

<u>Unit</u>	<u>Page</u>	<u>Headword</u>	<u>Part of speech</u>	<u>Pronunciation</u>	<u>Definition</u>	<u>Sample Sentence</u>	<u>Translation</u>
Unit 1	8	boring	adjective	/'bɔ:riŋ/	not interesting	<i>The story was a bit boring because I knew exactly how it would end.</i>	βαρετός, -ή, -ό
	4	chef	noun	/ʃef/	a person who cooks food in a restaurant or hotel kitchen	<i>The chef made a delicious vegetable soup for starters.</i>	μάγειρας
	4	dancer	noun	/'dænsər/	a person who earns money by dancing	<i>The lights came on as the ballet dancers came onto the stage.</i>	χορευτής, χορεύτρια
	8	dangerous	adjective	/'deɪndʒərəs/	unsafe or harmful	<i>It's dangerous to cross the street here, so be careful.</i>	επικίνδυνος, -η, -ο
	4	doctor	noun	/'dɔ:ktər/	a person who examines and treats sick people	<i>If you don't feel better tomorrow, you should see a doctor.</i>	γιατρός
	4	engineer	noun	/,ɛndʒɪ'nɪr/	a person who designs and builds roads, bridges or machines	<i>The engineer who designed the new bridge is my aunt.</i>	μηχανικός
	8	happy	adjective	/'hæpi/	joyful or cheerful	<i>Stefanos is happy in his new job as everybody is friendly there.</i>	ευτυχισμένος, -η, -ο, ικανοποιημένος, -η, -ο
	8	interesting	adjective	/'ɪnrəstɪŋ/	something that is exciting or unusual	<i>It's interesting to learn about different types of jobs.</i>	ενδιαφέρων
	4	journalist	noun	/'dʒɜ:nəlɪst/	a person whose job is to collect news	<i>Frank is a journalist who writes for a local newspaper.</i>	δημοσιογράφος
	4	photographer	noun	/fə'tɑ:grəfər/	a person who takes photos as a job	<i>Melinda's career as a photographer began when she sold some of her photos of the sea.</i>	ψωτογράφος
	4	pilot	noun	/'paɪlət/	a professional who flies airplanes	<i>Ken is a pilot and he flies planes to different cities in Europe.</i>	πιλότος

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Unit 1	4	police officer	noun	/pə'li:s 'ɔ:fisər/	a person who is trained to keep law and order	<i>The police officers ran after the robbers who came out of the bank.</i>	αστυνόμος
	4	politician	noun	/,pə:lə'tiʃn/	a person with a job in politics and/or is a member of a government	<i>Europe's top politicians are meeting in Brussels to discuss environmental problems.</i>	πολιτικός
	8	poor	adjective	/pɔ:r/	without a lot of money	<i>Rita's family is poor because they don't have good salaries.</i>	φτωχός, -ή, -ό
	8	rich	adjective	/rɪtʃ/	with a lot of money	<i>Cleo isn't rich, but she enjoys her job as a farmer.</i>	πλούσιος, -η, -ο
	7	teacher	noun	/'ti:tʃər/	a person who teaches or educates others	<i>Our history teacher is planning a class trip to the museum.</i>	δάσκαλος, δασκάλα
	4	travel agent	noun	/'trævl 'eɪdʒənt/	a person who plans trips and holidays for others	<i>The travel agent found us room in a wonderful hotel near the beach.</i>	ταξιδιωτικός πράκτορας
	8	safe	adjective	/seɪf/	not harmful or dangerous	<i>You should keep your money in a safe place when you're on vacation.</i>	ασφαλής
	8	unhappy	adjective	/ʌn'hæpi/	sad; not happy	<i>Timos was unhappy at his new school before he made some new friends.</i>	δυστυχισμένος, -η, -ο
Unit 2	16	brush your teeth	phrase	/brʌʃ jər ti:θ/	to clean your teeth with a small brush	<i>I always brush my teeth in the morning and at night.</i>	βουρτσίζεις τα δόντια σου
	16	catch the bus	phrase	/kætʃ ðə bls/	to get on a bus on time	<i>You can catch the bus into town from the end of this street.</i>	παίρνω το λεωφορείο
	20	celebrate	verb	/'selɪbreɪt/	to do something special, like have a party	<i>Let's have a party to celebrate the New Year.</i>	γιορτάζω

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Unit 2	20	costumes	noun	/'kɑ:stu:mz/	clothes worn by somebody who is trying to look like a different person or thing	<i>We made our own Halloween costumes and then wore them at the party.</i>	στολές, φορεσιές
	20	decorate	verb	/'dekəreit/	to make a place or object look beautiful or festive	<i>Before the festival, people decorate the streets with colorful flowers and lights.</i>	στολίζω
	16	eat breakfast	phrase	/i:t 'brekfəst/	to eat the first meal of the day	<i>At the hotel, we ate breakfast on the balcony every morning.</i>	τρώω πρωινό
	16	eat out	phrasal verb	/i:t aʊt/	to eat at a restaurant	<i>We don't eat out often, but sometimes we go to a fish restaurant near the sea.</i>	τρώω έχω
	20	festival	noun	/'festɪvl/	a public celebration on a special occasion	<i>In our village, we have a festival with music dancing in July every year.</i>	γιορτή, πανηγύρι
	20	fireworks	noun	/'faɪərwɜ:rks/	colorful explosions of light in the sky, usually used for celebrations	<i>We watched the fireworks light up the sky at midnight on New Year's Eve.</i>	πυροτεχνήματα
	20	fun	noun	/fʌn/	a good time	<i>Did you have fun at the dance?</i>	διασκέδαση, κέφι
	16	get up	phrase	/get ʌp/	to wake up and get out of bed	<i>What time do you get up on Saturdays?</i>	ξυπνάω, σηκώνομαι
	16	go to bed	phrase	/gʊt tə bed/	to lie down in bed	<i>I have a test tomorrow, so I must go to bed early tonight.</i>	παω για ύπνο
	16	go to the movies	phrase	/gʊt tə ðə 'mu:vɪz/	to watch films in a movie theater	<i>How often do you go to the movies with your friends?</i>	παω στον κινηματογράφο
	20	masks	noun	/mæskz/	material worn on the face to hide your identity	<i>I didn't notice my friends at the Carnival because they were wearing masks.</i>	μάσκες
	20	present	noun	/'preznt/	a gift	<i>We gave Dad a new camera as a present for his birthday.</i>	δώρο

