

## Reading for Today 5: Topics, 5<sup>th</sup> Edition

### Glossary

#### Chapter 1

<b>acknowledge</b>	(v.) to recognize
<b>alarming</b>	(adj.) disturbing
<b>associated with</b>	(phrase) linked with
<b>body of research</b>	(phrase) number of studies on the same subject
<b>cause</b>	(v.) make happen
<b>caveat</b>	(n.) a caution
<b>claim</b>	(v.) state
<b>coddled</b>	(adj.) spoiled
<b>conclusion</b>	(n.) deduction
<b>contrast</b>	(v.) differ
<b>conventional wisdom</b>	(n.) a generally accepted belief
<b>correlation</b>	(n.) interconnection
<b>counterpart</b>	(n.) a person that is like another
<b>denunciations</b>	(n.) criticisms
<b>diminish</b>	(v.) lower
<b>disparaging</b>	(adj.) very negative
<b>empirical findings</b>	(n.) results based on experiment
<b>engagement</b>	(n.) commitment
<b>evidence</b>	(n.) data; facts
<b>high strung</b>	(adj.) nervous
<b>hover</b>	(v.) watch over closely
<b>impressive</b>	(adj.) remarkable
<b>incidents</b>	(n.) events
<b>indignation</b>	(n.) displeasure
<b>indulgence</b>	(n.) allow someone to do whatever he wants
<b>intervening</b>	(v.) interfering
<b>involved</b>	(adj.) engaged with
<b>judgement</b>	(n.) opinion, evaluation
<b>latter</b>	(n.) the second in a series of two
<b>nuisance</b>	(n.) annoying

<b>peers</b>	(n.) equals
<b>perceive</b>	(v.) to view
<b>pervasive</b>	(adj.) extensive
<b>plausible</b>	(adj.) reasonable
<b>prove</b>	(v.) confirm as correct
<b>report</b>	(v.) give an account of
<b>scorn</b>	(v.) ridicule
<b>support</b>	(v.) back up with information
<b>torment</b>	(v.) bother
<b>track down</b>	(v.) locate
<b>trivial</b>	(adj.) unimportant
<b>young-adult</b>	(adj.) children between 13 and 19 years old

## Chapter 2

<b>acquaint</b>	(v.) familiarize
<b>advocate</b>	(v.) support
<b>amazed</b>	(v.) astonished
<b>anecdotally</b>	(adj.) based on reports from others
<b>asset</b>	(n.) a benefit
<b>baby boomers</b>	(n.) people born during the baby boom in the U.S. between 1946 and 1965.
<b>capped</b>	(v.) to be filled
<b>cognitive</b>	(adj.) intellectual
<b>credit</b>	(v.) attribute
<b>cultivate</b>	(v.) support
<b>demographic</b>	(n.) specific group of people in a population
<b>developing community</b>	(v.) establishing friendly relationships among people
<b>development</b>	(n.) advancement
<b>engaging</b>	(adj.) agreeable
<b>eyes light up</b>	(phrase) become very happy
<b>impact</b>	(n.) influence
<b>improvement</b>	(n.) an enhancement
<b>instilled</b>	(v.) inspired
<b>intergenerational</b>	(adj.) including people of all ages
<b>involvement</b>	(n.) participating in

<b>it's not rocket science</b>	(phrase) something is easy to understand or do
<b>meaningful</b>	(adj.) significant
<b>mission</b>	(n.) goal
<b>normalcy</b>	(n.) routine
<b>out of sight, out of mind</b>	(phrase) people don't think about something unless they actually see it
<b>project</b>	(n.) a task or assignment
<b>raucous</b>	(adj.) loud; wild
<b>residents</b>	(n.) people who live somewhere
<b>retire</b>	(v.) to give up work
<b>revitalize</b>	(v.) to give new energy to someone
<b>satisfied</b>	(v.) to make happy
<b>social networks</b>	(n.) social web sites such as Instagram and Facebook
<b>stress</b>	(v.) emphasize
<b>strive</b>	(v.) attempt
<b>surroundings</b>	(n.) everything around a place or area
<b>trek</b>	(n.) a long journey
<b>trend</b>	(n.) movement or direction

