A feast for the senses

Glossary

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- 1.1 feast (n) /fiːst/
 sth that is very enjoyable to see, hear, taste,
 experience, etc. The dessert we had was a
 feast for the senses! ❖ ziyafet
- 1.2 sense (n) /sens/ one of the five natural powers of sight, hearing, taste, smell and touch ● Animals generally have a better sense of smell than humans. >> sense (v), sensitive, sensory (adj)
 ❖ duyu
- pastry (n) /'peɪstri/
 a type of sweet made with pastry which looks like a cake, usually with fruit or nuts inside
 I've stopped having pastries in the afternoon.
 They're quite fattening. ❖ pasta

Reading Pages 6-7

- 1.5 researcher (n) /rr's3xt∫ə(r)/
 a person, e.g. scientist, who does research
 The researcher is doing experiments to find out how different sounds affect people.
 ➤ research (n, v) ❖ araştırmacı
- 1.6 study (n) /'st∧di/
 a particular piece of research We carried
 out a study into how people react to different
 colours. ➤ study (v) ❖ araştırma, çalışma
- 1.7 reveal (v) /rr'viːl/
 make people aware of sth The journalist revealed the celebrity's family history.
 ➤ revelation (n) ❖ ortaya çıkarmak
- 1.8 value (v) /vælju:/
 think that sb/sth is important *I value your*opinion on music, which is why I'm asking you
 to listen to my song. ➤ value (n), valuable (adj)
 ❖ değer
- 1.9 heritage (n) /'herrtrdy/
 a country's history and traditions regarded as part of its character The Eiffel Tower is a symbol of France's national heritage.
 ❖ miras

- 1.10 similarly (adv) /'sɪmələli/ in almost the same way ● Babies need to eat healthy food. Similarly, it's important they sleep many hours. ➤ similar (adj), similarity (n) ♦ benzer sekilde
- patterned (adj) /'pætənd/
 with a design of repeated colours and shapes
 He wore a red and black patterned T-shirt.
 pattern (n) ❖ desenli
- 1.12 pottery (n) /'potəri/ plates, dishes, etc. made from clay and then baked ● The shop had beautiful pottery on sale, but my favourite piece was a blue vase. ❖ çömlek
- 1.13 findings (n pl) /ˈfaɪndɪŋs/
 results The findings of the survey show that
 most children do not like heavily spiced foods.

 > find (v, n) ❖ bulgular
- 1.14 prove (v) /pruːv/
 show to be true The research may prove that
 there is some form of life on nearby planets.
 >> proof (n) ❖ kanıtlamak
- 1.15 significant (adj) /sɪgˈnɪfɪkənt/
 important Scientists have made significant
 progress in understanding the human body.

 ➤ significance (n), significantly (adv)

 ❖ önemli ⑤ Opp: insignificant
- 1.16 range (n) /reɪnʤ/
 a group of different things of the same type
 There is a wide range of dishes on the menu
 to suit all tastes. ❖ dizi
- 1.17 practice (n) /'præktɪs/
 a usual way of doing sth in a particular job
 or situation; a custom or habit Advances
 in technology have dramatically changed
 teaching practices. ➤ practise (v)
 ◆ uygulama
- develop (v) /dr'veləp/
 become bigger, more advanced, etc.
 As children grow, they learn to develop the skills required in adulthood. ➤ development (n), developed (adj) ❖ geliştirmek
- 1.19 utilise (v) /'juːtəlaɪz/ make use of sth ● Photographers can utilise computer programs to alter colours and shapes in images. ➤ utilisation (n) ❖ kullanmak

- 1.20 sensory (adj) /'sensəri/
 connected with the body's senses The
 human mind reacts to sensory information,
 including sight, smell, sound, touch and taste.
 ➤ sense (n, v), sensitive, sensible (adj)
 ❖ duyusal
- 1.21 workings (n pl) /ˈwɜːkɪŋz/
 the way sth works lt's difficult to fully
 understand the workings of the human brain.