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Unit 2	16	start work	phrase	/stɑ:rt wɜ:rk/	to begin doing your job at the start of the work-day	<i>Everybody in our office starts work at nine o'clock.</i>	ξεκινώ τη δουλειά
	16	take a nap	phrase	/teik ə næp/	to have a short sleep	<i>When Joe gets home after school, he takes a nap before doing his homework.</i>	παίρνω έναν υπνάκο
	16	take a shower	phrase	/teik ə 'ʃaʊər/	to wash in the shower	<i>Carmen takes a shower every night at bedtime.</i>	κάνω ντους
	16	watch TV	phrase	/wɑ:tʃ ,ti: 'vi:/	to view shows on the television	<i>Ryan and his brother are watching TV in their bedroom.</i>	βλέπω τηλεόραση
	16	visit friends	phrase	/'vɪzɪt frendz/	to go to see friends, usually at their home	<i>We're going to visit our friends in Berlin next year.</i>	κάνω επίσκεψη σε φίλους
Unit 3	32	airline ticket	noun	/'erlaɪn 'tɪkɪt/	a printed piece of paper bought for travel on an airplane	<i>Airline tickets are usually much cheaper if you buy them months before you travel.</i>	αεροπορικό εισιτήριο
	28	board the airplane	phrase	/bɔ:rd ðə 'erpleɪn/	to get on an airplane	<i>When I boarded the airplane to Rome, somebody was sitting in my seat, so I kindly asked him to check his seat number.</i>	επιβιβάζομαι στο αεροπλάνο
	28	buy duty-free goods	phrase	/baɪ 'du:ti fri: gɔdz/	to buy things at a store in an airport that do not add tax to the price	<i>It seems crazy that you can't take liquids in your hand luggage, but you can buy lots of duty-free goods and carry them onto the plane.</i>	αγοράζω αδασμολόγητα είδη
	28	buy your ticket	phrase	/baɪ jər 'tɪkɪt/	to use cash or credit cards to get a ticket	<i>Did you buy your ticket from a travel agent or get it online?</i>	αγοράζετε το εισιτήριο σας
	32	cash	noun	/kæʃ/	paper money, like dollar bills and coins used to buy things	<i>Sandra prefers to pay for things in cash, so she knows how much money she has got left.</i>	μετρητά
	28	check in	phrase	/tʃek ɪn/	to arrive and show your ticket	<i>You can save time at the airport if you check in online before you go.</i>	κάνω παραλαβή της κάρτας επιβίβασης και παράδοση αποσκευών

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Unit 3	32	credit cards	noun	/ˈkredit kɑːrdz/	plastic cards that allow a person to buy things by borrowing money	<i>It can be useful to have credit cards so that you can buy things online.</i>	πιστωτικές κάρτες
	28	claim your baggage	phrase	/kleɪm jər ˈbæɡɪdʒ/	pick up bags or suitcases after a flight	<i>You'll have to show your passport before you go and claim your baggage.</i>	παραλάβετε τις αποσκευές σας
	28	go through customs	phrase	/ɡoʊ θruː ˈkʌstəmz/	walk through the area where items brought into a country are checked by an official	<i>Patrick was stopped when he was going through customs because he was carrying a lot of cash.</i>	περνώ από το τελωνείο
	28	go through immigration	phrase	/ɡoʊ θruː ˌɪmɪˈɡreɪʃn/	have passports or visas checked by a government worker	<i>On our trip to Istanbul, we filled out a form to get visas before we went through immigration.</i>	περνώ από την υπηρεσία μετανάστευσης
	28	go through security	phrase	/ɡoʊ θruː səˈkjʊərəti/	be checked and/or have baggage checked by a government worker to make sure no one has anything dangerous	<i>Mike had to take out his laptop to have it checked when he went through security.</i>	περνώ από τον έλεγχο αποσκευών
	32	international driver's license	phrase	/ˌɪntərˈnæʃnəl ˈdraɪvəz ˈlaɪsns/	a document that allows people to drive a car or motorcycle in foreign countries	<i>If you want to hire a car in Canada, you'll need an international driver's license.</i>	διεθνής άδεια οδήγησης
	28	pack your bags	phrase	/pæk jər ˈbæɡz/	to wrap, or seal objects in a bag, suitcase, etc, for transportation	<i>We're leaving soon, so it's time to pack your bags.</i>	φτιάχνετε τις βαλίτσες σας, μαζεύετε τα πράγματά σας να φύγετε
	32	passport	noun	/ˈpæspɔːrt/	a small book from the government of a country to show who a person is	<i>We had to show our passports and tickets at the airport.</i>	διαβατήριο
	28	take a taxi	phrase	/teɪk ə ˈtæksi/	to hire a car with a driver	<i>You can take a taxi from the airport to the ferry.</i>	παίρνω ταξί

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Unit 3	32	travel insurance	phrase	/'trævl in'ʃʊrəns/	an agreement with a company in which you pay them money to cover costs of loss or damage during travel	<i>I had a skiing accident in the Alps, so I used my travel insurance to cover the medical bill.</i>	ταξιδιωτική ασφάλεια
	32	visa	noun	/'vi:zə/	a document that allows a person to travel to a foreign country for a short time	<i>I'm from Spain, so I'll have to get a visa to travel to India.</i>	βίζα
Unit 4	44	apple	noun	/'æpl/	a hard round fruit with red, green or yellow skin and juicy flesh	<i>Apples are one of the healthiest foods you can eat.</i>	μήλο
	48	bagel	noun	/'beɪgl/	a piece of bread that is round with a hole in the middle	<i>Jess bought a fresh bagel from the street seller in New York.</i>	κουλούρι
	44	banana	noun	/bə'nænə/	a long curved fruit with yellow skin	<i>Would you like a banana with your breakfast cereal?</i>	μπανάνα
	48	beans	noun	/bi:nz/	vegetables that are the seeds of a plant	<i>I can't believe that British people eat beans on toast.</i>	φασόλια
	48	breakfast cereal	noun	/'brekfəst 'sɪriəl/	food made from grains eaten as a morning meal	<i>I have different kinds of breakfast cereal with milk every morning.</i>	δημητριακά για πρωινό
	48	broccoli	noun	/'brɑ:kəli/	a vegetable with green stalks and green or purple, flower-like heads	<i>We had a side dish of broccoli and carrots with our fish.</i>	μπρόκολο
	44	butter	noun	/'bʌtər/	a yellowish fat made from milk or cream	<i>Hot potatoes taste great with butter on top.</i>	βούτηρο
	48	cauliflower	noun	/'kɔ:lɪfləʊər/	a vegetable with white stalks and white, flower-like heads	<i>Have you ever eaten cauliflower with cheese sauce? It's delicious!</i>	κουνουπίδι
	44	cheese	noun	/tʃi:z/	a solid food made from milk	<i>Let's make a cheese omelette.</i>	τυρί