### Chapter 3

<b>addictive</b>	(adj.) causing a dependence
<b>apprehension</b>	(n.) anxiety
<b>astonishing</b>	(adj.) surprising
<b>device</b>	(n.) an instrument or appliance
<b>ebook</b>	(n.) a book in digital form
<b>effective</b>	(adj.) having the result that one wants
<b>embrace</b>	(v.) adopt
<b>engaging</b>	(adj.) appealing
<b>enhance</b>	(v.) improve
<b>function</b>	(n.) purpose
<b>gimmick</b>	(n.) a trick or device used to sell something
<b>goal</b>	(n.) aim
<b>handheld device</b>	(n.) a computing device small enough to hold in the hand
<b>harness</b>	(v.) utilize

<b>inappropriate</b>	(adj.) not suitable for the situation
<b>inventive</b>	(adj.) able to make things or solve problems in a smart, clever way
<b>launches</b>	(v.) startups
<b>meltdown</b>	(n.) an emotional upset
<b>mere</b>	(adj.) only
<b>mixed feelings</b>	(phrase) having two opposite feelings at the same time
<b>nervous</b>	(adj.) anxious
<b>outcome</b>	(n.) results
<b>pacifying</b>	(adj.) calming
<b>potential</b>	(adj.) capacity
<b>predecessor</b>	(n.) something that came before something else
<b>principal</b>	(adj.) primary
<b>promote</b>	(v.) encourage
<b>reservations</b>	(n.) doubts
<b>second nature</b>	(adj.) born knowing how to do or use something
<b>stretch</b>	(v.) expand
<b>struck</b>	(adj.) impressed
<b>tablet</b>	(n.) a small general-purpose computer contained in a touchscreen panel
<b>vivid</b>	(adj.) realistic

#### Chapter 4

<b>cause</b>	(n.) the source, origin
<b>child-centered</b>	(adj.) focused on a child
<b>contemporaries</b>	(n.) peers
<b>disaffected</b>	(adj.) dissatisfied and separate
<b>disengagement</b>	(n.) withdrawal
<b>documentary</b>	(n.) a film based on facts
<b>drive</b>	(v.) to push to do something
<b>enrich</b>	(adj.) enhanced
<b>environmental</b>	(n.) surrounding things or conditions
<b>exceptionality</b>	(adj.) uniqueness
<b>expertise</b>	(n.) skill
<b>flower</b>	(v.) grow
<b>frustrated</b>	(adj.) irritated

<b>genius</b>	(n.) great intelligence or ability
<b>inborn</b>	(adj.) genetic
<b>intellect</b>	(n.) the ability to think logically or remember knowledge
<b>natural</b>	(adj.) born with a particular ability
<b>not long after</b>	(phrase) a short time later
<b>obsession</b>	(n.) an idea or habit that controls the mind
<b>optimistic</b>	(adj.) the belief that the future will be good
<b>parent</b>	(n.) the mother or father of someone
<b>prestigious</b>	(adj.) highly respected
<b>sentiment</b>	(n.) feeling
<b>slighted</b>	(adj.) ignored
<b>stimulation</b>	(n.) encouragement
<b>trademark</b>	(n.) a unique characteristic

## Chapter 5

<b>abide by</b>	(v.) go along with
<b>accept</b>	(v.) to approve of, support
<b>access</b>	(n.) permission to see
<b>anguish</b>	(n.) grief
<b>arrears</b>	(n.) debts
<b>boisterous</b>	(adj.) noisy
<b>born prematurely</b>	(phrase) born before the due date
<b>clan</b>	(n.) a group of related people
<b>considered</b>	(v.) regarded
<b>cured</b>	(v.) healed
<b>deformity</b>	(n.) malformation
<b>delighted</b>	(adj.) thrilled
<b>denied</b>	(v.) said it was impossible
<b>devastated</b>	(v.) become distressed
<b>doubts</b>	(n.) misgivings, reservations
<b>emerged</b>	(v.) became known
<b>extrovert</b>	(n.) someone who is sociable
<b>in doubt</b>	(phrase) unclear
<b>incubator</b>	(n.) a type of medical equipment used to provide special care for sick or premature babies