 ➤ work (n, v), worker (n) ❖ işleyiş
- 1.22 organ (n) /'ɔːgən/
 a part of the body that serves a particular function The heart and the brain are the most important of all human organs.
 ❖ organ
- 1.23 lead (to) (v) /liːd (tuː)/
 cause Too much stress can lead to health
 issues. ❖ yol açmak
- 1.24 struggle (v) /'strʌgl/
 try very hard to do sth difficult The farmers
 struggled to survive through the exceptionally
 cold winter. ➤ struggle (n) ❖ çabalamak
- 1.25 restrict (to) (v) /rɪ'strɪkt (tuɪ)/
 control or limit sb/sth with certain rules
 Entrance to the palace gardens is restricted to weekends only. ➤ restriction (n), restrictive (adj) (ile) sınırlandırmak
- 1.26 conduct (v) /kən'dʌkt/
 organise or do sth The students conducted a
 number of experiments in the science lab.
 ❖ yönetmek
- 1.27 large-scale (adj) /ˌlɑːdʒ ˈskeɪl/ extensive; involving many things over a wide area ● Police are carrying out a large-scale search to find the suspect. ❖ büyük ölçekli
- 1.28 investigate (v) /In'vestIgeIt/ try to find out the truth about sth like a crime or scientific problem • We are investigating how the power of smell helps us choose food that is safe to eat. ➤ investigation, investigator (n) • arastırmak
- 1.29 texture (n) /'tekst∫ə(r)/ the way a surface feels when you touch it, e.g. hard, soft, fluffy; the way food or drink feels in your mouth • The steamed rice had a light fluffy texture. ❖ doku
- 1.30 diverse (adj) /dar'v₃:s/ of many different kinds • Students at this university come from a diverse range of backgrounds. ➤ diversity (n), diversify (v) • çeşitli
- a form of communication through hand movements without speaking, for people who can't hear Anita is deaf, so her family use sign language to talk with her. ❖ işaret dili

- 1.32 the globe (n) /ðə gləʊb/
 the world My ambition is to visit as many
 countries as possible around the globe.

 > global (adj), globally (adv) ❖ dünya
- range from ... to (phr) /reɪŋʤ from ... tuː/
 vary The age of participants in the
 experiment ranged from 20 to 55. ➤ range (n)

 ... ile ... aralığında
- 1.34 tribe (n) /traɪb/
 a group of people of the same race, language
 and customs The cultures of the different
 tribes in the Amazon basin have some
 similarities. ➤ tribal (adj) ❖ kabile
- not dependent on heavy industry any more, e.g. on the making of large machines

 Technology plays an important role in the post-industrial age. ❖ sanayi sonrası
- 1.36 participant (n) /pɑr'tɪsɪpənt/
 sb who takes part The participants in the
 study had to taste various types of food without
 seeing them. ➤ participate (v), participation (n)
 katılımcı
- 1.37 vision (n) /'vɪʒn/
 the power of sight Having perfect vision, he
 can read small print without glasses even at a
 distance. ➤ visual (adj) ❖ görüş
- 1.38 floral (adj) /ˈflɔːrəl/
 decorated with a design of flowers She wore
 a pretty floral top. ❖ çiçekli
- 1.39 ease (n) /i:z/
 the lack of difficulty We cycled with ease
 along the straight road. ➤ easy (adj), easily
 (adv) ❖ kolaylık
- noticeably (adv) /ˈnəʊtɪsəbli/
 in a way that is easily seen or felt The
 weather is noticeably cooler than last week.
 noticeable (adj), notice (v) ❖ belirgin ölçüde
- 0utperform (v) /autpəˈfɔːm/
 do better than sb/sth else Despite its low price, my new laptop outperforms any other computer l've used. ➤ outperformance (n)
 daha iyi yapmak
- 1.42 variation (n) /ˌveəri'eɪʃn/
 a change in level or type In each region,
 there are different variations of traditional
 dishes. ➤ vary (n), variable (adj)
 farklılık
- 1.43 according to (prep) /əˈkɔːdɪŋ tə/ depending on ● The jars were arranged on the shelves according to their size. ❖ göre
- 1.44 Farsi (n) /ˈfɑːsiː/
 the official language of Iran; modern Persian
 Although Shirin grew up in London, she still speaks Farsi with her Iranian relatives.
 ❖ Farsça