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Unit 4	44	chicken	noun	/ˈtʃɪkɪn/	a farm bird raised for its eggs and meat	<i>Alana doesn't eat chicken because she's a vegetarian.</i>	κοτόπουλο
	44	coffee	noun	/ˈkɔːfi/	a hot or cold brown drink made from water and coffee beans	<i>I can't sleep if I drink coffee in the evening.</i>	καφές
	46	customer	noun	/ˈkʌstəmə/	a person who buys goods or services	<i>The store has special offers this month to attract new customers.</i>	πελάτης
	44	dairy products	noun	/ˈderi ˈpraːdʌkts/	different types of food that are made from milk	<i>I stopped eating meat years ago, but I still eat some dairy products like cheese.</i>	γαλακτομικά
	44	drinks	noun	/driŋks/	liquids that can be swallowed	<i>Matt is making the food for the party, and Jill is bringing the drinks.</i>	ποτά
	44	egg	noun	/eg/	a round or oval shell laid by a female bird	<i>How many eggs do we need for the cake?</i>	αυγό, αβγό
	48	fiber	noun	/ˈfaɪbər/	a part of a plant that is found in many fruits or vegetables and is part of a healthy diet	<i>Make sure you have enough fiber in your diet by eating fresh fruit and vegetables every day.</i>	φυτική ίνα
	44	fish	noun	/fɪʃ/	an animal with a tail and fins that lives in water	<i>Fish and chips is the most well-known British takeaway meal.</i>	ψάρι
	44	fruit	noun	/fru:t/	the part of a plant that holds the seeds	<i>Bananas are Bill's favorite fruit.</i>	φρούτα
	48	hamburger	noun	/ˈhæmbɜːrgər/	ground meat, mixed with other things and shaped into a flat circle	<i>We stopped to eat a hamburger and fries on the way home from the movies.</i>	χάμβουργκερ
	44	juice	noun	/dʒuːs/	a drink made from fresh fruit	<i>Would you like a glass of fruit juice?</i>	χυμός
	44	lemon	noun	/ˈlemən/	a bright yellow fruit that has sour juice	<i>I think fish tastes better with some lemon juice on it.</i>	λεμόνι

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Unit 4	44	lettuce	noun	/ˈletɪs/	a vegetable with large green leaves	<i>Wash the lettuce carefully before you put it into the salad bowl.</i>	μαρούλι
	44	meat	noun	/mi:t/	the flesh of animals	<i>The islanders eat more fish and vegetables than meat.</i>	κρέας
	44	milk	noun	/mɪlk/	a white liquid produced by some types of female animals to feed their babies	<i>Could I have some milk in my tea, please?</i>	γάλα
	48	nuts	noun	/nʌts/	fruits with a hard shell or their seeds	<i>Fruit and nuts make a healthier snack than cakes or biscuits.</i>	ξηροί καρποί
	44	onion	noun	/ˈɒnjən/	a round layered vegetable with a brown or purple skin	<i>These onions have a strong smell and they're making me cry.</i>	κρεμμύδι
	44	orange	noun	/ˈɔːrɪndʒ/	a round, juicy, orange-colored fruit with a thick skin	<i>You can make some fresh juice from these oranges.</i>	πορτοκάλι
	44	pepper	noun	/ˈpepər/	a hollow vegetable with seeds inside	<i>Nicola is cooking stuffed peppers for dinner.</i>	πιπεριά
	44	potato	noun	/pəˈteɪtəʊ/	a round or oval root vegetable that is white inside	<i>The smell of baked potatoes filled the kitchen.</i>	πατάτα
	44	protein	noun	/ˈprəʊtiːn/	a substance found in meat, fish, or dairy products that helps growth	<i>Beans and peas are full of vegetable protein.</i>	προτεΐνη
	44	sausage	noun	/ˈsɔːsɪdʒ/	meat formed into a tube	<i>My neighbor is in the backyard cooking sausages on the barbecue.</i>	λουκάνικο
	44	shrimp	noun	/ʃrɪmp/	small shellfish with long tails	<i>Shrimps are white inside, but they look pink after they are cooked.</i>	γαρίδα
	44	soda	noun	/ˈsəʊdə/	a sweet carbonated drink	<i>Don't drink a lot of soda because it's bad for your health.</i>	σόδα, αναψυκτικά



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Unit 4	44	steak	noun	/steɪk/	a large piece of meat or fish, usually about an inch thick	<i>Would you like a salad with your steak and chips?</i>	μπριζόλα
	44	tea	noun	/ti:/	leaves that are dried and broken into pieces, then added to boiling water to make a hot drink	<i>Could I have a slice of lemon in my tea?</i>	τσαι
	44	tomato	noun	/tə'meɪtəʊ/	a soft red fruit served as a vegetable	<i>Let's have some cheese and tomato sandwiches.</i>	ντομάτα
	48	tuna salad	noun	/'tu:nə 'sæləd/	a mixture of cooked tuna fish and vegetables, served with mayonnaise, oil, or other dressings	<i>We can have some tuna salad for lunch.</i>	τονοσαλάτα
	44	turkey bacon	noun	/'tɜ:ki 'beɪkən/	salted and smoked turkey meat	<i>I don't believe turkey bacon is any better than other kinds of bacon because there's a lot of salt in it.</i>	μπέικον από γαλοπούλα
	44	vegetables	noun	/'vedʒtəblz/	different plants that can be eaten as food	<i>Greek farmers sell fresh vegetables in the street markets.</i>	λαχανικά
	46	waiter	noun	/'weɪtər/	a person who serves food and drink in a restaurant	<i>The waiter took our order quickly, but we waited a long time for the food.</i>	σερβιτόρας
	44	water	noun	/'wɔ:tər/	a clear liquid with no color or taste, which living things need to survive	<i>Irene fell into the water when the wave hit the boat.</i>	νερό
Unit 5	60	baseball	noun	/'beɪsbɔ:l/	a game played by two teams of nine players each, using a ball and a small bat	<i>Leo hit the ball so hard it went outside the baseball park.</i>	μπείζμπολ
	56	climbing	noun	/'klaɪmɪŋ/	a sport in which a person moves upward over a vertical surface	<i>Climbing in the mountains is fun if you use the right safety equipment.</i>	ορειβασία