<b>maintenance</b>	(n.) money paid to support a child
<b>miraculously</b>	(adv.) amazingly
<b>nurturing</b>	(v.) caring for
<b>occurrence</b>	(n.) an event, incident
<b>reclaim</b>	(v.) recover
<b>ritual</b>	(n.) ceremony
<b>spitting image</b>	(phrase) looking exactly the same
<b>startling</b>	(adj.) astonishing
<b>swapped</b>	(v.) switched
<b>the truth dawned</b>	(phrase) to realize the true story
<b>transferred</b>	(v.) relocated
<b>true</b>	(adj.) biological
<b>warning bells sounded</b>	(phrase) someone realized something was wrong
<b>while</b>	(conj.) although

## Chapter 6

<b>a ripe old age</b>	(phrase) living a long time
<b>advanced</b>	(adj.) proposed
<b>area</b>	(n.) environment
<b>autonomy</b>	(n.) independence
<b>coronary</b>	(adj.) related to the heart
<b>demands</b>	(n.) claims others make on you
<b>destruction</b>	(n.) devastation
<b>determine</b>	(v.) influence
<b>enhance</b>	(v.) improve
<b>extension</b>	(n.) an increase
<b>factor</b>	(n.) element
<b>fallacy</b>	(n.) untruth
<b>fixed</b>	(adj.) unchangeable
<b>generate</b>	(v.) produce
<b>having a say</b>	(phrase) having an opinion
<b>hostility</b>	(n.) anger
<b>hypothesis</b>	(n.) theory

<b>ingredients</b>	(n.) components
<b>instituted</b>	(v.) established
<b>integrate</b>	(v.) to put different groups together
<b>key</b>	(adj.) significant
<b>landmark</b>	(adj.) important
<b>life expectancy</b>	(n.) how long something is expected to live
<b>link</b>	(n.) connection
<b>moderately</b>	(adj.) reasonably
<b>mortality rate</b>	(n.) death rate
<b>profound</b>	(adj.) deep
<b>reduce</b>	(v.) to make smaller in size
<b>reversed</b>	(v.) changed back
<b>separate</b>	(v.) to move something apart or away
<b>sound</b>	(adj.) strong
<b>ties</b>	(n.) relationships

## Chapter 7

<b>alarmed</b>	(adj.) unnerved
<b>callous</b>	(adj.) unfeeling
<b>challenge</b>	(n.) a difficult task
<b>compassion</b>	(n.) sympathy
<b>controversial</b>	(adj.) something people argue about
<b>convinced</b>	(v.) persuaded
<b>diagnosed</b>	(v.) recognized through examination
<b>essential</b>	(adj.) necessary
<b>ethics</b>	(n.) issues of right and wrong
<b>excerpt</b>	(n.) a part of a longer reading
<b>fatal</b>	(adj.) deadly
<b>focus</b>	(n.) an object of attention
<b>fractured</b>	(adj.) broken
<b>generation</b>	(n.) a group of people approximately the same age
<b>in any event</b>	(phrase) anyway
<b>intoxicating</b>	(adj.) thrilling
<b>inured</b>	(v.) accustomed

<b>legalize</b>	(v.) to make lawful
<b>lethal</b>	(adj.) deadly
<b>maintained</b>	(v.) sustain
<b>misuse</b>	(n.) use in a wrong way
<b>morphine</b>	(n.) a powerful drug used to relieve severe pain
<b>prominent</b>	(adj.) well-known and respected
<b>reassured</b>	(n.) comforted
<b>remark</b>	(v.) to make a comment about something
<b>request</b>	(v.) to ask for something
<b>retrospect</b>	(n.) looking back at a past situation
<b>rounds</b>	(n.) doctors' regular hospital visits to their patients
<b>seminar</b>	(n.) a university course
<b>stoicism</b>	(n.) an attitude of not complaining even though one is in a bad situation
<b>sustained</b>	(v.) suffered

