UNIT 6

Experience the Tranquility of Central Park

Welcome to New York City! It's busy. The traffic is heavy. It's noisy. There are people everywhere.

This is Central Park. It's in the middle of the city. People are walking. They are talking. They are reading.

People are playing sports. There are walkers, runners, and bicyclists.

The gardens are beautiful. There are pretty flowers, tall trees, and fountains. Around 40 million people visit Central Park every year. That's a lot of people, but it doesn't feel like it.

Central Park also has lakes. Some are large and others are very small. They are a popular place to walk.

Central Park is very large, and there's a lot to do. It's a nice place to relax and escape from the city.

UNIT 10

Feeding the 5,000

They're chopping carrots. Lots of carrots. They're preparing food for an event called Feeding the 5,000.

The event tries to show how much food people waste.

In the United States, farmers, manufacturers, and supermarkets waste forty percent of their food.

They throw away food like this cauliflower because it's not perfect.

Feeding the 5,000 events take place all over the world, from the United States to Australia.

This is some of the food for Feeding the 5,000 in Washington D.C. Farmers and supermarkets were going to throw this food away, but now, these people are using it to make a delicious vegetable curry.

The organizers want to show people, businesses, and governments how much food is wasted. They say it is time to stop wasting ugly fruit and vegetables and use this perfectly good food.

227-276_06067_EIA_TG_1_EM_ptg01.indd 261 06/02/19 9:32 am