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Unit 5	60	diving	noun	/ˈdaɪvɪŋ/	a water sport in which a person jumps into deep water	<i>Anna saw some amazing sea creatures when she went diving.</i>	κατάδυση
	58	fix the roof	phrase	/fiks ðə ru:f/	to repair the top of a house	<i>The villagers had to fix their roofs that were damaged by the storm.</i>	επισκευάζω την σκεπή
	60	football	noun	/ˈfʊtbɔ:l/	a team sport, using an oval ball which you pass over a line to win	<i>We watched our favourite team win the football match.</i>	(αμερικάνικο) ποδόσφαιρο
	60	golf	noun	/gɔ:lf/	a sport in which you hit a small ball with a long stick into a hole in the ground	<i>I tried playing golf, but I couldn't hit the ball in a straight line.</i>	γκολφ
	58	go to the movies	phrase	/ˈgəʊ tə ðə ˈmu:vɪz/	to watch films in a movie theater	<i>How often do you go to the movies with your friends?</i>	παω στον κινηματογράφο
	60	gymnastics	noun	/dʒɪmˈnæstɪks/	exercises that develop strength	<i>The sports center has bars, ropes and climbing frames for gymnastics.</i>	γυμναστική
	56	hiking	noun	/ˈhaɪkɪŋ/	taking a long walk in the country or up a mountain	<i>The group nearly got lost when they were hiking through the forest.</i>	πεζοπορεία
	60	ice hockey	noun	/aɪs ˈhɑ:ki/	an ice-skating sport played by two teams using curved sticks and a small round disk	<i>You must learn to skate well before you can play ice hockey.</i>	χόκεϊ έπι πάγου
	56	jogging	noun	/ˈdʒɑ:gɪŋ/	running as a form of exercise	<i>There are always a lot of people jogging round the park for exercise in the early evening.</i>	τζόγκινγκ
	56	lifting weights	noun	/ˈlɪftɪŋ weɪts/	a sport in which people try to lift very heavy objects	<i>Chris hurt his back when he was lifting weights.</i>	άρση βαρών

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Unit 5	56	playing soccer	phrase	/pleɪɪŋ'sɑ:kər/	playing a team sport, using a round ball which you kick into a goal net to win	<i>I love playing soccer with my friends at the park.</i>	παίζω ποδόσφαιρο
	60	skateboarding	noun	/'skeɪtbɔ:rdɪŋ/	a sport in which people do tricks on a narrow board that has four wheels	<i>We often see children skateboarding in the park.</i>	κάνω σκέιτ-μπορντ
	56	study	verb	/'stʌdi/	to spend time learning about a subject	<i>Did your parents study English at school?</i>	σπουδάζω
	56	swimming	noun	/'swɪmɪŋ/	a sport in which people move through water by moving parts of the body	<i>Swimming is a great way to relax and exercise at the same time.</i>	κολύμπι
	56	taking a break	phrase	/'teɪkɪŋ ə breɪk/	taking time to relax	<i>I've been studying for hours, so I'm taking a break now.</i>	κάνω διάλειμμα
	60	volleyball	noun	/'vɔ:lɪbɔ:l/	a team sport with players on each side of a high net who score points by hitting the ball to the ground on the opposite side of the net	<i>Jodie hit the ball over the net and scored a point for her volleyball team.</i>	βόλεϊ
Unit 6	68	buy souvenirs	phrase	/baɪ ,su:və'nɪrɪz/	to pay for small objects to remind you of a visit to a place	<i>We bought some souvenirs in the museum shop.</i>	αγοράζω αναμνηστικά
	68	check into the hotel	phrase	/tʃek 'ɪntə ðə hoʊ'tel/	to arrive at a hotel and get a room	<i>After I checked into the hotel, I went to my room to relax.</i>	δηλώνω παρουσία στο ξενοδοχείο
	72	emphatic adjectives	phrase	/ɪm'fæɪtɪk 'ædʒɪktɪvz/	(See page 72.) adjectives which give a strong meaning	<i>You can use emphatic adjectives, like 'fascinating', to make your writing more interesting.</i>	εμφατικά επίθετα
	68	pack suitcases	phrase	/pæk 'su:tkeɪsɪz/	to put objects into bags to transport them while traveling	<i>Pack your suitcases carefully, so they won't be too heavy to take on the plane.</i>	φτιάχνω τις βαλίτσες
	68	unpack suitcases	phrase	/'ʌn'pæk 'su:tkeɪsɪz/	to take everything out of bags after traveling	<i>Let's go out for dinner after we've unpacked the suitcases.</i>	βγάζω τα πράγματα από τις βαλίτσες, ξεπακετάρω

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Unit 6	68	rent a car	phrase	/rent ə kɑ:r/	to pay money to use a car for a short time	<i>They rented a car for a week to travel round the Peloponnese.</i>	ενοικιάζω αυτοκίνητο
	68	take a bus tour	phrase	/teik ə bls tʊr/	to go on a bus that will visit places of interest with a guide	<i>It's a good idea to take a bus tour to the ancient site of Delphi.</i>	πηγαίνω έκδρομή με πούλμαν
	68	take photos	phrase	/teik 'fʊtʊs/	to take pictures with a camera	<i>Did you take a lot of photos on your tour of Edinburgh?</i>	βγάζω φωτογραφίες
	68	visit places of interest	phrase	/'vɪzɪt pleɪsɪz əv 'ɪntrəst/	to go to famous places	<i>I'd like to visit places of interest in South America one day.</i>	πηγαίνω στα ενδιαφέροντα μέρη
Unit 7	88	bad	adjective	/bæd/	unpleasant or harmful	<i>That cheese looks bad. I don't think we should eat it.</i>	κακός, -ή, -ό, άσχημος, -η, -ο
	88	dirty	adjective	/'dɜ:rtɪ/	not clean	<i>My baseball boots were dirty after the match.</i>	βρώμικος, -η, -ο
	84	e-mail	noun	/'i:meɪl/	mail sent over the Internet	<i>Peter sends e-mails for his business, but he prefers to contact friends and family by phone.</i>	email, μήνυμα ηλεκτρονικού ταχυδρομείου
	84	fax	noun	/fæks/	a document that is sent electronically through telephone lines	<i>Bob sent the report to the bank by fax.</i>	φαξ
	88	green	adjective	/gri:n/	the color of the grass	<i>The gates of the school were painted green.</i>	πράσινος, -η, -ο
	88	hearing	noun	/'hɪrɪŋ/	listening to sounds through the ears	<i>Dad's hearing isn't so good these days, so he wears a hearing aid in his ear.</i>	ακοή
	84	letter	noun	/'letər/	a written or typed message sent by mail	<i>Sylvia read the letter quickly, and smiled happily at the good news.</i>	γράμμα