- 1.45 Lao (n) /laʊ/
 the official language of Laos and parts of
 Thailand Living and working in north
 Thailand, Kim learnt to speak Lao.
 ❖ Laoca ை Syn: Laotian
- 1.46 reflect (v) /rɪˈflekt/
 show sth or be a sign of sth His tears
 reflected how upset and tired he was.
 > reflection (n) ❖ yansıtmak
- 1.47 demonstrate (v) /'demənstreɪt/
 show proof that sth is true The experiment
 demonstrates the effects of sleep.
 > demonstration (n) ❖ göstermek
- thorough (adj) /'θ∧rə/
 careful and complete; with attention to detail
 The police did a thorough search of the area.
 kapsamlı
- 1.49 function (n) /ˈfʌŋkʃən/ what sth does; the purpose of sth • One function of the human nose is to detect smell. ❖ işlev
- 1.50 solely (adv) /'səʊlli/
 only; exclusively The school library is solely for the use of students and staff. ➤ sole (adj)

 ❖ yalnızca
- 1.51 extend (v) /ɪk'stend/
 make sth bigger or longer She extended
 her study to include more detailed results.
 ➤ extension (n) ❖ genişletmek
- 1.52 awareness (n) /əˈweənəs/
 knowledge and understanding of something
 The group aims to raise people's awareness of cultural differences in the community.
 ➤ aware (adj) ❖ farkındalık
- 1.53 perspective (n) /pə'spektɪv/
 point of view; attitude The results have
 to be viewed from a cultural perspective.

 ❖ perspektif
- 1.54 worthwhile (adj) /wɜːθ'waɪl/
 worth the time, effort or money spent on sth

 If you want to do something worthwhile
 in your free time, why not learn another
 language? ❖ zaman harcamaya değer
- 1.55 industry (n) /'ɪndəstri/
 the people and activities involved in a
 particular business The UK's car industry
 declined as companies chose to manufacture
 vehicles abroad. ❖ sektör
- 1.56 essential (adj) /rˈsenʃl/
 completely necessary Cookery skills
 are essential to becoming a chef.

 > essentially (adv) ❖ ana, temel
- 1.57 assist (v) /əˈsɪst/
 help Would you kindly assist me to
 complete this application form? ➤ assistance,
 assistant (n) ❖ yardım etmek

- 1.58 impression (n) /ɪmˈpreʃn/ what you think sb/sth is like ● Wear smart clothes for your interview to make a good impression. ➤ impress (v), impressive (adj) ❖ izlenim
- 1.59 misunderstand (v) /ˌmɪsʌndəˈstænd/ not understand sth correctly ● I misunderstood his phone message and went to the wrong address. ➤ misunderstanding (n) ❖ yanlış anlamak
- 1.60 participate (v) /pɑː'tɪsɪpeɪt/
 be involved in an activity How many local
 residents participated in the survey?
 >> participation, participant (n) ❖ katılmak
- 1.61 economy (n) /r¹kɒnəmi/
 the system of trading and making goods by
 which a particular country creates its income
 The country's economy has declined
 due to a decrease in tourism. ➤ economic,
 economical (adj), economically (adv),
 economise (v) ❖ ekonomi
- 1.62 express (v) /ɪks'pres/
 show what you think or feel Mario
 can't express himself well in English.
 > expression (n), expressive (adj)
 * ifade etmek
- aware (of) (adj) /əˈwɛː(r) (ɒv)/
 knowing about sth There's a large warning
 sign to make drivers aware of the pedestrian
 crossing ahead. ➤ awareness (n)

 this is the pedestrian crossing ahead. ➤ awareness (n)
- no longer (expr) /nəʊ 'lɒŋgə(r)/
 not possible or true now; not any more
 The company communicates solely through the internet and no longer sends letters by post. ❖ bundan böyle, artık

