

Reading for Today 1: Themes, 4th Edition

Glossary

Chapter 1

beverages	(n.) a drink, usually not water
campus	(n.) the area and buildings of a college
choice	(n.) a variety of things from which to choose
diet	(n.) the food you always eat
everything	(n.) all things
familiar	(adj.) knowing about, acquainted
healthy	(adj.) in good health
in addition	also, as well
junk food	(n.) food that tastes good but is bad for your health
kind	(n.) sort, class, variety/brand
nothing	(n.) not anything
nutritious	(adj.) (of food) containing substances essential to good health
of course	naturally, clearly
produce	(n.) food products, esp. vegetables
rest	(v.) to take a break, take it easy
snack	(n.) a small amount of food, usually eaten between meals
socialize	(v.) to be with other people in a friendly way
stress	(n.) mental or physical strain or difficulty caused by pressure
such as	for example
thirsty	(adj.) feeling a need to drink liquids

Chapter 2

accomplishment	(n.) a difficult task done well
achievement	(n.) success
all at once	at the same time
believe	(v.) to trust or be certain
confidence	(n.) belief in one's abilities, self-esteem
easily	(adv.) without difficulty, effortlessly
gradually	(adv.) happening slowly or by small steps
interesting	(adj.) causing curiosity or a wish to know more
journal	(n.) a written record, a diary

learn	(v.) to gain knowledge of
mistake	(n.) an error
patient	(adj.) having or showing patience, calm
perhaps	(adv.) maybe, possibly
positive	(adj.) optimistic, hopeful
practice	(v.) to do something repeatedly to perfect it
record	(n.) something written that proves that an event happened
several	(adj.) a few, more than two
trouble	(n.) difficulty, distress, especially by accident

Chapter 3

begin	(v.) to start
bored	(adj.v.) to feel tired, weary
decide	(v.) to make a decision, choose, elect
different	(adj.) unlike, not the same
enjoy	(v.) to get pleasure from, like
homeschool	(v.) to learn at home, not at a school
improves	(v.) to make better, enhance
instrument	(n.) an object for making music, such as a violin, piano, or horn
lesson	(n.) a course, assignment, exercise, learning experience
move	(v.) to relocate, transfer
noisy	(adj.) full of noise and sounds
oldest	(adj.) the most old
only	(adj.) with no others in its group
perform	(v.) to give, act out, or present a performance (of a play, piece of music, dance, etc.)
plays	(v.) to perform on a musical instrument
quiet	(adj.) without noise, silent
sell	(v.) to make a sale, to take money in exchange for a product or service
soon	(adv.) in the near future, not long from now
throw away	(v.) to discard, get rid of
together	(adv.) as a group
unhappy	(adj.) sad, sorrowful
youngest	(adj.) the most young

Chapter 4

alone	(adv.) by oneself, without anyone else
another	(pron.) a different person (animal, thing)
decide	(v.) to make a decision, choose, elect
diaper	(n.) a soft thick cloth (or thick paper with plastic covering) used to cover the area between the legs, esp. for babies
dress	(v.) to put clothes on, get dressed
easy	(adj.) simple to do
feed	(v.) to provide with food
finally	(adv.) in the end, at last
hard	(adj.) difficult
help	(v.) to aid, assist, support
in fact	really, actually
know how to	to be skilled at
leave	(v.) to go away from
milk	(n.) white liquid produced from the breasts of female mammals
popular	(adj.) admired by a group of people
ready	(adj.) prepared, set to do something
septuplets	(n.) seven children born together
teacher	(n.) a person, such as a professor, whose job is to instruct others
unusual	(adj.) strange, odd, eccentric

Chapter 5

classmate	(n.) a student with whom one attends school
difficult	(adj.) challenging, not easy, tough
fail	(v.) to not pass, flunk
first	(adv.) occurring before any other action, person, or thing
group	(n.) a number of people or things placed together
in other words	expressed in a different way
information	(n.) data, evidence, statistics
learn	(v.) to gain knowledge of
lesson	(n.) a course, assignment, exercise, learning experience
mistake	(n.) an error

possible	(adj.) capable of existing, happening, or being done
question	(n.) the act of seeking an answer
quick	(adj.) fast, prompt, swift
real world	(n.) the world outside of school, such as family and work life
remember	(v.) to recall, bring something from the past to mind
solve	(v.) to find an answer or solution for something
spend time	(v) to use time and effort
struggle	(v.) to use much physical or mental energy to do something
study	(v.) to work to learn, by practicing, reading, and listening
succeed	(v.) to achieve something, attain, manager to do something
surprised	(v.) to be astonished, amazed

Chapter 6

autobiography	(n.) a story of a person's life written by that person
check	(v.) to test to see if something is correct
childhood	(n.) the period from birth to about age 13
event	(n.) a happening, especially an important one
expert	(n.) a master at something, authority
fact	(n.) a reality such as an event, date, physical, object, or number
figures	(n.) a number, sum
incredibly	(adv.) unbelievable, not true
obviously	(adv.) easy to see or understand, clear
occur	(v.) to happen, take place
quiz	(v.) to ask someone questions, interrogate
recall	(v.) to remember
subject	(n.) an idea being thought, talked, or read about
superior	(adj.) first-rate, exceptional
unfortunately	(adj.) too bad, unlucky, regrettable
while	(conj.) although, even if