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Unit 7	88	loud	adjective	/laʊd/	with intense sound	<i>The rabbits ran for safety when they heard loud voices.</i>	δυνατός, ός, -ή, -ό, θορυβώδης
	84	newspaper ad	noun	/'nu:zpeɪpər æd/	a printed advertisement that appears in a newspaper	<i>If you want to buy a house, check the newspaper ads to see what's in the area.</i>	μικρή αγγελία
	88	salty	adjective	/'sɔ:lti/	something that has the taste of salt	<i>We couldn't eat the fish in the restaurant as it was too salty.</i>	αλμυρός, -ή, -ό, αλατισμένος, -η, -ο
	88	sight	noun	/saɪt/	the ability to see using your eyes	<i>Barbara started to lose her sight when she was sixty-five.</i>	όραση
	84	smartphone	noun	/'smɑ:rtfəʊn/	a mobile phone that can access the Internet	<i>Smartphones are useful for checking your e-mails when you're traveling.</i>	smartphone, έξυπνο κινητό τηλέφωνο
	88	smell	noun	/smel/	the feeling sensed through the nose	<i>When the guests noticed the smell of smoke, they left the hotel quickly.</i>	όσφρηση
	84	social media	noun	/'səʊʃl 'mi:diə/	websites and applications used for connecting with people on the Internet	<i>Sophie uses social media apps to share photos with her friends.</i>	μέσα κοινωνικής δικτύωσης
	88	soft	adjective	/sɔ:ft/	nice to touch	<i>This sweater feels so soft on my skin.</i>	μαλακός, -ή, -ό, απαλός, -ή, -ό
	88	sweet	adjective	/swi:t/	having a taste like sugar or honey	<i>Would you like some sweet fruit cake with your tea?</i>	γλυκός, -ή, -ό
	88	taste	noun	/teɪst/	the sense of flavor that comes from the tongue	<i>Do you like the taste of honey?</i>	γεύση
	84	text message	noun	/tekst 'mesɪdʒ/	an electronic message sent through a cell phone	<i>Send me a text message when you get to the train station, and I'll meet you there.</i>	μήνυμα, SMS
	88	touch	noun	/tʌtʃ/	the ability to feel through the skin, especially with the fingers	<i>Rick got a shock when he felt the touch of a snake on his leg.</i>	αφή

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Unit 7	84	TV	noun	/ˌti: 'vi:/	a box-like device that shows pictures and sounds	<i>Every channel on the TV showed the news of the plane crash.</i>	τηλεόραση
	88	wet	adjective	/wet/	covered with, or full of water, or another liquid	<i>My hair is wet because I've just been swimming.</i>	υγρός, -ή, -ό
Unit 8	96	buy a new car	phrase	/baɪ ə nu: kɑ:r/	to pay for a new automobile	<i>Right now, Rena can't afford to buy a new car, so she'll have to keep her old one.</i>	αγοράζω καινούργιο αυτοκίνητο
	96	buy my own house	phrase	/baɪ maɪ oʊn haʊs/	to pay for a home of your own	<i>In a few years time, I'd like to buy my own house in the countryside.</i>	αγοράζω το δικό μου σπίτι
	96	clean the house	phrase	/kli:n ðə haʊs/	to remove dirt and dust from inside a house	<i>Please help me clean the house before the visitors arrive.</i>	καθαρίζω το σπίτι
	100	cloudy/ overcast	adjective	/'klaʊdi/ ,oʊvər'kæst/	covered with clouds; not sunny	<i>During our vacation in Canada, the sky was overcast almost every day and it rained quite a lot.</i>	συννεφιασμένος, -η, -ο
	100	cold/cool	adjective	/kəʊld/ku:l/	having a low temperature; not warm	<i>There is often a cool wind in the evenings, so wear a jacket and you won't get cold.</i>	κρύος, -η, -ο/δροσερός, -ή, -ό
	96	do the laundry	phrase	/də ðə 'lɔ:ntri/	wash dirty clothes	<i>Georgia works long hours, so she pays somebody to do her laundry once a week.</i>	βάζω μπουγάδα
	96	get a new job	phrase	/get ə nu: dʒɑ:b/	to change jobs	<i>Did you know that Andrew got a new job as a postman?</i>	βρίσκω καινούργια δουλειά
	96	have children	phrase	/hæv 'tʃɪldrən/	to start a family	<i>Janet had her two children when she was in her twenties.</i>	αποκτήσω παιδιά
	100	hot/warm	adjective	/hɑ:t/wɔ:rm/	having a high temperature; not cold	<i>The weather won't be hot in Italy in February, so take some warm clothes.</i>	ζεστός, -ή, -ό/θερμός, -ή, -ό