Vocabulary Page 8

- 1.65 detect (v) /dr'tekt/ find; notice ● The doctor detected a slight improvement in her patient's health. >> detection, detective (n) ❖ algılamak, fark etmek
- interpret (v) /ɪn'tɜːprɪt/
 understand something in a particular way
 The biologist is attempting to interpret the sounds made by dolphins and whales.
 interpretation (n) ❖ yorumlamak
- 1.67 colour blind (adj) /ˈkʌlə blaɪnd/
 not able to see the difference between some or
 all colours Paula is colour blind and can't see
 the difference between red and green.
 ➤ colour-blindness (n) ❖ renk körü

- 1.68 identify (v) /ar'dentrfar/
 find or recognise sb/sth This app can identify
 any plant you want. Take a photo of the plant
 and click on 'info'. ➤ identification (n), identity
 (n), identical (adj) ❖ tanımlamak
- 1.69 conclude (v) /kən'kluːd/ decide that sth is true after considering all the information ● After reading the findings, we concluded that the experiment had been a success. ➤ conclusion (n), conclusive (adj) ♣ sonuçlandırmak
- 1.70 perceive (v) /pə'siːv/
 see and understand People from different
 cultures perceive their surroundings differently.
 ⇒ perception (n), perceptive (adj)
 ❖ algılamak
- 1.71 sense (v) /sens/ feel and understand sth • Dogs sense when someone is approaching long before a human notices anything. ➤ sense (n) ❖ hissetmek
- 1.72 furious (adj) /'fjʊəriəs/
 very angry Ivan was furious when he saw
 the damage to his new car. ➤ fury (n)
 ❖ çok kızgın
- 1.73 overwhelm (v) /əʊvəˈwelm/
 have an overpowering effect on sb We were
 overwhelmed by the generosity of the villagers.

 ➤ overwhelming (adj), overwhelmingly (adv)

 * mahçup etmek
- **1.74** eager (adj) /'iːgə(r)/
 keen, willing She was eager to meet her
 online friend face-to-face. ➤ eagerness (n),
 eagerly (adv) ❖ istekli
- 1.75 ecstatic (adj) /ek'stætrk/
 extremely happy and excited He was
 ecstatic about going to the concert.

 ❖ çok mutlu
- 1.76 emotional (adj) /ɪˈməʊʃənl/
 related to feelings He had a surprisingly
 emotional reaction when he saw the old
 photo and realised it was his grandfather.
 > emotion (n) ❖ duyqusal
- 1.77 jealous (adj) /'dʒeləs/
 angry or upset because sb else has sth you
 want He is a bit jealous of the attention
 that his parents give his baby brother.

 > jealousy (n) ❖ kıskanç
- 1.78 compose (v) /kəmˈpəʊz/
 write a piece of music How old was
 Beethoven when he composed his first
 symphony? ➤ composer, composition (n)
 ♦ bestelemek
- tense (adj) /tens/
 nervous and not able to relax He felt tense
 and couldn't sleep the night before his job
 interview. ➤ tension (n), tensely (adv)
 gergin

- 1.80 reluctant (adj) /rrl\nktənt/
 unwilling; not keen to do sth He feels silly
 and is reluctant to ask anyone for help.
 > reluctance (n), reluctantly (adv)
 ♦ isteksiz
- 1.81 chatty (adj) /'tʃæti/
 talkative; having a friendly, informal style
 She wrote me a long, chatty email with her news. > chat (n, v) ❖ konuşkan
- moody (adj) /'muːdi/ becoming sad or angry quickly for no obvious reason • Why are you so moody today? Did something go wrong at school? ➤ moodiness (n), moodily (adv) • karamsar
- 1.83 optimistic (adj) /optɪˈmɪstɪk/
 believing good things will happen She
 studied hard, so she's optimistic about her
 exam results. ➤ optimism (n) ❖ optimist

 ⑤ Opp: pessimistic
- 1.84 outgoing (adj) /ˈaʊtgəʊɪŋ/
 sb friendly who likes talking to new people

 He has an outgoing personality and is never
 shy. ❖ dıṣa dönük
- 1.85 pessimistic (adj) /pesrˈmɪstɪk/
 believing bad things will happen He is
 pessimistic about the future of the planet and
 says people will destroy it. ➤ pessimism (n)
 pesimist ⑤ Opp: optimistic
- 1.86 self-confident (adj) /self 'konfɪdənt/ sure of yourself She is a self-confident person and enjoys giving presentations in class. ➤ self-confidence (n) ❖ kendine güvenen
- 1.87 sensitive (adj) /'sensitiv/
 easily affected or upset; understanding sb's
 feelings, needs or problems Jack's still very
 sensitive about his break-up with Kim so
 don't mention her. ➤ sensitivity (n)

 hassas Dop: insensitive
- 1.88 unconventional (adj) /ʌnkənˈvenʃənl/
 different from normal; not typical

 Her unconventional lifestyle involves living in different countries for a few months.

