (n), house swapper (n) ❖ zamiana domów
- 11.56 membership** (n) /'membəʃɪp/  
the state of belonging to an organisation • *You can only enter the club if you have a membership card.* > member (n) ❖ członkostwo
- 11.57 dull** (adj) /dʌl/  
not bright or not interesting • *My old flat was dull and old-fashioned.* > dullness (n) ❖ nudny

## Speaking Page 131

- 11.58 turn** (n) /tɜ:n/  
a period of time when sb speaks without interruption • *It was quite a long turn. She spoke for seven minutes.* ❖ kolej
- 11.59 luxury** (adj) /'lʌkʃəri/  
expensive and of very high quality • *He bought a luxury car not because he needed it but just to show off.* ❖ luksus
- 11.60 overview** (n) /'əʊvəvju:  
a short description that provides only general information but no details • *The first chapter of the book provides a general overview of the topic.* ❖ przegląd

### Tourism and holidays

cruise ship	overtourism	sunbathe
deck	package tour	tourist trap
hotspot	rental apartment	touristification
house swap /	self-catering	yacht
house swapping	sights	
luxury hotel	stopover	

## Grammar Page 132

- 11.61 stunning** (adj) /'stʌnɪŋ/  
extremely beautiful • *She isn't just beautiful, she's absolutely stunning.* ❖ oszałamiający
- 11.62 boiling** (adj) /'bɔɪlɪŋ/  
very hot • *You can't go out in the boiling sun. Wait until the evening!* ❖ wrzący
- 11.63 vary** (v) /'veəri/  
be different • *Prices of the same electronic goods can vary from country to country.*  
> variety (n), variation (n), various (adj)  
❖ różnić się
- 11.64 intensity** (n) /ɪn'tensətɪ/  
the strength or degree of sth that you can measure • *The intensity of the pain increased when he tried to move.* > intensify (v), intense (adj) ❖ intensywność

- 11.65** **exceptionally** (adv) /ɪk'sepʃənəli/  
much more than usual • *He's an exceptionally talented writer. I look forward to reading his next book.* > exception (n), exceptional (adj)  
❖ wyjątkowo
- 11.66** **utterly** (adv) /'ʌtəli/  
completely • *The two boys were utterly different, even though they were brothers.* ❖ całkowicie
- 11.67** **starving** (adj) /'stɑ:vɪŋ/  
extremely hungry • *I'm starving because I haven't eaten anything all day.* > starve (v)  
❖ głodujący
- 11.68** **gorgeous** (adj) /'gɔ:dʒəs/  
very beautiful or pleasant • *He's such a gorgeous young man everybody likes him.*  
❖ wspaniały
- 11.69** **freezing** (adj) /'fri:zɪŋ/  
extremely cold • *Put your coat on. It's freezing out there.* > freeze (v) ❖ ekstremalnie mroźny
- 11.70** **hardly** (adv) /'hɑ:dli/  
almost not • *He spoke so softly I could hardly hear him.* ❖ ledwie

### Positive adjectives

fascinating	spectacular
gorgeous	stunning
magical	

- 11.77** **what the future holds** (expr) /wɒt ðə 'fju:tʃə hæʊldz/  
what is likely to happen in the future • *Be prepared! You don't know what the future holds!* ❖ co przyniesie przyszłość
- 11.78** **give (sb) an idea of** (expr) /gɪv ('sɪmbədi) ən aɪ'diə əv/  
tell sb a few things about sth • *He gave me an idea of what happened, but he didn't tell me any details.* ❖ opisać coś komuś z grubsza
- 11.79** **epic** (adj) /'epɪk/  
happening over a long period and involving a lot of difficulties • *One day, I'll tell you the story of my epic journey in South America.*  
❖ epicki
- 11.80** **kayak** (n) /'kaɪæk/  
a light canoe with a covering over the top  
• *You can reach the island by boat or kayak.*  
❖ kajak
- 11.81** **urge** (n) /ɜ:dʒ/  
a strong wish to do sth • *I had a sudden urge to laugh during the lecture, but managed to control myself.* > urge (v) ❖ silna chęć

### Phrasal verbs

drop sb off	let sb down	stop over
head for sth	run into sb	turn up
head back	stay over	

## Use your English Page 133

- 11.71** **stay over** (phr v) /steɪ 'əʊvə(r)/  
sleep at sb else's house for a night • *Why don't you stay over tonight and go back home in the morning?* ❖ zostać na noc
- 11.72** **stop over** (phr v) /stɒp 'əʊvə(r)/  
stay at a place for a short time before continuing your journey • *We stopped over in New York for six hours on our way to Vancouver.* ❖ zrobić postój
- 11.73** **run into** (phr v) /rʌn 'ɪntə/  
meet sb you know when you are not expecting to meet them • *I ran into my boss at the theatre last night.* ❖ wpaść na kogoś
- 11.74** **let (sb) down** (phr v) /let ('sɪmbədi) daʊn/  
disappoint sb by not doing what you agreed to do • *My brother had promised to come and look after the children but he let me down.*  
❖ zawieść (kogoś)
- 11.75** **head back** (phr v) /hed bæk/  
go back (usually, to the place where you live or are staying) • *After spending the day on the beach, we slowly headed back to the hotel.*  
❖ wrócić
- 11.76** **take a trip** (expr) /teɪk ə trɪp/  
go on a trip • *We took a trip to the north of Spain to relax a little.* ❖ wybrać się na wycieczkę