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Unit 8	100	rain boots	noun	/reɪn bu:ts/	shoes that are worn in the rain, usually made from rubber or plastic	<i>The children put on their rain boots to keep their feet dry on the way to school.</i>	γαλότσες
	100	raincoat	noun	/'reɪnkəʊt/	a coat that stops a person from getting wet	<i>Theo got wet on the way home because he wasn't wearing a raincoat.</i>	αδιάβροχο
	100	rainy/wet	adjective	/'reɪni/wet/	having a lot of rain	<i>We expect a few rainy days on the camping trip, but let's hope it won't be wet all the time.</i>	βροχερός, -ή, -ό
	100	scarf	noun	/skɑ:rf/	an item of clothing worn round the neck	<i>At the football match, all the spectators were wearing their team scarves.</i>	κασκόλ
	96	speak English fluently	phrase	/spi:k 'ɪŋɡlɪʃ 'flu:əntli/	to speak English easily in a natural-sounding way	<i>Diana speaks English fluently because she lived in Australia as a child.</i>	μιλάω αγγλικά με ευφράδεια
	96	study for the next test	phrase	/'stʌdi fər ðə nekst test/	to practice, read, and listen to get ready for a quiz/exam	<i>I won't have much time to relax after the French exam because I'll have to study for the next test.</i>	μελετώ για το επόμενο διαγώνισμα
	100	sun hat	noun	/sʌn hæʔ/	a hat that protects the head from the sun	<i>Carol wore a wide sun hat to go to the beach.</i>	ψάθινο καπέλο
	100	sunglasses	noun	/'sʌŋglæsɪz/	glasses that protect the eyes from the sun	<i>It's important to have good sunglasses to protect your eyes in bright sunlight.</i>	γυαλιά ηλίου
	100	sunny/bright/clear	adjective	/'sʌni/braɪt/klɪr/	brightly lit with a lot of sunshine; not cloudy	<i>It was a bright sunny day with clear skies when we set sail.</i>	ηλιόλουστος/καθαρός (για ουρανός)
	100	sweater	noun	/'swetər/	an item of clothing that covers the upper body and the arms	<i>Take a sweater to wear on top of your t-shirt in case it gets cold later.</i>	πουλόβερ

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Unit 8	100	swimsuit	noun	/ˈswɪmsu:t/	a piece of clothing that is worn to go swimming	<i>The Greek swimming team were all wearing blue and white swimsuits.</i>	μαγιό
	100	umbrella	noun	/ʌmˈbrelə/	a folding fabric device used to protect somebody from rain	<i>The wind was so strong that it broke my umbrella, so I got really wet in the rain.</i>	ομπρέλα
	100	windy/breezy	adjective	/ˈwɪndi/ˈbri:zi/	with a lot of wind	<i>It was a breezy summer day, which was perfect for flying our kites in the park.</i>	με αέρα
Unit 9	108	belt	noun	/belt/	a strip of leather or cloth worn around the waist	<i>This belt is too small for me as it won't go round my waist.</i>	ζώνη
	108	blouse	noun	/blaʊs/	a woman's shirt	<i>Bridget's bright green blouse looks good with black pants.</i>	μπλούζα (γυναικεία)
	108	cheap	adjective	/tʃi:p/	that does not cost a lot	<i>This store sells cheap clothes that are surprisingly good quality.</i>	φτηνός, -ή, -ό
	108	coat	noun	/koʊt/	a warm item of clothing worn over other clothes	<i>Please come in and take off your coat.</i>	παλτό
	108	cool	adjective	/ku:l/	a temperature that is low, but not too cold	<i>Cool natural fabrics are best for hot summer days.</i>	δροσερός, ελαφρής
	112	cotton	noun	/ˈkɑ:tn/	a type of cloth made from fiber that is the fruit of a plant	<i>Danae wore a light cotton dress with a red belt.</i>	βαμβάκι
	108	expensive	adjective	/ɪkˈspensɪv/	that costs a lot of money	<i>Is it expensive to rent a car in your country?</i>	ακριβός, -ή, -ό
	108	gloves	noun	/glʌvz/	coverings for the hands with a separate part for each finger	<i>I forgot to bring my gloves, so my hands are freezing.</i>	γάντια
	108	handbag	noun	/ˈhændbæg/	a woman's purse	<i>The thief stole the woman's handbag, which had some cash and her smartphone in it.</i>	τσάντα



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Unit 9	108	hat	noun	/hæt/	an item of clothing which covers the head	<i>I don't like having a hat on, but it does keep my head warm in winter.</i>	καπέλο
	108	heavy	adjective	/'hevi/	that weighs a lot	<i>You won't need a heavy coat as it's not very cold tonight.</i>	βαρύς
	108	jacket	noun	/'dʒækɪt/	a short coat	<i>It's really hot today, so you won't need a jacket.</i>	σακάκι, μπουφάν
	108	jeans	noun	/dʒi:nz/	pants made of blue cloth called denim	<i>Were you allowed to wear jeans to school?</i>	τζιν
	112	leather	noun	/'leðər/	animal skin used for clothing, bags, etc.	<i>Elena is a vegetarian, and she doesn't wear anything made from leather.</i>	δέρμα
	108	light	adjective	/laɪt/	that does not weigh a lot; that does not keep you warm	<i>On summer evenings, you might need to put on a light jacket.</i>	ελαφρός, -ή, -ό (για βάρος)
	112	man-made fiber	expression	/mæn meɪd 'faɪbər/	fabric that is made from by people, and not from natural sources	<i>The good thing about clothes made from man-made fibers is that they are usually easy to wash and wear.</i>	τεχνητή ίνα
	108	pants	noun	/pænts/	an item of clothing that covers the legs; trousers	<i>My sisters never wear skirts because they feel more comfortable in pants.</i>	παντελόνι
	113	rough	adjective	/rʌf/	uneven and not smooth	<i>The sweater felt a bit rough against my skin.</i>	σκληρός, -ή, -ό, τραχύς
	108	shirt	noun	/ʃɜ:rt/	an item of clothing worn on the upper half of the body	<i>The police officer was wearing a dark blue shirt and pants.</i>	πουκάμισο
	108	shoes	noun	/ʃu:z/	coverings for the feet	<i>These shoes are too small and my feet hurt.</i>	παπούτσια
	112	silk	noun	/sɪlk/	cloth made from fibers made by silkworms	<i>Beth wore a long silk dress to the wedding.</i>	μετάξι