 > unconventionally (adv) ❖ alışılmadık

 © Opp: conventional
- pick up on (phr v) /pɪk 'ʌp ɒn/
 notice and sometimes respond to sth
 When Sue wasn't as chatty as usual,
 I picked up on the fact that something was
 wrong. ❖ anlamak
- 1.90 emotion (n) /r¹məʊʃən/
 a strong feeling like love, anger or sadness
 Everyone can see I'm upset. I can't hide my emotions when I'm stressed. ➤ emotional (adj)
 duygu

Verbs

assist outperform compose overwhelm conclude participate conduct perceive demonstrate practise detect prove

develop range (from ... to)

express reflect
extend restrict
identify reveal
interpret sense
investigate struggle
lead (to) utilise
misunderstand value

Grammar Page 9

- **1.91** webinar (n) /'webinar(r)/ an online group meeting or presentation
 - Please sign in to the class webinar at 9.30.
 - ❖ internet üzerinden yapılan seminer
- 1.92 nest (n) /nest/ a structure that a bird or insect makes for its eggs • There were four tiny parrot's eggs in the nest. ➤ nest (v) ❖ yuva
- 1.93 journal (n) /'dʒɜːnl/
 a magazine related to a particular profession
 The results of the research were published in the science journal. ➤ journalist, journalism (n) ❖ dergi
- a bit (expr) /ə bɪt/
 a short time I'm quite hungry, so I'll stop work
 for lunch in a bit. ❖ biraz
- 1.95 exhausted (adj) /ɪgˈzɔːstɪd/
 very tired The teacher was exhausted after
 a whole day of online lessons. > exhaust (v),
 exhaustion (n) ❖ çok yorgun

Listening Page 10

- 1.96 concerned (adj) /kən'sɜːnd/
 worried Sam looked concerned when he
 heard the bad news. ➤ concern (v, n)
 ❖ kaygılı ⑤ Opp: unconcerned
- 1.97 irritated (adj) /'IrriteItId/ annoyed ● The teacher looked irritated when the students arrived late. ➤ irritate (v), irritation (n), irritating (adj) ❖ sinirli
- 1.98 convinced (adj) /kən'vɪnst/ completely sure that sth is true ● / was convinced that she was right. ➤ convince (v) ❖ ikna olmuş ⑤ Opp: unconvinced

- 1.99 astonished (adj) /əˈstɒnɪʃt/
 very surprised Everyone looked astonished
 when I told them I was moving to Argentina.

 > astonishing (adj), astonish (v),
 astonishment (n) ❖ şaşkın
- 1.100 delighted (adj) /dr'lartrd/ very pleased or happy ● Aunt Tracy seemed delighted to see me. > delight (n), delightful (adj) ❖ memnun
- 1.101 appreciative (adj) /ə'priːʃetɪv/
 showing you are grateful Irene was
 appreciative of her family's support during
 her university course. ➤ appreciation (n),
 appreciate (v) ❖ deŏerini bilen
- 1.102 downside (n) /'daunsaɪd/

 a disadvantage The downside of studying abroad was that she missed her family.
 ❖ dezavantaj
- 1.103 reaction (n) /ri'æk∫n/
 how you feel or what you do because of sth
 that has happened My parents' reaction to
 my decision to leave home was quite positive.