## Chapter 8

<b>administer</b>	(v.) supervise
<b>ban</b>	(v.) forbid, prohibit
<b>benefit</b>	(v.) to profit from
<b>black market</b>	(n.) an illegal business
<b>clandestine</b>	(adj.) secret
<b>compensation</b>	(n.) payment
<b>desperate straits</b>	(n.) a very difficult situation
<b>desperation</b>	(n.) a very strong need
<b>donors</b>	(n.) people whose organs are transplanted
<b>exploitative</b>	(adj.) unfair
<b>flat</b>	(adj.) unchanged
<b>foresee</b>	(v.) to predict
<b>fraction</b>	(n.) a small portion
<b>ill-gotten</b>	(adj.) obtained improperly or illicitly
<b>lasting</b>	(adj.) continuing
<b>performed</b>	(v.) completed
<b>postmortem</b>	(adj.) after death
<b>potentially</b>	(adv.) possibly



<b>poverty-stricken</b>	(adj.) poor
<b>procurement</b>	(n.) acquisition
<b>racket</b>	(n.) a business that takes advantage of people
<b>recipients</b>	(n.) the people who need and get organs
<b>regret</b>	(n.) things you wish you hadn't done
<b>spare</b>	(adj.) extra
<b>substantial</b>	(adj.) significant
<b>tempted</b>	(v.) motivated
<b>trade</b>	(v.) to make a business transaction
<b>trafficking</b>	(v.) illegally trading
<b>underground</b>	(adj.) secretive

## Chapter 9

<b>affiliated</b>	(adj.) connected
<b>ailments</b>	(n.) illnesses
<b>amid</b>	(adj.) in the middle of
<b>caters</b>	(v.) to satisfy someone's needs
<b>chronic</b>	(adj.) continuous
<b>cost</b>	(n.) the price of something
<b>count</b>	(v.) to be of importance, to signify
<b>culinary</b>	(adj.) related to cooking
<b>go-to</b>	(n.) a person you can rely on
<b>gourmet</b>	(adj.) expert on food or cooking
<b>homemade</b>	(adj.) made at home from fresh ingredients
<b>hypertension</b>	(n.) high blood pressure
<b>increase</b>	(v.) to add to
<b>launched</b>	(v.) began
<b>literature</b>	(n.) published medical research
<b>luscious</b>	(adj.) delicious
<b>obese</b>	(adj.) heavier than is healthy
<b>offer</b>	(v.) to give, put forward
<b>overweight</b>	(adj.) heavier than normal
<b>polls</b>	(n.) surveys
<b>preponderance</b>	(n.) a greater amount, most of

<b>prevention-based</b>	(adj.) keeping people healthy rather than treating them when they become ill
<b>prospective</b>	(adj.) future
<b>reimbursable</b>	(adj.) able to be refunded money
<b>sea change</b>	(n.) a transformation
<b>serve</b>	(n.) a move to a different way of thinking
<b>supplement</b>	(v.) enhance
<b>would-be</b>	(n.) potential

## Chapter 10

<b>adopt</b>	(v.) to enact
<b>altered</b>	(v.) changed
<b>attune</b>	(v.) responsive to
<b>budget</b>	(n.) an account of your use
<b>car pooling</b>	(v.) having one or more passengers in your car when you go to work
<b>clutter</b>	(n.) a large collection of disorganized items
<b>consume</b>	(v.) use up
<b>core</b>	(n.) center
<b>demand</b>	(n.) requirement
<b>depleted</b>	(v.) reduced
<b>devastating</b>	(adj.) disastrous
<b>donate</b>	(v.) give to help others
<b>drawing</b>	(v.) using
<b>imprint</b>	(n.) effect
<b>measures</b>	(n.) actions
<b>minimalist</b>	(adj.) simple
<b>offsetting</b>	(n.) compensating for something negative
<b>opt out</b>	(v.) to choose not to do something
<b>ozone layer</b>	(n.) a part of the upper atmosphere that helps block dangerous radiation from the sun
<b>reliance</b>	(n.) dependence
<b>repurpose</b>	(v.) find a new use for something instead of throwing it out
<b>resistance</b>	(n.) protection from
<b>thrift store</b>	(n.) a store that sells used products
<b>unplug</b>	(v.) disconnect
<b>waste</b>	(v.) use unnecessarily

