

A

a quarter of $\frac{1}{4}$ or 25 percent of: *Each of them ate a quarter of the pizza.*

adult *n.* a person or animal who has finished growing physically and mentally: *At 21 years of age, he is now an adult.*

alarm *n.* a warning device, such as a bell, siren or buzzer: *A prisoner set off an alarm as she tried to escape.*

all over everywhere, covered completely: *The dog knocked over the dish, and water spilled all over.*

allow *v.* to let, permit: *We allowed our son to use the family car.*

article *n.* a short written piece, such as a newspaper story: *I read a magazine article on a new type of medicine.*

at the middle *prep.* in or near the center: *The centerpieces were set at the middle of each table.*

attend *v.* to be present at: *I attended the wedding at the church.*

average *n.* the number found by adding all items in a group, such as test scores, and then dividing the total by the number of items: *The average of the sum of 10, 16, and 4 is 10; that is, 10 plus 16 plus 4 equals 30, and 30 divided by 3 is 10.*

awake *adj.* to be alert, not sleeping: *The baby is awake now and wants to eat.*

B

bean *n.* an edible seed of many plants: *I like to eat lima beans and black beans.*

beneath *prep.* below, under: *Solid rock lies beneath the earth.*

blade *n.* narrow, flat piece of something: *I keep the blades of my kitchen knives sharp.*

bless *v.* to make holy, especially by asking God: *The priest blessed the people in church.*

blood *n.* the red liquid pumped by the heart through the body: *Blood carries food to and takes waste away from the cells in our bodies.*

blood pressure *n.* measurement of the force with which blood moves through the body: *High blood pressure can cause heart attacks.*

boil *v.* to heat a liquid until it reaches the temperature of 212°F or 100°C: *I boiled the water to cook the eggs.*

boot *n.* a strong shoe with a tall top: *Cowboys wear leather boots.*

bowl *n.* a dish with upward curved sides: *I'd like a bowl of soup, please.*

brain *n.* the organ in the head used for thinking and feeling: *Humans have large brains.*

breath *n.* taking in of air, (*syn.*) an inhalation: *She opened her mouth and took a deep breath.*

bridge *n.* a structure that crosses rivers, roads, etc.: *Trains go across a bridge over the river.*

bright *adj.* having a strong shine or glow: *The sun is so bright that it hurts my eyes.*

C

candle *n.* a round, usually long piece of wax with a wick (piece of string) that is burned for light: *The candles lit the dining room with a soft glow.*

capital *n.* the official city where a state, provincial, or national government is located: *Washington, D.C. is the capital of the United States.*

careful *adj.* attentive to detail: *He was very careful to say exactly what he meant in his report.* —*adv.* **carefully**

celebrate *v.* to do something special (like having a party) to mark an occasion: *I celebrated my birthday with friends in a restaurant.*

ceremony *n.* a formal event usually with rituals (customary words and actions done many times before): *The priest performed a marriage ceremony.*

chopstick *n.* one of two thin sticks of wood, ivory, etc., used to take hold of food and put it in the mouth: *Chopsticks are commonly used in China and Japan.*

circulation *n.* the motion of the blood as it is pumped through the body by the heart: *For an old man, he has good circulation.*

company *n.* visitors, guests, often to a home: *We had company over for dinner.*

competition *n.* an organized event in which people try to do a specific activity better than everyone else: *She is an excellent runner, and she enters every competition that she can.*

complain *v.* to express dissatisfaction, such as with pain or something that is

wrong: *She complains that her back hurts.*

convenient *adj.* easy and comfortable to do or get to: *We live in a neighborhood that is convenient to the stores and subway.*

crime *n.* serious illegal acts in general: *The police fight crime, like murder, theft, and drug dealing.*

curiosity *n.* interest in knowing about things: *He has a natural curiosity in knowing about how machines work.*

custom *n.* a habitual way of behaving that is special to a person, people, region, or nation: *It is British custom to drink tea at four o'clock each afternoon.*