 > react (v) ❖ reaksiyon
- 1.104 concentrate (on) (v) /ˈkɒnsəntreɪt (ɒn)/
 focus on sth Listening to music helps me
 concentrate on my work. ➤ concentration (n)

 ❖ odaklanmak
- 1.105 take part (in) (expr) /teɪk pɑːt (ɪn)/
 be involved in Diana took part in a talent
 show and she won first prize. ❖ katılmak, yer
 almak
- 1.106 adapt (v) /əˈdæpt/
 change the way you do things because you
 are in a new situation Julio is quite selfconfident and found it easy to adapt to his new
 school. ❖ uyarlamak
- 1.107 adopt (v) /ə'dopt/
 copy; start to use The new assistant adopted
 the bad habit of arriving late for work.
 ➤ adoption (n) ❖ benimsemek
- 1.108 on the whole (expr) /on ðə həʊl/
 in general He took some time to adapt to his
 new job, but on the whole, he's enjoying it.
 ❖ genel olarak

Adjectives: feelings and personality

appreciative iealous astonished moody optimistic chattv outgoing concerned convinced pessimistic delighted reluctant self-confident eager ecstatic sensitive emotional tense

furious unconventional

irritated

Speaking Page 11

- 1.109 leisure (n) /'leʒə(r)/
 time when you are not working I don't have
 much leisure time now because I'm studying
 for my exams. ➤ leisurely (adj, adv)
 ❖ boş zaman
- 1.110 take up (phr v) /teɪk ʌp/
 start a sport or hobby Miguel bought a
 new video camera to take up vlogging.
 ❖ yapmaya başlamak
- 1.111 be into (expr) /biː 'ɪntə/ like or enjoy (sth) ● I'm not into sports, but I enjoy long walks in the park. ❖ ilgilenmek
- 1.112 passionate (adj) /ˈpæʃənət/
 liking sth very much; caring strongly about sth
 He's a passionate supporter of human rights.
 ➤ passion (n), passionately (adv)
 tutkulu
- 1.113 depend on sb/sth (v) /dr'pend on 'sʌmbədi 'sʌmθτη/
 be unsure because other things have to be considered Moving house depends on where he finds a job. ❖ birine/bir şeye bağlı olmak
- 1.114 keep up with (phr v) /ki:p ∧p wið/ stay informed about sb/sth • I've got so many Instagram contacts that I can't keep up with all of them. ❖ ayak uydurmak
- 1.115 lose touch (with) (expr) /lu:z tʌtʃ (wɪð)/
 not stay in contact (with) He lost touch with
 his old friends after college. ❖ birisiyle olan
 bağlantısını kaybetmek ⑤ Opp: keep / stay in
 touch (with)
- 1.116 catch up (phr v) /kætʃ ∧p/
 find out about each other's news Let's catch
 up soon and I'll tell you all about my new job.

 ❖ arayı kapatmak

Grammar Page 12

- 1.117 currently (adv) /ˈkʌrəntli/
 right now They are currently giving talks in
 Japan. ➤ current (adj) ❖ şu anda
- 1.118 hummus (n) /ˈhʊməs/ a soft mixture of boiled chickpeas, sesame paste, lemon juice and garlic ● We had some hummus as a dip with carrots. ❖ humus
- 1.119 rehearsal (n) /rr'h3:sl/
 a time when you practise a play, piece of
 music, etc. before performing in front of other
 people The band did a final rehearsal on
 Friday. ➤ rehearse (v) ❖ prova
- 1.120 issue (n) /¹ɪʃuː/ a magazine or newspaper printed for a particular day, week or month • Have you read my article in this month's issue of the school magazine? ➤ issue (v) ❖ sayı

Use your English Page 13

- 1.121 satisfaction (n) /sætɪsˈfækʃn/
 a feeling of happiness It gave Mark great
 satisfaction to taste his first homemade pizza.
 > satisfy (v), satisfactory (adj) ❖ memnuniyet

