**UNIT 5**

**CD 1, Track 21**

**Doctor:** Rosa, I can give you some more tests, but you’ll have to come back in two weeks to get the results. Here’s an information leaflet that tells you about exercises that will be good for your back and for your knees. If you start exercising more, your cholesterol level should go down. The fact is, if you don’t stop eating junk food, you will have serious health problems. The most important thing is to stay active.

**CD 1, Track 22**

**Friend:** What did the doctor tell you, Rosa?

**Rosa:** She said she would give me some more tests.

**Friend:** Why? Are you very sick?

**Rosa:** Not now, but I might get sick. The doctor told me the most important thing was to stay active. She told me if I started exercising more, my cholesterol should go down. She said if I didn’t stop eating junk food, I would have serious health problems. She said I had to come back in two weeks.