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Unit 9	108	skirt	noun	/skɜ:rt/	an item of clothing that covers the waist, hips and part of the legs	<i>The dancer wore a long yellow skirt and a white blouse.</i>	φούστα
	113	smooth	adjective	/smu:ð/	with no roughness or holes	<i>After the blouse was ironed, it felt smooth to touch.</i>	λείος, -η, -ο
	108	sneakers	noun	/'sni:kərz/	shoes usually worn for sports or casual activities	<i>Craig usually wears his sneakers when he hangs out with his friends.</i>	αθλητικά παπούτσια
	108	socks	noun	/sɔ:ks/	items of clothing worn on the feet	<i>It's cold today, so put on your thick socks and boots.</i>	κάλτσες
	108	suit	noun	/su:t/	a formal jacket and pants or skirt made from the same fabric	<i>Brenda wore a smart suit to her job interview.</i>	κοστούμι
	108	tie	noun	/taɪ/	an item of clothing worn around the neck by men	<i>The men working in this bank have to wear a blue tie.</i>	γραβάτα
	108	t-shirt	noun	/'ti:ʒ:rt/	a short-sleeved shirt	<i>My favorite clothes are my jeans and this grey t-shirt.</i>	κοντομάκινη μπλούζα
	113	warmth	noun	/wɔ:rmθ/	amount of heat something has	<i>I could feel the warmth of the sun on my face.</i>	ζεστασιά
	112	wool	noun	/wʊl/	cloth that is made from sheep's hair	<i>When I buy some wool, I'll make a scarf for you.</i>	μαλλί
Unit 10	124	bad shape	phrase	/bæd ʃeɪp/	not healthy or physically fit	<i>Kenneth was in bad shape after his illness, but he's feeling better now.</i>	κακή φόρμα, κακή φυσική κατάσταση
	124	cycling	noun	/'saɪklɪŋ/	the action of riding on a bicycle	<i>My brother and I often go cycling along the path by the river.</i>	ποδηλασία
	124	eating a balanced diet	phrase	/'i:tiŋ ə 'bælənst 'daɪət/	eating all of the important food groups	<i>If you start eating a balanced diet, I'm sure you'll have more energy.</i>	τρώω ισορροπημένη διατροφή

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Unit 10	124	eating lots of sugar	phrase	/ˈiːtɪŋ lɔːts əv ˈʃʊɡər/	eating foods and drinks that are sweet and unhealthy because they contain added sugar	<i>Doctors advise against eating lots of sugar as it can cause serious health problems.</i>	τρώνω πολλά ζάχαρη
	124	good shape	phrase	/gʊd ʃeɪp/	healthy and physically fit	<i>Regular walking will help keep you in good shape.</i>	καλή φόρμα, καλή φυσική κατάσταση
	124	healthy	adjective	/ˈhelθi/	in good physical condition; strong, fit and in good shape	<i>Hamburgers are not my idea of healthy food. I prefer fresh fruit and vegetables.</i>	υγιής
	128	heartwarming	adjective	/ˈhɑːrt,wɔːrmiŋ/	something that makes you happy	<i>The children listened to the heartwarming story about the kittens.</i>	εγκάρδιος, -η, -ο
	128	homegrown	adjective	/hoʊmˈgroʊn/	produced in your own garden	<i>Our greenhouse is full of homegrown tomatoes.</i>	ντόπιος, -η, -ο, σπιτικός, -η, -ο,
	128	homemade	adjective	/ˈhoʊmmeɪd/	not made in a factory	<i>Would you like to taste some homemade apple pie?</i>	σπιτικός, -η, -ο,
	124	junk food	noun	/dʒʌŋk fuːd/	food that might taste good, but is bad for your health	<i>The mall is full of junk food shops that attract young people to unhealthy habits.</i>	πρόχειρο φαγητό
	128	lifelong	adjective	/ˈlaɪflɔːŋ/	for all your life	<i>It's his lifelong ambition to run in a marathon.</i>	ισόβιος
	124	lifestyle	noun	/ˈlaɪfstɑɪl/	a way of living	<i>People living in the countryside have more chance of having a healthy lifestyle than others in the city.</i>	τρόπος ζωής
	128	low-calorie	adjective	/loʊ ˈkæləri/	not high in calories	<i>Find out what is in those low-calorie drinks before you buy them, as they might contain harmful ingredients.</i>	χαμηλός σε θερμίδες
	128	mouth-watering	adjective	/ˈmaʊθ,wɔːtəriŋ/	delicious; very tasty food	<i>That pasta dish looks absolutely mouth-watering.</i>	νόστιμος, -η, -ο, ορεκτικός, -η, -ο

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Unit 10	128	overworked	adjective	/,oʊvər'wɜːrkt/	working too much	<i>Feeling tired and overworked, Frank decided to take a break to go hiking.</i>	υπερφορτωμένος με δουλειά
	124	smoking	noun	/'smoʊkɪŋ/	the use of tobacco, usually with cigarettes or cigars	<i>Many teenagers start smoking because they think it's cool, but then they regret it when they get older.</i>	κάπνισμα
	128	stress-free	adjective	/stres fri:/	without worries or problems	<i>Imagine having a completely stress-free lifestyle with no worries at all.</i>	χωρίς άγχος
	124	sunbathing	noun	/'sʌnbɪðɪŋ/	lying outside under the sun	<i>Martha had been sunbathing so long at the pool that her skin was red and sore.</i>	ηλιοθεραπεία
	124	works out	phrase	/wɜːrks aʊt/	physically exercises	<i>Not everybody who works out at the gym is healthy, but at least they're trying to keep in good shape.</i>	κάνει γυμναστική, γυμνάζεται
	124	watching lots of TV	phrase	/wɑːtʃɪŋ lɔːts əv 'tiː 'viː/	spending a lot of time watching TV	<i>Watching lots of TV is such a waste of time when you could be doing more creative activities.</i>	βλέπω πολύ τηλεόραση
Unit 11	136	buy the groceries	phrase	/baɪ ðə 'ɡroʊsərɪz/	to purchase food and household things	<i>To save time, Marge buys her groceries online and gets them delivered from the store.</i>	αγοράζω τα τρόφιμα
	136	cut the grass	phrase	/kʌt ðə ɡræs/	to use a machine to shorten the grass	<i>Danny was cutting the grass in his front yard when I arrived.</i>	κόβω το γκαζόν
	140	get a credit card	phrase	/get ə 'kredɪt kɑːrdz/	to sign up for and receive a credit card	<i>It's hard to get a credit card from the bank if you don't have a good salary.</i>	παίρνω πιστωτική κάρτα
	140	get a promotion	phrase	/get ə prə'moʊʃn/	to be given a higher position or a better job	<i>If you work hard, you might get a promotion to office manager in a few months.</i>	παίρνω μια προώθηση