## Chapter 11

<b>clone</b>	(n.) an exact copy of an animal
<b>concrete</b>	(adj.) actual
<b>consensus</b>	(n.) an agreement among a group of people
<b>conservationist</b>	(n.) a person whose job is to protect plants, animals, and natural resources
<b>cutting-edge</b>	(adj.) newest; innovative
<b>derive</b>	(v.) to take from
<b>diversity</b>	(n.) variety
<b>divide</b>	(v.) to separate, break up
<b>drove down</b>	(v.) caused to reduce rapidly
<b>endangered</b>	(adj.) may become extinct
<b>ethicist</b>	(n.) someone who studies what is morally right and wrong
<b>formidable</b>	(adj.) difficult to overcome
<b>futile</b>	(adj.) useless
<b>geneticist</b>	(n.) a scientist who studies the variation of inherited characteristics
<b>hovered</b>	(v.) balanced
<b>hurdle</b>	(n.) a difficulty
<b>implanted</b>	(v.) inserted
<b>injected</b>	(v.) forced into
<b>notion</b>	(n.) idea
<b>nuclei</b>	(n.) parts of cells
<b>officially</b>	(adv.) formally
<b>preserve</b>	(v.) store
<b>radio collar</b>	(n.) a collar that allows scientists to know where an animal is
<b>reality</b>	(n.) actuality
<b>release</b>	(v.) free
<b>resolved</b>	(adj.) cleared up
<b>reverse</b>	(v.) to turn back
<b>surrogate</b>	(n.) a benefit
<b>true</b>	(adj.) actual
<b>vanished</b>	(v.) to go missing or extinct
<b>viable</b>	(adj.) capable of succeeding
<b>vulnerable</b>	(adj.) unprotected

**wildlife biologist** (n.) a scientist who studies plants and wild animals as well as their behavior and environments

## Chapter 12

<b>alien</b>	(adj.) from another planet
<b>artificial intelligence</b>	(n.) a computer or other machine to perform actions that appear to require intelligent thought
<b>backdrop</b>	(n.) background
<b>confidence</b>	(n.) strong belief in one's abilities
<b>cosmos</b>	(n.) the universe
<b>dictates</b>	(v.) to require
<b>different</b>	(adj.) unlike
<b>dominant</b>	(adj.) most common
<b>exoplanet</b>	(n.) any planet outside our solar system
<b>extreme</b>	(adj.) harsh
<b>far-fetched</b>	(adj.) hard to believe
<b>habitable</b>	(adj.) livable
<b>hallmark</b>	(n.) a distinguishing characteristic
<b>harbor</b>	(v.) conceal
<b>inexplicable</b>	(adj.) cannot be explained
<b>intelligent</b>	(adj.) able to learn, understand, and use information
<b>launch</b>	(v.) send into space
<b>microbes</b>	(n.) living organisms that are too small to be seen without a microscope
<b>midst</b>	(n.) middle
<b>non-biological</b>	(adj.) not living
<b>otherworldly</b>	(adj.) from another planet
<b>oxygen-starved</b>	(adj.) lacking oxygen
<b>plausible</b>	(adj.) probable
<b>present</b>	(adj.) at this time, now
<b>proactive</b>	(adj.) energetic
<b>progress</b>	(n.) headway
<b>promise</b>	(n.) possibility
<b>scouring</b>	(v.) searching
<b>standpoint</b>	(n.) perspective

<b>stepping stone</b>	(n.) something that helps make progress
<b>strive</b>	(v.) attempt
<b>symposium</b>	(n.) conference
<b>theologist</b>	(n.) a person who studies religious beliefs
<b>three-horse race</b>	(n.) three hypotheses
<b>withstand</b>	(v.) tolerate