## Writing Pages 134–135

- 11.82** **prompt** (n) /prɒmpt/  
words that tell you what you should write or talk about • *You can start talking when she gives you the prompt.* ❖ wskazówka
- 11.83** **suspense** (n) /sə'spens/  
a feeling of worry or excitement that you get when you are expecting sth to happen • *Don't tell me what happens at the end of the story. You'll spoil the suspense!* ❖ niepewność
- 11.84** **urgency** (n) /'ɜ:dʒənsi/  
the feeling that sth is very important and must be done immediately • *All the people running around increased the sense of urgency that we had right from the start.* ❖ poczucie pilności
- 11.85** **roll** (v) /rɒl/  
move easily without sudden movements • *I sat and watched the waves rolling in to the shore.*  
❖ toczyć się
- 11.86** **shake** (v) /ʃeɪk/  
move quickly with short, uncontrollable movements usually because you are afraid or nervous • *Ahmed was shaking like a leaf before the surgery.* ❖ potrząsnąć
- 11.87** **sore** (adj) /sɔ:(r)/  
painful and uncomfortable • *My back is sore after all this exercise.* ❖ obolały

- 11.88 relieved** (adj) /rɪ'li:vɪd/  
happy because sth unpleasant did not happen or ended • *She was relieved to hear that her son had arrived safely at his destination.*  
> relieve (v), relief (n) ❖ czuć ulgę
- 11.89 foolish** (adj) /'fu:lɪʃ/  
stupid and embarrassed • *He's afraid he would look foolish if he wore those clothes.*  
> fool (v, n) ❖ głupi
- 11.90 over the moon** (expr) /əʊvə ðə mu:n/  
very happy and excited • *The boys were over the moon when they won the game.*  
❖ bardzo szczęśliwy
- 11.91 on top of the world** (expr) /ɒn tɒp əv ðə wɜ:lɪd/  
very happy and/or proud • *When he won the championship, he felt on top of the world.*  
❖ nieposiadający się ze szczęścia
- 11.92 disbelief** (n) /,dɪsbɪ'li:f/  
refusal to believe sth • *She shook her head in disbelief as he told his story.* ❖ niedowierzenie
- 11.93 speechless** (adj) /'spi:tʃləs/  
unable to speak because you are angry or shocked • *His rude comments left everyone speechless.* ❖ oniemiały
- 11.94 panic-stricken** (adj) /'pænɪk,stri:kən/  
extremely worried and frightened so that you can't think clearly • *Panic-stricken passengers rushed to the exits.* ❖ w panice
- 11.95 beat** (v) /bi:t/  
make a regular sound or movement • *The drums were beating loudly.* ❖ bębnić
- 11.96 furiously** (adv) /'fjʊəriəsli/  
with a lot of energy • *Her mind worked furiously as she tried to find a solution.* ❖ wściekle
- 11.97 my heart sinks** (expr) /maɪ hɑ:t sɪŋks/  
suddenly feel very sad about sth • *Tom's heart sank when he found out he had failed the test.*  
❖ serce mi zamarło

- 11.98 my hair stands on end** (expr) /maɪ heə stændz ɒn end/  
feel very frightened or shocked • *The first scene of the horror film made my hair stand on end.* ❖ włosy jeżą mi się na głowie

### Idioms related to feelings

It made my hair stand on end!

My heart sank!

I feel on top of the world!

I'm over the moon!

I jumped for joy.

## Live well, study well

### Page 136

- 11.99 resolve** (v) /rɪ'zɒlv/  
find a solution to a problem or difficulty  
• *The differences between the two countries are not easy to resolve.* > resolution (n)  
❖ rozwiązać
- 11.100 assertiveness** (n) /ə'sɜ:tɪvənəs/  
confidence and ability to say what you want or need without being afraid • *Too much assertiveness can sometimes be seen as arrogance.* > assert (v), assertive (adj)  
❖ asertywność
- 11.101 self-centred** (adj) /,self'sentəd/  
interested only in yourself • *He's so self-centred, he doesn't care what anyone else says or does.* ❖ egocentryczny
- 11.102 sort (sth) out** (phr v) /sɔ:t ('sʌmθɪŋ) aʊt/  
deal with a problem in a satisfactory way  
• *This is a problem we need to sort out together.* ❖ rozwiązać (coś)