Chapter 7

agree	(v.) to have the same idea or opinion
change	(v.) to modify, adjust, reorganize
countryside	(n.) the land outside a city or town with trees, farms, and few houses

dweller	(n.) a person who lives, resides
happy	(adj.) cheerful, joyous, jovial
hometown	(n.) the city or town where one grew up, often one's birthplace
in fact	really, actually
location	(n.) the place where something is located
majority	(n.) more than half, but not all of something
move	(v.) to relocate, transfer
neighbor	(n.) a person or family that lives next to or near one's house, apartment, etc
of course	naturally, clearly
on the other hand	an opposite idea
percent	(n.) one part in, for, or of each hundred
place	(n.) a location, site, niche
prefer	(v.) to like one thing better than another
rural	(adj.) related to the countryside, not the city
suburbs	(n.) a small city or town outside a large city
town	(n.) a settlement smaller than a city

Chapter 8

although	(conj.) though, despite the fact that
backwards	(adv.) in reverse, toward the back
cheer	(v.) to applaud, root for
course	(n.) a track, path
encourage	(v.) to give strength or hope to someone, urge
event	(n.) a competition, contest
example	(n.) a sample, specimen
exciting	(adj.) causing delight
however	(conj.) in spite of, but
in the fall	the time before winter
instead of	in place of
just	(adv.) only, simply
limit	(n.) to the greatest extent, especially of one's ability
marathon	(n.) a foot race of over 26 miles (41.3 km)
oldest	(adj.) the most old
over the years	as the years went by

popular	(adj.) admired by a group of people
race	(n.) a competition, event
ran	(v.) past tense of run
recently	(adv.) not too long ago
requirement	(n.) a necessity, something needed
runner	(n.) a person who runs either for fun or competitively
unusual	(adj.) strange, odd, eccentric
whole	(adj.) complete, total

Chapter 9

about	(prep) related to, concerning
anthropologist	(n.) someone who studies humans and their cultures
as a result	because of something
because	(conj.) for the reason that, as
believe	(v.) to trust or be certain
book	(n.) pages of words kept together with a paper or hard cover
culture	(n.) society, way of life
detail	(n.) a particular item, component
education	(n.) the basic instruction or training in schools
especially	(adv.) solely, only, exclusively
famous	(adj.) very well known, renowned
graduation	(n.) the awarding of an academic degree
interested	(adj.) having curiosity, wanting to know more
learn	(v.) to gain knowledge of
peaceful	(adj.) calm, quiet, without troubles
popular	(adj.) admired by a group of people
remarkable	(adj.) worthy of attention, noticeable
result	(n.) an outcome, end, conclusion
return	(v.) to come back, as from a trip
study	(v.) to work to learn, by practicing, reading, and listening
teenage	(n.) a person between the ages of 13 and 19
until	(prep.) up to a particular time
wrote	(v.) presented ideas in words

Chapter 10

assist	(v.) to aid, help someone do something
at first	in the beginning
because of	as a result of
benefit	(v.) to profit from, be helped by
careful	(adj.) watchful, alert, wary
cause	(n.) the reason why something happens
cure	(n.) the healing of a disease
curious	(adj.) interested in knowing about things
devise	(v.) to create, develop
disease	(n.) a sickness or serious disorder that is inherited or caused by infection or bad living conditions
especially	(adv.) solely, only, exclusively
for example	as a model of a kind of person or thing
his	possessive pronoun of he
inoculation	(n.) a shot of medicine given through a needle to prevent disease
just as	the same as
pharmacist	(n.) a person who has studied pharmacy and is licensed to prepare and sell drugs
prevent	(v.) to stop from happening
process	(n.) general methods of doing something
rabies	(n.) a deadly disease that affects the brain and nervous system
so	(adv.) to the degree or extent that
spoil	(v.) to become bad or rotten
vaccination	(n.) a medicine given to prevent a disease by injection with a needle

Chapter 11

agree	(v.) to have the same idea or opinion
allow	(v.) to let, permit
argue	(v.) to fight with words
challenge	(n.) a test, a trial, a difficult task
debate	(v.) to argue, present differing view on a question
depend	(v.) to rely on, to vary with, be controlled by
disagree	(v.) to dispute, oppose, take issue with
endless	(adj.) without limits, infinite
injured	(v.) hurt, damaged

national	(adj.) related to a nation; all over the country
service	(n.) in good working order
share	(v.) to divide up with others
social media	(n.) websites and applications that enable users to create and share content
trail	(n.) a path, such as for hiking or horseback riding
trip	(n.) a journey, travel
visitor	(n.) a tourist, vacationer
wildlife	(n.) animals living in their natural setting

Chapter 12

analyze	(v.) to look closely at, evaluate
consequently	(adv.) following as a result
crime scene	(n.) the place where a crime has occurred
distinctive	(adv.) different from others, special
evidence	(n.) words or objects that support the truth of something, proof
expert	(n.) an authority, specialist, a master at something
furthermore	(adv.) in addition, also, moreover
guilty	(adj.) having broken a law, at fault, culpable
if	(conj.) in the event that, whether or not
innocent	(adj.) not guilty of a crime
investigate	(v.) to look at something carefully, examine
lift	(v.) to raise to a higher level
owner	(n.) a person or business that owns something
principle	(n.) a standard, such as a guide to behavior, rule
suspect	(v.) to think that someone is guilty of something
unique	(adj.) singular, one of a kind
victim	(n.) someone or something that suffers from an accident, crime, illness, or bad luck