 Opp: dissatisfaction
- doubt (n) /daʊt/
 a feeling of not knowing for sure if sth is true
 or right I have some doubts about whether to
 trust Tom. He's not very reliable. ➤ doubt (v),
 doubtful (adj) ❖ şüphe
- dependent (on) (adj) /dr'pendent (pn)/
 affected or decided by (sth else) Our
 weekend camping plans are dependent on the
 weather. ➤ depend (v), dependence (n)
 bağlı olmak
- 1.124 doubtful (about) (adj) /'daʊtfl (əˈbaʊt)/
 uncertain He was doubtful about his chances
 of winning the competition. ➤ doubt (n, v),
 doubtfully (adv) ❖ şüpheli
- 1.125 dissatisfied (with) (adj) /dɪs'sætɪsfaɪd (wɪð)/ not pleased (with sb/sth) She wrote to complain because she was so dissatisfied with the service at the hotel. ➤ dissatisfaction (n) ❖ memnuniyetsiz ⑤ Opp: satisfied
- tasteless (adj) /'terstləs/
 with no taste The sauce is a bit tasteless,
 so l'll add some spice. > taste (v, n)
 tatsız ⑤ Opp: tasty
- 1.127 responsible (for) (adj) /rɪˈspɒnsəbl (fɔː)/
 causing ◆ The bus driver was responsible for
 the accident as he didn't stop at the red light.

 > responsibility (n) ❖ sorumlu, neden olan

 © Opp: irresponsible
- 1.128 careless (about) (adj) /ˈkeələs (əˈbaʊt)/
 not paying enough attention to what you're
 doing Tim's careless about his diet. I really
 think he ought to start eating more healthily.

 ❖ dikkatsiz ◎ Opp: careful
- 1.129 criticism (n) /ˈkrɪtɪsɪzm/
 disapproval, judgement The film about the president's life received a lot of criticism.

 > criticise (v), critic (n), critical (adj)
 ♦ elestiri
- 1.130 be over the moon (expr) /biː 'əʊvə ðə muːn/ be very happy She was over the moon when she heard that her team won. ❖ etekleri zil calmak
- be in two minds (expr) /biː in tuː maɪndz/
 be undecided I'm in two minds about
 whether to have a party at home as I don't
 fancy cleaning up afterwards. ❖ muallakta
 kalmak
- 1.132 be sick of (expr) /bix 'sɪk əv/
 be fed up with I'm sick of hearing bad news.
 Let's get out and have fun! ❖ bɪkmak

- 1.133 be on the ball (expr) /bi: on ðə bɔ:l/ be quick to understand and ready to react
 You need to be on the ball and focus on the questions during your interview.
 ❖ çabuk anlamak/kavramak
- 1.134 be a pain in the neck (expr) /bix ə pein in ðə nek/
 be annoying Having to get up so early is a pain in the neck. ❖ baş belası olmak
- 1.135 be down-to-earth (expr) /bix daʊn tux ɜxθ/
 be practical and sensible For sensible
 advice, I rely on Ken, who is very down-toearth. ❖ ayakları yere basmak
- 1.136 sourness (n) /'saʊənəs/
 a taste of sth sour, that's not sweet; the taste
 of food that has gone bad He enjoys the
 sourness of homemade lemonade. ➤ sour
 (adj, v) ❖ ekşilik
- 1.137 intensely (adv) /In'tensli/ strongly; to a great extent ● Though I enjoyed the book, I disliked the film intensely. > intense (adj), intensity (n) ❖ yoğun bir şekilde
- 1.138 affect (v) /əˈfekt/
 make a change to sb/sth Strong coffee
 affects the senses and it may prevent sleep at
 night. ❖ etkilemek
- 1.139 dye (v) /daɪ/
 use a substance to change the colour of sth
 I told you not to dye your hair! Your natural colour looks much nicer. ➤ dye (n)
 boyamak
- 1.141 bitter (adj) /'bɪtə(r)/
 having a sharp strong taste This fruit is too
 bitter to eat. ➤ bitterness (n) ❖ acı (tat)
- 1.142 salty (adj) /'sɔːlti/
 containing a lot of salt Too many salty
 snacks, like potato crisps, are bad for your
 health. ➤ salt (n, v) ❖ tuzlu
- 1.143 nevertheless (adv) /ˌnevəðəˈles/
 however; but I had prepared my research
 well. Nevertheless, the results were
 disappointing. ❖ ancak

Expressions

be keen on

be a pain in the neck be down-to-earth be in two minds be into be mad about be on the ball be over the moon be sick of

