Track 41

Conversation 1

Patient: Dr. Lopez, my wrist really hurts. When I try to bend it, it's very painful.

Doctor: I've looked at your X-rays. You have a broken wrist.

Patient: A broken wrist? That's serious!

Doctor: Yes, it is. You're going to need surgery. It'll be three months or more before you can throw a baseball.

Conversation 2

Patient: My ankle really hurts.

Doctor: Well, fortunately, you didn't break it. It's only a sprain.

Patient: Oh, good. So, what should I do?

Doctor: First, stay off of it as much as possible. When you go home, you should elevate it. Then, put ice on it for 15 to 20 minutes. After that, take the ice off, and wait an hour. Then, you can ice it again. Continue doing that all day today and call me tomorrow.

Conversation 3

Coach: John, who's the president?

John: The president? Barack Obama?

Doctor: Okay, Coach, John has a concussion.

Coach: A concussion? Can he play next week?

Doctor: No! He lost consciousness for about 45 seconds, and he's confused. He can't stand up straight. This is a serious injury. His brain needs time to heal. He needs quiet and rest. He might have headaches, too. I want to take an X-ray. Could you take him into the locker room, please?

Conversation 4

Doctor: How do you feel today, Carl?

Carl: Well, my leg still hurts. I tried to run, but after a minute, the pain in the back of my leg came back.

Doctor: Carl, you have a pulled muscle. You need to rest your leg. Elevate it and wrap it in a bandage to prevent swelling. You can also take ibuprofen to help with the pain.

Carl: Okay. When will I be able to run again?

Doctor: A physical therapist will work with you. Every person is different. You may need a couple of months of therapy.

Conversation 5

Patient: Wow! My arm is really sore today!

Trainer: That makes sense. You've been playing tennis a lot lately. It's normal to feel some soreness after you work your muscles, especially if you start exercising again after a long break.

Patient: Oh, okay. How can I prevent my muscles from feeling sore?

Trainer: It's a good idea to drink a lot of water while exercising. Also, warming up and stretching afterwards can help. If you're starting a new exercise routine or sport, remember to start slowly and don't overdo it.

Patient: What about a hot bath?

Trainer: Yes, that can feel good on sore muscles. Also, light massage can help.

Conversation 6

Doctor: Ooh, that's a big bruise you've got there.

Patient: I know. It's really killing me.

Doctor: Have you been putting ice on it?

Patient: No, I put heat on it.

Doctor: Oh, you should ice it instead. Put ice on it for about 15 minutes. Then, let your leg warm up. After that, ice it again. The bruise is going to start to change color. Right now, it's a little swollen and red, but soon it'll turn blueish or greenish. That means it's getting better.

UNIT 8

Track 42

Clara: Hello?

Gloria: Hi Clara, this is Gloria.

Clara: Gloria! How are you? We haven't spoken in ages.

Gloria: I know. We get so busy. Have you heard about the reunion?

Clara: What reunion?

Gloria: We're going to have a family reunion this summer! Sara's planning it.

Clara: It's about time. We've been talking about that for years. Has she picked a date yet?

Gloria: It'll be in August. I think she mentioned the weekend of August 14th.

Clara: August 14th? That's in two months! Where's it going to be?

Gloria: At a resort near Sara's house. She was able to get a special family package, so the prices will be very reasonable. She's going to email the invitations soon.

Clara: She can't do this by herself. What can I do to help?

Gloria: Everybody's going to help with the food. Maybe you could help coordinate that.

Clara: Sure. I'll send out an email. How many of us are there?

Gloria: About 50.

Clara: Plus two more. Jenny just had twins.

Gloria: Twins? That's great news! How's she doing?

Clara: She hasn't been getting much sleep, but she's fine.

225-292_06098_EIA_TG_4_EM_ptg01.indd 261 17/12/18 2:26 pm

Gloria: Good! Did you hear that Mateo has changed jobs?

Clara: Really? What's he doing now?

Gloria: He's just opened a business. He installs large-screen TVs and sound systems in homes.

Clara: That's great!

Gloria: Well, I'd better go. I've got some more phone calls to make.

Clara: Okay. I'm looking forward to the reunion. See you in August!

Track 43

1. Tim has become a more serious student.
2. He has begun to improve his grades.
3. He has bought a tablet for his class notes.
4. He has done all of his assignments.
5. He hasn't fallen behind in his work.
6. He has gone to his professors' office hours for extra help.
7. He hasn't left his homework in his room.
8. He has seen a tutor for help with chemistry.
9. He has spoken more in class and participated in discussions.
10. He hasn't taken out his cellphone to text during class.
11. His parents have been very pleased with his progress.

Track 44

1.

A: I hear that David has recently lost his job.

B: Not at all. He's <u>quit</u> his job to start his own company.

2.

A: I hear that Amy has just moved to North Carolina.

B: Close. She's moved to <u>South</u> Carolina.

3.

A: I hear that Nora has just gotten her driver's license.

B: No, just the opposite. She's <u>lost</u> her driver's license!

4.

A: I hear that Joe and Tom have just opened an Italian restaurant.

B: Not Italian. They've opened a <u>Mexican</u> restaurant.

Track 45

Gloria: How are the reunion plans coming?

Sara: Very well! I asked a few other people to help with the plans, so now I have a small committee. It's made things much easier.

Gloria: Great! And the date is the 14th, right? August 14th?

Sara: Yes. Antonio's son has designed the invitations. We're going to email them next week.