D

dark *adj.* shadowy, with little light: *a dark movie theater*

deceive *v.* to fool: *He deceived me when he said he loved me because he really doesn't.*

decorate *v.* to beautify, make festive: *We decorated our house for the holidays.*

delicious *adj.* good-tasting: *Thank you for the delicious meal.*

desire *n.* a wish, want: *She expressed a desire to go on vacation.*

diet *n.* one's regular foods: *The boy lives on a diet of junk food.*

discover *v.* to find, see, or learn of something no one knew before: *Galileo discovered the planet Jupiter.*

disease *n.* a sickness or serious disorder that is inherited or caused by infection or bad living conditions: *Disease destroys many lives in poor parts of the world.*

disposable *adj.* capable of being thrown away after use: *Paper napkins are disposable.*

drop *n.* a very small amount of liquid: *I put a drop of medicine in my eye.*

dull *adj.* not sharp: *a dull knife, a dull pain*

E

elderly *adj.* old, aged: *My aunt is elderly; she is 88 years old now.*

encourage *v.* to give strength or hope to someone, urge: *She encouraged her son to go to college.*

environment *n.* the air, land, water, and surroundings that people, plants, and animals live in: *The environment in big cities is usually polluted.*

equal *adj.* being the same, equivalent, alike: *The two tables are of equal length (importance, height, etc.).*

excited *adj.* filled with a strong pleasant feeling, (*syns.*) enthusiastic, eager: *She is excited about going on vacation.*

excitement *n.* a strong, pleasant feeling (*syn.*) exhilaration: *The children felt great excitement on the rollercoaster ride.*

experience *n.* understanding gained through doing something: *She has years of experience in teaching.*

F

fall (asleep) to pass into a new state or condition: *He fell asleep while watching TV.*

festival *n.* a public celebration or feast, usually of some special occasion: *On Norwegian independence day, the Norwegians in my town hold a festival with singing and dancing.*

fill *v.* to use all available space: *Children filled the hole with sand.*

flag *n.* a piece of fabric, usually with a design, used as a symbol: *The flags of many countries fly near the United Nations building.*

flavor *n.* a specific taste: *That steak has an excellent flavor.*

frozen food *n.* food that is hard because it is stored at a very cold temperature: *You have to heat frozen food in the microwave before you eat it.*

fur *n.* the hairy coat of an animal: *The cat's fur is soft and shiny.*

G

gather around *phr. v.* to stand together in a group: *The people gathered around to watch the street performer.*

graduate *v.* to receive a degree from an academic institution: *He graduates from high school in June.*

H

hate *v.* to dislike strongly, to loathe: *The two peoples have hated each other since the war began.*

have (fun) to enjoy, meet, as in experiencing life in general: *We have fun on the weekends.*

heartbeat *n.* the rhythm at which a heart pulsates: *If your heartbeat doesn't normalize soon, you should see a doctor.*

heat *n.* high temperature: *The heat from the fire is intense.*

high quality of life a very good way of living: *She works hard every day so her family can have a high quality of life.*

honey *n.* the sweet, syrupy liquid produced by bees from plant nectar: *I like honey on toast in the morning.*

horoscope *n.* (in astrology) prediction of a person's future by interpreting the positions of the stars and planets around the time she or he was born: *My horoscope for today is full of good news.*

host *n.* a person in charge of a social or other event: *He is the host of a party tonight.*

household name *n.* something that is famous or known by many people: *Apple Inc. has become a household name.*

I
insist *v.* to demand, show strong opinion: *I insist that you go to the hospital immediately; you are very ill!*

invention *n.* something useful created by someone: *After the invention of the wheel, people could travel faster.*

inventor *n.* a person who is first to get an idea for something: *The inventor of the light bulb changed the world.*

island *n.* a piece of land completely surrounded by water: *She lived on an island that was connected to the coast by a bridge.*

K
keep an eye on to watch in a protective way: *When we went away on vacation, I asked the neighbors to keep an eye on our house.*

L
leaf *n.* a part of a plant, usually flat and green, growing from its stem or a branch: *The last leaf fell from the tree at the end of Autumn.*

let's say suppose; imagine; for example: *Let's say the drive takes you two hours; you'll still arrive before noon.*

lie *n.* a statement that is not true (*syn.*) a falsehood: *She told a lie about how old she is.*

liquid *n.* the fluid state of matter that is neither a gas nor a solid: *Water is a liquid that covers most of the earth.*

list *n.* a series of items written in a column: *I made a list of things to buy at the store.*

lucky *adj.* having or bringing good luck: *He was lucky not to hurt himself when he fell.*

M
make plans *phr. v.* make arrangements for the future: *They made plans to study at the library tomorrow afternoon.*

muscle *n.* body tissues on the bones that make the body move and give it bulk:

The muscles in my legs ache after walking a long distance.

