VIDEO SCRIPTS

UNIT 5

Page 77, Urban Gardening

Meredith (narrating): It's difficult to grow food in the city, but more and more people are trying to. We usually don't get access to the big open fields. What we get are the scraps. We get the tiny side yards. We get the little scrap of lawn between the sidewalk and the street. My job is to reengineer those pieces of land into edible spaces that are producing food for the families that live around them.

Meredith (to a woman): Well that's a good idea. Let's not put this guy in there, then. Let's put the raspberries where the rosemary is.

Meredith (narrating): Most people's great-grandparents and probably their grandparents have had a garden or grew up with a garden. I hear that a lot from people. They say "Oh! You know, my grandmother had this… this huge garden. It was so beautiful. I want to recreate that for my kids."

Woman: Charlie, don't throw the dirt.

Meredith (narrating): But, there's a gap there where it seems like a whole generation of people just completely missed out on what it is to grow your own food.

Jeremy (narrating): There is enormous value in putting the food system in the community, as opposed to making it some abstract thing where tomatoes come in cellophane. Tomatoes come off a vine, and they can come off a vine in your backyard. And, that is an extraordinarily empowering thing for people, in addition to being delicious.

Marlana (narrating): This is about as urban as it gets. It's very busy and very noisy and crowded, but this garden is sort of a secret on our roof. Coming up here and finding the new growth every day is just… is a huge surprise, and it just brings me so much joy that's hard to explain.

Meredith (narrating): A vegetable garden has rich soil. There's flowers, there's natives, and it fosters a healthy ecosystem.

Margaret (narrating): If the kids are racing out the door first thing in the morning and they've, you know, not finished all of their food, I can take those leftovers out to the hens. They're getting a good breakfast. There's not a whole lot of waste. They get our leftovers. They lay eggs. We eat the eggs. We're all kind of having this nutrient circle that is pretty… pretty wonderful and pretty remarkable.

Meredith (narrating): You might not be able to feed your whole family growing in your backyard, but you can produce a whole lot in a small, little space. And, the food that comes out there is going to be more nutritious and tastier than anything you can buy in the store.

UNIT 7

Page 109, Soccer Brings the World Together

Aziz (narrating): What makes soccer loved all over the world is that it doesn't need any infrastructure. It doesn't need language abilities. Anybody can play it. All you need is just a ball. And so, everywhere in the world people play soccer. Everywhere in the world, they love soccer. My name is Aziz Abu Sarah. I'm a cultural educator and a peacemaker. And I'm here in Rio de Janeiro in Brazil. I came here to watch the World Cup matches but also to learn about this country and meet new people and make new friendships. Growing up, to me, soccer was as much part of my life as eating and drinking and going to school. I played soccer every day. I watched every match possible. It was something that took us out of the reality of the Middle East into a whole different world. In Israel and Palestine, I worked with Israeli and Palestinian kids, bringing them together to play together on the same team, not Israelis versus Palestinians… but actually mixing the teams together.

Aziz (to two boys): This is Muhammad. This is Yusuf.

Aziz (narrating): And the moment they got on the field, they forgot all differences. Language didn't matter. Color didn't matter. What religion they are didn't matter. All that mattered is whether you can play or not. Soccer is a great way of intercultural exchange because every team, whether they intended for it or not, are bringing some of their culture into the games. The fans are bringing their colors, their music, their dances, and you get to learn about that… even sometimes some of their beliefs. One cultural thing that people have learned in this World Cup is about the Muslim players who had to fast because of the month of Ramadan from sunrise to sunset, not eating and not drinking. And being… having to play while fasting is really hard. And so, it's been a great experience and a great learning experience for everybody.

UNIT 9

Page 140, The Dogist

Elias (narrating): There's nothing really crazy about it. I walk around and say, "May I take a photo of your dog?"

Elias: May I take a photo of your dog? May I take a photo of your dog?

Elias (narrating): They say, "Okay, okay. Good luck trying to get his photo."

Elias: Sit!

Elias (narrating): Squeak toy comes out. I start making a weird noise. One second later, the dog is posing like a professional.

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