Gloria: Were you able to find everyone's email addresses?

Sara: I think we have them all.

Gloria: Have you done anything else yet?

Sara: Well, we haven't planned the games or the activities, but we've already planned the menu. And we're going to order a big cake for dessert.

Gloria: How about decorations?

Sara: Yes, we have bought some colorful balloons and tablecloths.

Gloria: Sara, you're not going to try to do everything yourself, are you? You need time to talk to people and have fun.

Sara: That won't be a problem. We've asked the resort staff to help us set up, serve the food, and clean up.

Gloria: Well, it was a great idea to have the reunion at a resort. Let me know if there's anything I can do. I've already gathered photos to show at the party.

Sara: Thanks, Gloria. It's going to be a lot of fun. If I think of anything else, I'll give you a call.

Track 46

Conversation A

A: Have you heard about Diana?

B: No, what happened?

A: Well, remember her engagement party?

B: Sure.

A: She's not engaged anymore.

B: No? I really liked Chris!

A: Diana's broken off the engagement. She met a new guy who moved into her apartment building, and she's fallen in love with him.

B: And what about Chris?

A: Diana's given him back his ring.

B: Really?

Conversation B

A: Have you heard about Rosa?

B: I heard she wasn't in the office yesterday because she was sick.

A: That's what she told her boss, but it's not true.

B: Really? What happened?

A: I heard she was at the beach relaxing all day.

B: Wow! If her boss finds out, she may be in a lot of trouble!

Conversation C

A: Have you heard about Amy? She's in big trouble.

B: What happened this time?

A: She took her mom's car without permission, and she had an accident on the way to the mall.

B: Oh, no! Was she hurt?

A: No, she hit a mailbox. But she's been grounded for a month. I tried to call her three times, but Amy's parents won't let me talk to her. They've taken away her cellphone.

225-292_06098_EIA_TG_4_EM_ptg01.indd 262 17/12/18 2:26 pm

Conversation D

A: You've heard about Paul, haven't you?

B: No, what about Paul?

A: He's just been promoted.

B: Promoted?

A: Yep, to assistant sales manager.

B: You've got to be kidding! Paul has the worst sales record in the company. He hasn't made any sales this month.

A: I know, but it helps when your cousin is the head of the sales department.

B: That explains it.

Conversation E

A: You know Mary Johnson, don't you?

B: Yeah, we used to take the bus together.

A: Well, guess what?

B: What?

A: She's lost her job.

B: Lost her job? But Mary was always the first to arrive and the last to leave!

A: I know. I heard that she's been giving information to another company.

B: Hmm. Maybe that's why she asked about my new project.

A: I heard security had to ask her to leave the building.

B: That's too bad.

Conversation F

A: Have you heard about Grandpa Joe?

B: No, is he okay?

A: Okay? Well, first, he's bought a new convertible.

B: A new convertible? He's 70!

A: He's 75. And, he's dyed his hair. It used to be gray.

B: Really?

A: And he left yesterday.

B: He left?

A: Yes, he's left on a cross-country trip!

B: Good for him!

Track 47

1.

A: He bought a new convertible.

B: A new convertible?

2.

A: He left yesterday.

B: He left?

3.

A: I've just been promoted.

B: Promoted?

4.

A: She's lost her job.

B: Lost her job?

5.

A: They're engaged.

B: Engaged?

6.

A: We're moving.

B: You're moving?

Track 48

The Navarros in the News

Circle the weekend of August 14th in your calendars! This year's reunion committee includes Sara, Doris, Frank, and Luisa. For Saturday, we've already reserved a space at the Park Resort Hotel. The barbecue is going to be on the lawn by the pool. We'll all chip in for the food. We've also reserved a block of rooms for the weekend for anyone who wants to stay overnight. Contact Luisa at 555-2422 to reserve a room. People have requested a relaxing, hassle-free day on Sunday. We're talking to the resort caterer about a picnic lunch. Look for more details in next month's issue! Email your suggestions and comments to the committee members, or call Sara at 555-6739.

Congratulations to Alba Navarro! After five years of college, sometimes full time, sometimes part time, Alba has just graduated with a degree in social work. She has accepted a position at Atlantic Community Services, where she will be working with teens.

Grandma Silvia Navarro turned 99 on May 2nd. She has moved in with her daughter, Isabella, and son-in-law, Brad. Silvia enjoys TV, her flower garden, and visits from her four children, twelve grandchildren, and 30 great-grandchildren. She will become a great-great-grandmother in September! Silvia says that she is looking forward to her 100th birthday. She tells her children, "I'd like a big party!"

A Note from Frank and Ana:

Hi Everyone!

We moved to Florida about a year ago, and we've stayed very active. Ana and I have gotten involved in the community. I was a high school principal and teacher for many years, so I've started volunteering at the local high school. I began by tutoring biology. Then, the school asked me to help out in the office. Now, I volunteer there about three times a week! Ana has been tutoring some of the immigrant students in English. We've both enjoyed our volunteer work. A few weeks ago, someone asked me to join the school board. I thought about it, but I've just decided not to join. I'm retired! I enjoy volunteering, but I don't want to take on more responsibility. Ana and I have been playing tennis and riding our bikes regularly to help us stay in shape. If you want to come for a visit, email us. Our guest room is waiting for you!

Send your get-well cards to John. His knee replacement went well, but he has several weeks of physical therapy ahead.

Carolina is looking for job leads. Her company closed, leaving 75 accountants looking for work. If you have any suggestions, please email her.

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