Writing Pages 14-15

- 1.144 recipient (n) /rɪˈsɪpɪənt/ a person who receives sth • Write the name of the recipient at the top of the letter. ➤ receive (v) ❖ alıcı
- 1.145 colloquial (adj) /kəˈləʊkwiəl/
 particular way of speaking common to a
 group of people or an area Visitors to rural
 France often have problems understanding
 the colloquial language, which differs from that
 spoken in Paris. ➤ colloquialism (n)
 \$\displays \text{günlük konuşma dilinde}\$
- 1.146 development (n) /dr'veləpmənt/
 improvement In recent years, there have
 been significant developments in medical
 science. ➤ develop (v) ❖ gelişme
- 1.147 choir (n) /kwaɪə(r)/
 a group of people who sing together
 The school choir sang at the local concert.
 ♦ koro
- 1.148 pop in (phr v) /ppp ɪn/
 make a short visit Could you pop in at the
 bakery and get some bread on the way home?

 ❖ uğramak
- 1.149 be keen on (expr) /bix kixn pn/
 like or be interested in He is very keen on
 physics and would like to become an engineer.

 ❖ ilgilenmek
- 1.150 look into (phr v) /lʊk 'ɪntə/ study or try to find out sth ● Don't worry, I'll look into the problem. ❖ araştırmak
- be bound to (expr) /bi: baond tə/
 be very likely to I'll make a pizza for my
 friends. They're bound to enjoy it.

 → muhtemel
- 1.152 give it a go (expr) /gɪv ɪt ə gəʊ/
 try doing sth I'm not sure if I can learn to play
 the piano, but I'll give it a go. ❖ denemek

Live well, study well

Page 16

- 1.153 react (v) /rr¹ækt/
 behave in a certain way towards sb/sth
 Police dogs are trained to react to certain smells and sounds. ➤ reaction (n), reactionary (adj) ❖ tepki vermek
- 1.154 deal with (phr v) /dixl wið/
 recognise sth like a difficult situation and
 remain in control of yourself in spite of it
 She couldn't deal with losing her job and
 felt depressed for a long time. ❖ üstesinden
 gelmek
- 1.155 calm down (phr v) /kɑːm daʊn/ stop being angry or excited ● Stop worrying and try to calm down. ❖ sakinleşmek
- 1.156 cheer (sb) up (phr v) /tʃɪə(r) ('sʌmbədi) ʌp/ make sb feel happier *The good news cheered him up.* ❖ (birini) neşelendirmek
- 1.157 balanced meal (expr) /'bælənst 'miːl/
 a meal that is healthy because it contains the
 right foods in the right amounts You need
 to eat balanced meals containing enough
 vitamins and protein. ❖ dengeli yemek
- 1.158 give up (phr v) /gɪv ∧p/
 stop doing or having sth The climb was
 difficult, but they didn't give up and reached
 the top in the end. ❖ vazgeçmek
- 1.159 practise (v) /'præktɪs/
 do an activity She's been practising yoga for
 ten years. ❖ pratik yapmak

- 1.160 meditation (n) /medr'ter∫ən/ emptying your mind of thoughts and feelings in order to relax completely • Dorothy does meditation every night to clear her mind before going to sleep. ➤ meditate (v) ❖ meditasyon
- mindfulness (n) /'maɪndflnəs/
 the state of full concentration on what you are
 thinking about and feeling at the present time
 Achieving mindfulness is used as a way to
 relax. ➤ mindful (adj) ❖ farkındalık
- 1.162 moderate (adj) /ˈmɒdərət/
 average; not extreme I only add a moderate
 amount of salt to food during cooking.
 ➤ moderation (n), moderately (adv), moderate
 (v) ❖ orta
- pack up (phr v) /pæk ∧p/
 put your things into bags, boxes, etc. to
 prepare for leaving a place At the end of the
 course, he packed up and went back to his
 hometown. ❖ bavula koymak

Expressions and phrasal verbs

calm down
catch up
cheer (sb) up
deal with
depend on (sb/sth)
give it a go
give up

keep up with
look into
lose touch (with)
pack up
pick up on
pop in
take part in