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Unit 11	140	graduate from high school/ college	phrase	/ˈgrædʒuət frəm haɪ sku:l/ˈkɑ:lɪdʒ/	to receive a degree from an academic institution	<i>The whole family turned out to celebrate when Liam graduated from college.</i>	αποφοιτώ από το λύκειο/ πανεπιστήμιο
	136	iron the clothes	phrase	/ˈaɪərn ðə kloʊðz/	to smooth out wrinkles on clothing	<i>Don't ask me to iron the clothes! It's the only household chore I can't stand.</i>	σιδερώνω τα ρούχα
	140	pass your driving test	phrase	/pæs jər ˈdraɪvɪŋ test/	to pass an examination given to test your ability to drive	<i>Now that you've finally passed your driving test, can you afford to buy a car?</i>	περνάω την εξέταση για το δίπλωμα οδήγησης
	136	pay the bills	phrase	/peɪ ðə bɪlz/	to pay money for heat, electricity, and household needs	<i>Nina hasn't managed pay the bills since she lost her job.</i>	πληρώνω τους λογαριασμούς
	136	put away the clothes	phrase	/pʊt əˈweɪ ðə kloʊðz/	to clean up and store clothes	<i>After he did the ironing, Patrick put away the clothes tidily in the closet.</i>	μαζεύω τα ρούχα
	140	run a marathon	phrase	/rʌn ə ˈmærəθɑ:n/	to run in a race of 26 miles (41.3 km)	<i>Judy felt proud, but exhausted after she ran a marathon.</i>	συμμετέχω σε μαραθώνιο
	136	sweep the floor	phrase	/swi:p ðə flɔ:r/	to clear a surface of dust or dirt, using a broom or brush	<i>Sam has three dogs, so he has to sweep the floor every day.</i>	σκουπίζω το πάτωμα
	140	travel abroad	phrase	/ˈtrævl əˈbrɔ:d/	to go to other countries	<i>When you travel abroad, it's helpful to be able to speak foreign languages.</i>	ταξιδεύω στο εξωτερικό
	136	vacuum	verb	/ˈvækjuəm/	to clean with a vacuum cleaner	<i>The house looked much cleaner after Fred vacuumed all the carpets.</i>	σκουπίζω (με ηλεκτρική σκούπα)
	136	walk the dog	phrase	/wɔ:k ðə dɔ:g/	to take a dog outside for exercise	<i>Dora was walking the dog when she met her neighbor in the park.</i>	βγάζω τον σκύλο βόλτα

<u>Unit</u>	<u>Page</u>	<u>Headword</u>	<u>Part of speech</u>	<u>Pronunciation</u>	<u>Definition</u>	<u>Sample Sentence</u>	<u>Translation</u>
Unit 12	148	borrow	verb	/ˈbɑːrɒʊ/	to receive something with the promise to return it	<i>We borrowed a tent from my uncle to go camping for the weekend.</i>	δανείζομαι
	148	budget	noun	/ˈbʌdʒɪt/	an amount of money set aside for a purpose; a financial plan	<i>The family are living on a tight budget, so they can't afford any luxuries.</i>	προϋπολογισμός
	152	camel	noun	/ˈkæml/	a four-legged animal with a hump on its back and a long neck	<i>We saw some camels in the distance as we drove across the desert.</i>	καμήλα
	152	coral reef	noun	/ˈkɔːrəl riːf/	a hard substance formed from the bones of tiny sea animals	<i>The island is surrounded by a coral reef which is home to a huge variety of sea creatures.</i>	κοραλλιογένης ύφαλος
	152	desert	noun	/ˈdezərt/	a very dry area with little or no rain	<i>If the seasonal rains don't come soon, the whole region will become a desert.</i>	έρημος
	152	elephant	noun	/ˈelɪfənt/	one of the largest land-mammals, with gray skin, and long tusks	<i>It's unfair to keep tropical animals like elephants in zoos, especially in cold countries.</i>	ελέφαντας
	148	expenses	noun	/ɪkˈspensɪz/	things that must be paid	<i>On top of his salary, Gavin receives payment for travel expenses related to his job.</i>	έξοδα
	152	grasslands	noun	/ˈgræslændz/	flat land covered with wild grass	<i>A herd of cows was moving slowly across the grasslands.</i>	λιβάδια
	148	income	noun	/ˈɪnkʌm/	the amount of money earned from working	<i>John's monthly income is hardly enough to live on.</i>	εισόδημα
	148	interest rates	noun	/ˈɪntrəst reɪts/	extra money that has to be paid back when you owe money	<i>The risk of paying high interests rates stopped Eve applying for a credit card.</i>	επιτόκιο
	148	lend	verb	/lend/	to allow somebody else to use something for a period of time	<i>I could lend you some cash to help out with your college fees if you can pay me back next year.</i>	δανείζω

<u>Unit</u>	<u>Page</u>	<u>Headword</u>	<u>Part of speech</u>	<u>Pronunciation</u>	<u>Definition</u>	<u>Sample Sentence</u>	<u>Translation</u>
Unit 12	152	monkey	noun	/ˈmʌŋki/	a primate with thumbs, a long tail, and a human-like face	<i>Experiments carried out with monkeys show how similar they are to humans.</i>	μαΐμου
	152	mountain goat	noun	/ˈmaʊntn goʊt/	a four-legged animal with horns that lives on mountains	<i>As the hikers walked up the rocky slope, they caught sight of two mountain goats.</i>	κατσίκια
	152	mountains	noun	/ˈmaʊntnz/	tall formations of land and rock higher than hills	<i>Marian spent her vacation at a winter resort in the snow-covered mountains of Switzerland.</i>	βουνά
	148	overspend	verb	/ˈoʊvərspend/	to spend too much money	<i>The problem with credit cards is that they encourage people to overspend, which can get them into trouble with the bank.</i>	ξοδεύω υπερβολικά
	152	rain forest	noun	/ˈreɪnfɔːrɪst/	a forest with many different types plants and animals where there is a lot of rainfall	<i>If we don't stop destroying the world's rain forests, many more rare plants and animals will disappear.</i>	τροπικό δάσος
	148	save	verb	/seɪv/	not to spend or use too much money in order to keep some for the future	<i>I'm trying to save a little money every month so that I can buy a new bicycle.</i>	εξοικονομώ
	152	shark	noun	/ʃɑːrk/	a meat-eating fish that lives in oceans and large rivers	<i>The fisherman who fell off the side of his boat was fatally attacked by a shark.</i>	καρχαρίας