N

normal *adj.* as expected, typical, average: *Hot weather is normal in the summer.*

O

offer *v.* to present something that may be accepted or not: *She offers me coffee every time I visit her.*

on top *prep.* above: *He placed the hat on top of his head.*

organ *n.* a part of an animal or plant that has a specific function: *The eyes, tongue, and heart are human organs.*

P

painkiller *n.* a medicine or drug for relieving pain: *The dentist gave me a painkiller before he pulled my tooth.*

patient *adj.* having or showing patience, calm, or being undisturbed: *His train was late, but he was patient.*

planet *n.* a very large ball-shaped body (such as the Earth) that moves around a star (sun as the sun) in outer space: *People have long wondered whether there is life on other planets.*

plant *n.* a living organism that usually grows in the earth and has roots, stems, leaves, and seeds, and which differs from animals in making its own food from sunlight, soil, and water: *Humans and animals could not live without plants.*

please *v.* to make someone feel happy, satisfy: *It pleases me that you are making such a big effort in this class.*

popular *adj.* having widespread acceptance: *The Mercedes automobile is popular among the rich.*

postage stamp *n.* a piece of paper with a picture and a postage amount on it, glued to mail: *Postage stamps are sold at the post office.*

powder *n.* fine particles, something ground or crushed into tiny grains: *She always puts baby powder on herself after a bath.*

priest *n.* a member of the clergy in many religions: *Buddhist priests wear brightly colored robes.*

produce *v.* to manufacture, fabricate: *That factory produces shoes.*

product *n.* anything produced with materials and labor, goods and services: *That store sells food products.*

R

refill *v.* to fill something with more of whatever it had in it before: *I used all of my medicine, so the pharmacy refilled the prescription for me.*

relax *v.* to stop work and enjoy oneself: *She relaxes by riding her bicycle.*

relaxation *n.* a process of relaxing, such as stopping work and freeing the mind of worry: *For relaxation, he plays golf on the weekends.*

rent *n.* the amount of money paid for the use of a piece of property: *She pays a low rent on that apartment.*

resident *n.* a person who lives in a certain area: *She is a resident of San Francisco.*

romantic *adj.* related to love or romance: *They met at a very romantic place and had a picnic.*

S

save *v.* to prevent someone from being harmed: *The little boy was drowning in the lake; a woman jumped in and saved him.*

scientist *n.* a person who works in science: *I want to be a scientist because I like biology and chemistry.*

sharpen *v.* to make pointed or to give a cutting edge: *sharpen a razor*

sight *n.* something or someone that is seen: *I like the sight of fresh snow in the winter.*

similar to *adj.* almost alike: *She has a blue dress similar to yours, but hers has a green collar.*

suggest *v.* to propose something to do or to offer an idea for consideration: *He suggested that we have lunch at the hotel.*

T

take care of to do, handle, or solve: *I'll take care of the problem myself.*

taste *n.* the sense of flavor that comes from experiencing foods and liquids on the tongue: *I like the taste of bananas.*

teenager *n.* a person between the ages of 13 and 19: *Teenagers love to go to shopping malls on weekends.*

temperature *n.* the degree of heat or cold: *The temperature outside is chilly today.*

terrible *adj.* hideous, horrid: *A terrible monster came out of the cave.*

throw *v.* to send something through the air: *One player throws the ball to the other.*

tongue *n.* the movable organ in the mouth used for tasting and producing speech: *He drank hot tea and burned his tongue.*

too *adv.* in addition, as well, also: *She went to the movie, and I decided to go too.*

tool *n.* an implement, such as a pair of pliers, screwdriver, hammer, or saw, used to make or repair things: *He keeps his tools in the cellar.*

trick *n.* a deception: *An undercover detective bought illegal drugs in a trick to arrest a drug dealer.*

truth *n.* accuracy, correctness: *She always speaks the truth.*

try out *v.* to test, experiment: *I tried out camping in the mountains and really liked it.*

U

unique *adj.* singular, one of a kind: *Each person in the world has a unique personality.*

W

weigh *v.* to have a certain weight: *The apples weighed one pound.*

winner *n.* a person or team who gets more points or beats another: *She is the winner of the race.*